

## Wednesday, February 22, 2017

	6:30 a.m.	7:15 – 8:15 Sectional 1	8:30 a.m.	10:30 – 11:30 Sectional 2	1:00 – 2:00 Sectional 3	2:30 – 3:30 Sectional 4	4:00 – 5:00 Sectional 5
<b>Ballroom C</b>	<b>Registration Open</b> from 6:30 a.m. To 5:00 p.m. Level 4	Yoga in Schools <i>(Pre-K – 12)</i>	<b>Exhibits Open</b> from 7:30 a.m. to 5:00 p.m. Capitol Promenade, Grand Terrace and Ballroom A and B	ACP's: My Way, The Tech Fun Way <i>(Pre-K – 8)</i>	It's Elementary – The Use of Data... <i>(Pre-K – 5)</i>	National Trends in College... <i>(Pre-K – 12)</i>	Activity-based Counseling Activities <i>(Pre-K – 12)</i>
<b>Ballroom D</b>		ACP in EASD <i>(Pre-K – 12)</i>		Warning! Progress Ahead! <i>(Pre-K – PS)</i>	Experiences to Guide ACP... <i>(Gr. 6 – 12)</i>	School Counselors Leading the Nurtured Heart... <i>(Pre-K – 12)</i>	State of the State in School Counseling <i>(Pre-K – PS)</i>
<b>Hall of Ideas E</b>	<b>Free Yoga Class</b> from 6:45 a.m. To 7:15 a.m. In Ballroom C	Impact of Trauma and the Basic... <i>(Gr. 9 – 12)</i>		The Common Application <i>(Gr. 9 – 12)</i>	Introduction to Dialectical Behavior Therapy <i>(Gr. 6 – 12)</i>	Building Resilience: What a School Counselor... <i>(Gr. 6 – 12)</i>	Keeping it Together When Parents Part... <i>(Pre-K – 5)</i>
<b>Hall of Ideas F</b>		Navigating the WSCA Conference <i>(Pre-K – PS)</i>		Addressing Existential Depression <i>(Pre-K – 12)</i>	Responding to the Unique Needs of... <i>(Pre-K – 12)</i>	ACP: Gather & Prepare Labor Market Data <i>(Gr. 6 – 12)</i>	ACP: Utilize & Implement Labor Market Data <i>(Gr. 6 – 12)</i>
<b>Hall of Ideas G</b>		Time for Teamwork <i>(Pre-K – 12)</i>		Career Cruising for Counselors Navigating... <i>(Gr. 6 – 12)</i>	School Counselors as Leaders – Salon Discussion <i>(Pre-K – PS)</i>	Using ASCA Mindsets & Behaviors... <i>(Pre-K – 12)</i>	School Counselor Program Accountability: RAMP It Up <i>(Pre-K – 12)</i>
<b>Hall of Ideas H</b>			<b>General Session</b>  <b>Trish Hatch</b> <i>"School Counselors Answering the Call"</i> 8:30 a.m. Level 1 Hall B	Restorative Practices: Building Relationships... <i>(Pre-K – 12)</i>	The ACT's Impact on Wisconsin Schools... <i>(Gr. 9 - 12)</i>	I'm in Grad School to be a School Counselor... <i>(Graduate Students)</i>	Trauma – Sensitive Roundtable <i>(Pre-K – 12)</i>
<b>Hall of Ideas I</b>				Mindfulness Beyond Breathing & Yoga <i>(Pre-K – 5)</i>	School Counselors Paving the Road to... <i>(Gr. 9 – 12)</i>	Applying ACT WorkKeys to Empower Students <i>(Gr. 9 – 12)</i>	Managing Suicide & Self-Harm Risk <i>(Pre-K – 8)</i>
<b>Hall of Ideas J</b>				An Introduction to the Wisconsin School Counseling... <i>(Pre-K – 12)</i>	Super Triangle: Teaching Middle School Students about... <i>(Gr. 6 – 8)</i>	Honest, Open, Proud: Supporting Daily Disclosure... <i>(Gr. 6 – 12)</i>	Building Our Compassion Resilience <i>(Pre-K – PS)</i>
<b>Meeting Room K</b>				Breaking Down Barriers... <i>(Gr. 9 – 12)</i>	Trauma-Informed Care... <i>(Pre-K – PS)</i>	Lessons In Love: Talking to Teens About Toxic Relationships... <i>(Gr. 9 – 12)</i>	Collaboration: An Effective Tool... <i>(Pre-K – 8)</i>
<b>Meeting Room L</b>				Supporting Transgender Youth... <i>(Pre-K – 12)</i>	Building a Community of Upstanders... <i>(Pre-K – 5)</i>	The School Counselor & Principal Team... <i>(Pre-K – 5)</i>	Counseling First Generation & Low Income College... <i>(Gr. 9 – 12)</i>
<b>Meeting Room M</b>			Parent Engagement within an Equity Framework <i>(Pre-K – 8)</i>	Keeping Your Standards Fresh: What's New with the 2016 ASCA... <i>Intensive Sectional (Pre-K – PS)</i>	Keeping Your Standards Fresh: What's New with the 2016 ASCA... <i>Intensive Sectional – Continued (Pre-K – PS)</i>	Innovative Programs & Opportunities for... <i>(Gr. 9 – PS)</i>	
<b>Meeting Room N</b>			ACT in Wisconsin: Preparing... <i>(Gr. 9 – 12)</i>	Hot Topics in the UW System... <i>(Gr. 9 – 12)</i>	Improving Attendance, Achievement, & Attitude... <i>(Pre-K – 5)</i>	The Power of The Privilege Walk <i>(Pre-K – PS)</i>	

## Thursday, February 23, 2017

	7:30 a.m.	8:30 – 9:30 a.m. Sectional 6	9:45 – 10:45 a.m. Sectional 7	11:00 a.m.
<b>Ballroom C</b>	<b>Registration and Exhibits</b>  <b>Open</b> <b>7:30 a.m. – 11:00 a.m.</b>  Capitol  Promenade, Grand Terrace and Ballroom  A and B	We've Tried Everything – Why Isn't This Child...  <i>(Pre-K – 5)</i>	Zones of Regulation: A How-To for Everyday...  <i>(Pre-K – 5)</i>	<b>WSCA Brunch</b>  <b>Daniel Learner - Keynote Speaker</b>   <i>"Positive Excellence: Using Positive Psychology for Excellence and Success"</i>  Level 1 Hall B
<b>Ballroom D</b>		Child & Adolescent Anxiety: Identification...  <b>Intensive Sectional</b>  <i>(Gr. 6 – 12)</i>	Child & Adolescent Anxiety: Identification...  <b>Intensive Sectional Continued</b>  <i>(Gr. 6 – 12)</i>	
<b>Hall of Ideas E</b>		Implementation of ACP 9-12  <i>(Gr. 9 – 12)</i>	Building a School Counselor Presentation  <i>(Pre-K – 12)</i>	
<b>Hall of Ideas F</b>		Mindfulness & Calming Strategies...  <i>(Pre-K – 5)</i>	Using Online Classes as a Tool...  <i>(Pre-K – 12)</i>	
<b>Hall of Ideas G</b>		Eating Disorders in Schools...  <i>(Pre-K – PS)</i>	It's a Big World Out There: Getting Students to Think...  <i>(Gr. 9 – 12)</i>	
<b>Hall of Ideas H</b>		The School Counselor and The Student Athlete  <i>(Gr. 9 – 12)</i>	Gender Spectrum Resources  <i>(Pre-K – 12)</i>	
<b>Hall of Ideas I</b>		Demystifying the Board  <i>(Pre-K – PS)</i>	PBIS 2.0: Building Culturally Responsive...  <i>(Pre-K – 8)</i>	
<b>Hall of Ideas J</b>		WATCH D.O.G.S. (Dads Of Great Students)  <i>(Pre-K – 12)</i>	Post Secondary Planning Within ACP...  <i>(Gr. 9 – 12)</i>	
<b>Meeting Room K</b>		Olweus Bullying Prevention Program...  <i>(Pre-K – 12)</i>	Practical Tips for the Classroom  <i>(Pre-K – 5)</i>	
<b>Meeting Room L</b>		No More Dreams Deferred  <i>(Gr. 6 – 12)</i>	Land Your Dream Job!  <i>(Pre-K – 12)</i>	
<b>Meeting Room M</b>		Future Employment for Grad Students...  <i>(Graduate Students)</i>	2016 ASCA Ethical Standards...  <i>(Pre-K – 12)</i>	
<b>Meeting Room N</b>		Girls on the Run...  <i>(Pre-K – 8)</i>	Wisconsin Army ROTC  <i>(Gr. 9 – 12)</i>	



## SCHEDULE OF SECTIONAL MEETINGS

(As of January 22, 2017)

**Wednesday, February 22, 2017**

**NEW THIS YEAR!!! Free Yoga Class – 6:45-7:15 a.m. – Ballroom C**  
**\* Bring your yoga mat!**

**WSCA Graduate Course - 7:30 a.m. – Hall of Ideas J**

**SECTIONAL 1 – 7:15 – 8:15 a.m.**

**1. Yoga In Schools (Pre-K – 12)**

**Ballroom C**

Do you feel like your students' wellness and resilience is lacking? Have you seen an increase in stress, anxiety, and depression in your students? Do you feel like the tools you're using to help them are falling short? This may be the sectional for you. Come learn about an individual that experienced the same things in her school counseling practice, and how she was drawn to yoga as a way to help. We will be using movement, discussion, and play in this sectional so come ready to actively participate. (Ability Level: Basic)

Presenter: Rachel Pufall, School Counselor & Certified Yoga Calm Youth Instructor – Washburn School District, Washburn, WI

**2. ACP in EASD (Pre-K – 12)**

**Ballroom D**

Are you wondering where to start your Academic and Career Planning journey? Chances are you're already most of the way there! Elkhorn Area School District was an ACP Process Pilot District during the 2015-16 school year. During this time, we learned that we were much further along than we originally thought. We can help you identify and communicate what Academic and Career Planning looks like in your district! (Ability Level: Basic)

Presenter: Amanda Wallace, School Counselor – Elkhorn Area School District, Elkhorn, WI; Brian Schopf, School Counselor – Elkhorn Area School District, Elkhorn, WI; Cathy Picknell, School Counselor – Elkhorn Area School District, Elkhorn, WI

**3. The Impact of Trauma and the Basic Elements of Trauma-Responsive Treatment (Pre-K – 12)**

**Hall of Ideas E**

This presentation will examine attachment and trauma. It will explore the neurobiological response to trauma and the relevance of this response to present affect, cognitions and behavior. Following this important foundation, the elements of trauma-responsive counseling will be discussed. (Ability Level: Basic)

Presenter: David Van Doren, Professor Emeritus, Counselor Education Program – University of Wisconsin – Whitewater, Whitewater, WI

**4. Navigating the WSCA Conference (Pre-K – 12)**

**Hall of Ideas F**

Join us to learn how to navigate the WSCA conference, and utilize our new conference app so you can maximize your conference experience. (Ability Level: Basic)

Presenters: Katrina Eisfeldt, WSCA Technology Coordinator / School Counselor – Spencer School District, Spencer, WI

**5. Take Time for Teamwork (Pre-K – 12)**

**Hall of Ideas G**

As counselors, we know that one of the best ways to foster personal growth and understanding is through forming and facilitating group work. In this workshop, Carl Olson will outline the stages of group development and present activities and strategies to achieve success in this important counseling responsibility. The workshop will be hands-on, fast-paced and user-friendly. All participants will leave with group/teamwork tools for their counselor “Toolbox”. Carl Olson is a retired school counselor with over forty years of experience. He is a nationally known presenter, trainer and author with expertise on this topic. To date, he has presented to nearly one and one-half million people at sites nationally and internationally. Get set to leave this experience with ideas, materials, and information that will enhance your counseling program. (Ability Level: Basic)

Presenter: Carl Olson, Retired School Counselor & Owner – Energizer Olson Presentations, Sun Prairie, WI

**Opening Session 8:30 a.m.**

**Keynote Speaker – Trish Hatch – “School Counselors Answering The Call”  
Level 1 – Hall B**

**SECTIONAL 2 - 10:30 - 11:30 a.m.**

**6. ACP's: My Way, the Tech Fun Way (Student Perspective)  
(Pre-K – 8)**

**Ballroom C**

A group of Fifth, Sixth, and Seventh graders from Golda Meir and Greenfield Elementary (MPS) Schools will be presenting their academic and career plans. The audience will get an exhibition on what an ACP final stage looks like and most importantly will hear from the students themselves. The presentations are expressed through technology, interactive games, or videos. Students will offer resources and brief tutorial on how they completed their projects as well as useful resources for counselors. After the presentations, some parents will talk about their perspective of ACP's and its benefits. A panel of students will be available towards the end to answer questions. (Ability Level: Intermediate)

Presenter: Mounir Corban, School Counselor – Milwaukee Public Schools, Milwaukee, WI

**7. Warning! Progress Ahead!! (Pre-K – Post Secondary)**

**Ballroom D**

With Wisconsin's transition from the Wisconsin Comprehensive School Counseling Model to the ASCA National Model (3rd ed.) as the primary service delivery model, counselors need to know about their differences and similarities. This presentation provides a comparison and contrasting of the two models, describes the model's intersection with the new School Counselor Evaluation system, and gives resources for counselors to align current curriculum and WCSCM student standards with the ASCA Mindsets & Behaviors. (Ability Level: Basic)

Presenters: Gregg Curtis, School Counseling Consultant – Department of Public Instruction, Madison, WI; Stacy Eslick, Executive Director – Wisconsin School Counselor Association (WSCA), Madison, WI

**8. The Common Application (Gr. 9 – 12)**

**Hall of Ideas E**

Join staff from The Common Application for an update on the application system and a discussion of access initiatives that range from virtual advising to FAFSA completion to counselor professional development. A seasoned influencer and partner in the college application transaction--that point in time where students complete and submit an application--The Common Application now has a user base of over 1 million students, a third of which are first-generation, and recommenders. The association is building on its four decade legacy by collaborating with educators, researchers, foundations, and like-minded organizations to expand educational opportunities for all students. (Ability Level: Advanced)

Presenters: Scott Anderson, Senior Director of Education and Partnerships – The Common Application, Arlington, VA

**9. Addressing Existential Depression in Kids and Adolescents (Pre-K – 12)**

**Hall of Ideas F**

In some ways, treating depression has become fairly straightforward. But what do we do when the contributing factors of a child's depression are disillusionment, questions of life and death, despair over the meaninglessness of our world? This session will explore existential depression by considering populations particularly prone to this type of depression, strategies to differentiate this type of depression from others, and interventions to effectively treat it. (Ability Level: Intermediate)

Presenter: Heather Boorman, LCSW, Therapist – Boorman Counseling, LLC, Baldwin, WI

**10. Career Cruising for Counselors - Navigating Advanced Features (Gr. 6 – 12)**

**Hall of Ideas G**

If you have been using Career Cruising, bring your laptop and your access information to the Career Advisor Management System (CAMS) for your school and learn how to use more of the functions on both the administrative and student sides of the system. We'll explore deeper into the tools for managing student ACP/portfolio accounts and information, managing and tracking the college and scholarship application process, student surveys, the parental portal functionality, adding additional assignments for students to complete, managing the portfolio completion standards and data reports, and, we'll have ample time for questions and discussion throughout the session. We'll also discuss the functionality of and plans for expanding across the state the *Inspire* business and education connection platform for integrating employer information, career coaches and work-based learning experiences into the Career Cruising/ACP process. (Ability Level: Advanced)

Presenter: Steve Yaun, Career Cruising Senior Educational Sales Consultant – Career Cruising, Madison, WI; Angelina Early, Client Success Manager – Career Cruising, Toronto, Ontario, Canada

**11. Restorative Practices: Building Relationships One Circle at a Time (Pre-K – 12)**

**Hall of Ideas H**

How do we hold students accountable for their actions while building relationships of unconditional positive regard? Are your teachers coming to you asking for support with students exhibiting challenging behaviors? During this session on Restorative Practices learn not only how to get comfortable with teaching students to accept responsibility but also learn how to empower your teachers and administrators to create respect and belonging in the classroom and help students find meaningful solutions for the problems they create. (Ability Level: Intermediate)

Presenter: Mindy Willard, School Counselor – Franklin High School, Franklin School District, Franklin, WI; Katharine Reid, School Counselor – Franklin High School, Franklin School District, Franklin, WI; Diane Gilroy, School Counselor – Franklin High School, Franklin School District, Franklin, WI; Keith Decker, School Counselor – Franklin High School, Franklin School District, Franklin, WI

**12. Mindfulness - Beyond Breathing and Yoga: A Practical Guide to Mindfulness in Elementary Schools (Pre-K – 5) Hall of Ideas I**

This sectional will provide a foundation of knowledge and practical tools to implement a mindfulness program in your elementary school. Mindfulness has the capacity to positively influence a school's climate and student behavior. From preparation to implementation, you will leave with a foundation to begin your journey to a mindful classroom and school. (Ability Level: Basic)

Presenter: Emily Rose, School Counselor – School District of River Falls, River Falls, WI; Helena Stevens, Assistant Professor – Counseling Program, University of Wisconsin – River Falls, River Falls, WI; Amy Kraemer, School Counselor – School District of River Falls, River Falls, WI

**13. An Introduction to the Wisconsin School Counseling Program Accountability Report (WSCPAP) (Pre-K – 12) Hall of Ideas J**

Learn how developing a WSCPAP can help you promote your school counseling program and show how students are different because of the school counseling program at your school or schools. This is an introductory session designed for school counselors who have not previously attended a WSCPAP sectional or workshop. (Ability Level – Basic)

Presenter: Todd Hadler, WSCA WSCPAP Coordinator & School Counselor – Monroe Elementary School, Manitowoc Public School District, Manitowoc, WI; Shannon Schindel, School Counselor – Foster Elementary & James Madison Middle School, Appleton, WI; Kyle Balda, School Counselor – James Madison Middle School, Appleton, WI

**14. Breaking Down Barriers - Promoting Understanding and Acceptance in Your School (Gr. 9 – 12) Meeting Room K**

Participants will experience our three day program that covers school violence, bullying and very personal discussions that help 9th grade students break down the barriers that exist within their class. We will both show the experience with the attendees, and talk through each segment of our program, so the program could be taken back to any school and be implemented. (Ability Level: Advanced)

Presenter: Jill Werner, School Counselor – Waukesha North High School, School District of Waukesha, Waukesha, WI; Heidi Stigler, School Counselor – Waukesha North High School, School District of Waukesha, Waukesha, WI; Whitney Foltz, School Counselor – Waukesha North High School, School District of Waukesha, Waukesha, WI

**15. Supporting Transgender Youth: A Parent's Perspective (Pre-K – 12) Meeting Room L**

The mother of the transgender girl who transitioned in Mount Horeb in 2015 and sparked national media attention when the Liberty Counsel threatened to sue the school if the book "I Am Jazz" was read to students, gives her perspective of how schools can best support transgender youth and their families. (Ability Level: Basic)

Presenters: Sarah Baumgartner, Parent, Mount Horeb, WI

**16. Parent Engagement within an Equity Framework  
(Pre-K – 8)**

**Meeting Room M**

This session will cover one suburban elementary school's efforts and practices to re-tool parent and school engagement within the districts equity framework. We will walk through the steps taken towards relationship building specific to the emergent bilingual population and school personnel. Attendees can expect to learn steps taken to implement. The successes and failures will be chronicled from the beginning to current day (10 years later) and look to future goals as well. There will be discussion and open conversation, but primarily the mode of delivery will be simply sharing what has been created through the years. Ultimately, it is with the hope that it might have value to another school or parent or that new ideas will be generated to continue to improve the connections. (Ability Level: Intermediate)

Presenters: Jennifer Schultz, School Counselor – Verona Area School District (Glacier Edge), Verona, WI; Elisa Martinez, Pre-K Teacher (Bilingual) – Verona Area School District, Verona, WI; Laurie Burgos, Director of Bilingual Programs & Instructional Equity – Verona Area School District, Verona, WI

**17. ACT in Wisconsin: Preparing Your Students for Success  
(Gr. 9 – 12)**

**Meeting Room N**

Wisconsin DPI and ACT have entered into an agreement to provide the ACT to Wisconsin students for another three years! Learn about the enhanced ACT score reports and how to interpret them, test prep resources, staff training resources, ACT updates and the new PreACT. An overview of key findings of the 2016 Condition of College and Career Readiness which includes - for the first time - state testing data will be shared. Peggy welcomes questions. (Ability Level: Intermediate)

Presenters: Peggy Roush, Account Executive and Wisconsin State Lead – ACT, Inc., Iowa City, IA

**SECTIONAL 3 - 1:00 - 2:00 p.m.**

**18. It's Elementary—The Use of Data Is for Elementary Counseling Too!  
(Pre-K – 5)**

**Ballroom C**

Come and learn how you can utilize data aligned with MTSS to improve efficiency and effectiveness of elementary school counseling programs, resulting in improved attendance, behavior, and academic achievement of students. Dr. Hatch will share experiences from various federal elementary grants where school counselors leveraged the outcomes for students to sustain their programs once funding ended. (Ability Level: Intermediate)

Presenters: Trish Hatch, WSCA Keynote Speaker - Hatching Results, LLC, San Diego, CA

**19. Experiences to Guide ACP (Gr. 6 – 12)**

**Ballroom D**

Academic and Career Planning in the School District of New Berlin is a student-driven, adult-supported process, which is supported by all stakeholders. Learn how we provide weekly advisory lessons using Career Cruising, our Partnership Breakfast with community professionals to continue growth for Career Service Learning Opportunities, Planning Conferences (8th & 11th), Career Day, and Course Carousel (allowing students to learn about courses from teachers), and our ACP Guide to connect Programs of Study to course offerings. (Ability Level: Basic)

Presenters: Mandy Kluck, School Counselor – New Berlin School District, New Berlin, WI; Greg DePue, Associate Principal – New Berlin School District, New Berlin, WI; Tammi Fure, School Counselor – New Berlin School District, New Berlin, WI; Matt Hunt, School Counselor – New Berlin School District, New Berlin, WI

**20. Introduction to Dialectical Behavior Therapy: Applying DBT Skills and Philosophy in the School Setting (Gr. 6 – 12) Hall of Ideas E**

The presentation will provide an overview of the philosophy of dialectical behavior therapy, a treatment designed by Marsha Linehan, PhD and colleagues, to help individuals struggling with intense emotions to manage their behavior and relationships more effectively. The dialectic concept of balancing change and acceptance will be presented, as well as the biosocial model of behavior and emotions. Understanding these aspects of DBT theory will help increase understanding of where intense emotions can come from in students, and how the environment in the classroom can help mitigate the impact of these emotions on negative behavior patterns. DBT skills will also be introduced from the four key modules of DBT, including: core mindfulness, emotion regulation, distress tolerance and interpersonal effectiveness. Ideas will be provided on how to teach some of these emotional and behavioral strategies to students in the classroom or within the school counselor office setting. (Ability Level: Basic)

Presenters: Carissa Buchanan, Mental Health Counselor – Rogers Memorial Hospital, Kenosha, WI; Lisa Herpolsheimer, LCSW, DBTC, Clinical Services Manager – The Nashotah Program, Rogers Memorial Hospital, Oconomowoc, WI

**21. Responding to the Unique Needs of Gifted and Talented Children (Pre-K – 12) Hall of Ideas F**

Giftedness stretches far beyond academic performance. These children and youth tend to have specific and intense psychosocial needs and traits that make them vulnerable to misdiagnosis, missed diagnosis, behavioral or mental health issues, relational conflicts, and academic underperformance. This sectional will provide information about gifted traits, including why it is important to address their particular needs and how to respond effectively. (Ability Level: Basic)

Presenter: Heather Boorman, LCSW, Therapist – Boorman Counseling, LLC, Baldwin, WI

**22. School Counselors as Leaders Salon Discussion (Pre-K – Post Secondary) Hall of Ideas G**

As a result of changing demographics and demands on school districts, school counselors are being put in school, district, and community leadership positions at an increasing rate. The WSCA Board is engaged in a year-long focus on school counselors in leadership roles. In this sectional you will be asked to join WSCA Board members for discussion of various questions related to this focus topic. Your participation will help to inform the Board of Directors of the current conditions for and needs of school counselors across the state. (Ability Level: Intermediate)



Presenter: Olin Morrison, Board of Directors Chairperson – Wisconsin School Counselor Association, River Falls, WI

**23. The ACT's Impact on Wisconsin Schools: Your Perspectives** **Hall of Ideas H**  
**(Gr. 9 – 12)**

Since the state of Wisconsin adopted the ACT as a statewide standardized exam administered to all high school juniors, there has been a renewed focus on college readiness and curriculum standards. We reached out to several Wisconsin educators and counselors, and collected their thoughts and opinions on how requiring the ACT has shifted priorities and affected other aspects of 9-12 education in Wisconsin. We'll present their feedback here. In addition, we'll also examine the role that preparing for the ACT should play in student life, and the role Wisconsin schools should play in providing sensible resources for their students. (Ability Level: Basic)

Presenter: Evan Wessler, Vice President, Education – Method Test Prep, Plainview, NY; Bryan Ziegler, Senior Vice President, Operation – Method Test Prep, Plainview, NY

**24. School Counselors Paving the Road to College and Career Success** **Hall of Ideas I**  
**(Gr. 9 – 12)**

This session will be lead by four high school counselors from Rufus King International High School (Milwaukee, WI). This session will focus on how school counselors educate, support and supply all students with the necessary tools to successfully create and obtain their college and career goals. Time will be provided for discussion and dialogue to collaborate with other (Ability Level: Basic)

Presenter: Mia Tatum-Crider, School Counselor – Rufus King International High School, Milwaukee Public Schools, Milwaukee, WI; Brenda Mikell, School Counselor & Rufus King Director of Counseling – Milwaukee Public Schools, Milwaukee, WI; Jill Boeck, School Counselor – Rufus King International High School, Milwaukee Public Schools, Milwaukee, WI; Brian Schneider, School Counselor – Rufus King International High School, Milwaukee Public Schools, Milwaukee, WI

**25. "Super Triangle!" Teaching Middle School Students about Mental Health (Gr. 6 – 8)** **Hall of Ideas J**

"Super Triangle!" is a foundational middle school classroom lesson about how our thoughts, feelings and actions relate to our mental health. Once taught at the grade levels, it can be utilized for healthy self-talk, emotional regulation, and behavior change in individual and group counseling sessions. It is the basis for virtually all of the counseling work I do with students! (Ability Level: Basic)

Presenters: Susan Running, School Counselor – Edgerton Middle School, Edgerton, WI

**26. Trauma-Informed Care: Empowering. Engaging. Effective.** **Meeting Room K**  
**(Pre-K – Post Secondary)**

This presentation will focus on how trauma may affect an individual's life and their response to school, counseling and behavioral health services. TIC is a principal-based culture change process. The information gained is designed for creating systems of care that are trauma informed. We will look at the types of trauma, the effect of Adverse Childhood Experiences (ACE) and how we, as school counselors, can create a culture of TIC in our schools to help build student success. (Ability Level: Basic)

Presenter: Gary Campbell, School Counselor – Meyer Middle School, River Falls, WI; Lori Zierl,

**27. Building a Community of Upstanders: Proactive Bully Prevention Strategies (Pre-K – 5) Meeting Room L**

Join us ready to walk away armed with strategies for engaging classroom lessons and building-wide initiatives to create a community of Upstanders. Learn how we utilize district-wide minute meeting data to assess student and building needs. Hear how we have implemented a proactive bully prevention program and leave with tools you can use to help students solve their own problems! (Ability Level: Basic)

Presenters: Anne Moore, School Counselor – St. Louis Park Public Schools, St. Louis Park, MN;  
Rachel Nelson, School Counselor – Aquila & Peter Hobart Elementary Schools/St. Louis Park School District, St. Louis Park, MN

**28. Keeping Your Standards Fresh: What's New with the 2016 ASCA Ethical Standards for School Counselors (Pre-K – Post Secondary) Meeting Room M**

**INTENSIVE SECTIONAL – 1:00 – 3:00 P.M.**

This presentation will provide a brief overview of the major 2016 updates to the ASCA Ethical Standards. Attendees will then engage in application of the updated areas through case study, discussion, and other experiential activities. Attendees will also have the chance to work through their own questions in a collaborative consultation with the presenters and other sectional participants. (Ability Level: Basic)

Presenter: Caroline Baker, Associate Professor – University of Wisconsin – River Falls, River Falls, WI; Nicole Johnson, Graduate Student – University of Wisconsin – River Falls, Hastings, MN; Jennifer Poole-Stout, Graduate Student – University of Wisconsin – River Falls, St. Louis Park, MN; Antonia Cadwell, Graduate Student – University of Wisconsin – River Falls, Stillwater, MN

**29. Hot Topics in UW System Admission Offices (Gr. 9 – 12) Meeting Room N**

This session will be a valuable opportunity to learn more about the UW System campuses and promote your students' success. Representatives from UW campuses will discuss updates from their campuses including new programs and opportunities for students. Time will be allowed for questions and answers. (Ability Level: Intermediate)

Presenter: Mary Vilmo, Director – UW HELP (University of WI Higher Education Location Program), Madison, WI

**SECTIONAL 4 - 2:30 – 3:30 p.m.**

**30. National Trends in College Access and Completion for School Counselors (Pre-K – 12) Ballroom C**

This session will cover the federal trends and policy movement happening in Washington, DC around the President's College Opportunity Agenda. Dr. Hatch will also share her work in policy and promoting improved school counselor education training and fieldwork activities tied to College and Career Readiness. This session will include time for Q&A on national political events and the US Department of Education's support of school counseling. (Ability Level: Basic)

Presenters: Trish Hatch, WSCA Keynote Speaker - Hatching Results, LLC, San Diego, CA

**31. School Counselors Leading the Nurtured Heart Approach (Pre-K – 12) Ballroom D**

School counselors are answering the call as behavior change leaders in their districts by introducing the Nurtured Heart Approach® to staff who are struggling with learner behaviors. In this presentation, you'll learn NHA fundamentals and be inspired by school counselor success stories. You'll leave confident in your understanding of NHA, able to use some of the techniques, and with a plan to inspire your district! Learn more about the Nurtured Heart Approach at [ChildrensSuccessFoundation.com](http://ChildrensSuccessFoundation.com). (Ability Level: Basic)

Presenter: Tammy Holtan Arnol, District-Wide School Counselor-Behavior Coach – Verona Area School District, Verona, WI

**32. Building Resilience: What A School Counselor Can Do With the Most Challenging Kids in School (Gr. 6 – 12) Hall of Ideas E**

Every school and classroom has behaviorally challenging students. What makes these students challenging? Often these students are seen as being unmotivated, attention seeking, indifferent, careless, or rebellious. This presentation is designed to change that dominate view and replace it with another one that explains the nature of their behavior. It is based upon the Adverse Childhood Experiences Study and strategies counselors can use to build resilience in those students who experience failure in schools. (Ability Level: Intermediate)

Presenter: Kevin Mahoney, Support Services Facilitator & School Counselor – McKinley Charter School, Eau Claire, WI

**33. ACP: Gather & Prepare Labor Market Data (Gr. 6 – 12) Hall of Ideas F**

Learn how you can gather labor market data to inform your Academic and Career Planning program. What are the educational needs of the labor market in your region? What are the post secondary graduation rates of the colleges your students are most likely to attend? What is the cost of attendance? The average graduate salary? Learn how to find the answers to these questions and more, and how to format the information to present to stakeholders. (Ability Level: Intermediate)

Presenter: Paula Hagle, School Counselor – School District of Elmwood, Elmwood, WI

**34. Using ASCA Mindsets and Behaviors to Develop Goals, Action plans, and Pre/Post Surveys (Pre-K – 12) Hall of Ideas G**

The "ASCA Mindsets & Behaviors" describe the knowledge; skills and attitudes students need to achieve academic success, college and career readiness and social/emotional development. The standards address students at all grade levels and the competencies that bridge the Mindsets & Behaviors standards with academic core curriculum at specific grade levels. Attend this session to learn more about the standards that drive the development of goals, pre/post surveys, and action plans. (Ability Level: Basic)

Presenter: Mark Kuranz, Adjunct Professor & ASCA Model/RAMP Trainer – Marquette University & American School Counselor Association (ASCA), Racine, WI

**35. I'm in Grad School to be a School Counselor, Now What... (Graduate Students) Hall of Ideas H**

Congratulations, you have made it into Graduate School and now you're learning to become a School Counselor! This sectional will focus on helping graduate students prepare for life after graduate school. We will provide tips, tricks, and guidance to best prepare yourself during grad school for your first year as a School Counselor! This sectional will focus on essential information related to the transition from student to professional! (Ability Level: Basic)

Presenter: Amy Sylvester-Knudtson, WSCA Graduate Student Coordinator & Graduate Student – University of Wisconsin – Whitewater, Whitewater, WI; Holly Kortemeier, WSCA Graduate Student Coordinator & Graduate Student – University of Wisconsin – Whitewater, Whitewater, WI

**36. Applying ACT WorkKeys to Empower Students** **Hall of Ideas I**  
**(Gr. 9 – 12)**

What do high school juniors think about WorkKeys testing and their career/college readiness? How can counselors use this as part of Academic and Career planning? This session will include research findings from a WorkKeys study conducted with students in two Wisconsin school districts after they received their WorkKeys results. Implications for school counselors and strategies for incorporating WorkKeys results into students' career planning will also be discussed. (Ability Level: Intermediate)

Presenters: Carol Johnson, Associate Professor – University of Wisconsin – Stout, Menomonie, WI; Deanna Schultz, Associate Professor – University of Wisconsin – Stout, Menomonie, WI

**37. Honest, Open, Proud: Supporting Daily Disclosure Decisions for Youth** **Hall of Ideas J**  
**(Gr. 6 – 12)**

Honest, Open Proud is a 5-7 session program for 8th-12th grade youth who have faced mental health challenges and the daily decisions about what to say and to whom. It is based on the international, evidence-based adult program of the same name. Youth explore the story they have been telling themselves, skills to change hurtful self-talk, the pros and cons of talking to others in various settings, and practice telling their story from a strengths-based perspective. (Ability Level: Basic)

Presenters: Sue McKenzie, Director – Rogers InHealth, Brown Deer, WI

**38. Lessons in Love: Talking to Teens About Toxic Relationships** **Meeting Room K**  
**(Gr. 9 – 12)**

Young love is not a joke. Although adults giggle at the concept of “puppy love,” over 1.5 million US high school students experience toxic romantic relationships every single year. Of those students, only 33% speak up about their experiences. Through her own story of love gone wrong, Amanda Springob examines the long-lasting, damaging effects of teen dating abuse, manipulation, stigmas against infatuation, and what counselors can do to end this epidemic. (Ability Level: Basic)

Presenter: Amanda Springob, Motivational Youth Speaker, Spencer, WI; Katrina Eisfeldt, WSCA Technology Coordinator / School Counselor – Spencer School District, Spencer, WI

**39. The School Counselor and Principal Team - Strengthen Your Role** **Meeting Room L**  
**(Pre-K – 5)**

School counselors generally know what they would like their programs to look like, but often don't feel they have a roadmap for getting it there. This school counselor/principal team has made this work over the past seven years, and PBIS programming has been instrumental in why the school counseling program is so strong. EP Rock is consistently the largest elementary school in Hudson, with the most

ethnic and socio-economic diversity. Join us to see how data, PBIS structure and a strong relationship with your principal can make this work in your school! (Ability Level: Basic)

Presenter: Kelly Curtis, School Counselor – EP Rock Elementary – Hudson School District, Hudson, WI; Amy Hamborg, Principal – EP Rock Elementary – Hudson School District, Hudson, WI

**40. Keeping Your Standards Fresh: What's New with the 2016 ASCA Ethical Standards for School Counselors (Pre-K – Post Secondary) Meeting Room M**

**INTENSIVE SECTIONAL – 1:00 – 3:00 P.M.**

\*\*Continuation of Intensive Sectional #28 which began at 1:00 P.M. \*\*

This presentation will provide a brief overview of the major 2016 updates to the ASCA Ethical Standards. Attendees will then engage in application of the updated areas through case study, discussion, and other experiential activities. Attendees will also have the chance to work through their own questions in a collaborative consultation with the presenters and other sectional participants. (Ability Level: Basic)

Presenter: Caroline Baker, Associate Professor – University of Wisconsin – River Falls, River Falls, WI; Nicole Johnson, Graduate Student – University of Wisconsin – River Falls, Hastings, MN; Jennifer Poole-Stout, Graduate Student – University of Wisconsin – River Falls, St. Louis Park, MN; Antonia Cadwell, Graduate Student – University of Wisconsin – River Falls, Stillwater, MN

**41. Improving Attendance, Achievement, and Attitude: Elementary School Counselor-Led Academic Advisement Interventions (Pre-K – 5) Meeting Room N**

This program will provide information from a study of counselor-led academic advisement at the elementary school level. Information will be shared that demonstrates how such a program not only improves academic achievement, but can also have a positive influence on students' attitudes and perceptions of school, as well as strengthen the relationship between struggling students and their school counselor. (Ability Level: Basic)

Presenter: Barry Kamrath, Assistant Professor of Education – The University of Tennessee at Chattanooga, Chattanooga, TN

**SECTIONAL 5 - 4:00 - 5:00 p.m.**

**42. Activity-Based Counseling Activities (Pre-K – 12) Ballroom C**

This fun workshop would be designed so that participants are taken through an Activity-Based Counseling experience. They will leave with an understanding of how to select and sequence activities that are appropriate for their group's stage and goals. Activities are a powerful way to get students connected with your lessons/topics as well as each other. The best part is that the engaging activities are easy to use and can be facilitated in almost any setting, including classrooms. (Ability Level: Basic)

Presenters: Shawn Becker, School Counselor – Badger Middle School, West Bend, WI

**43. State of the State in School Counseling (Pre-K – Post Secondary) Ballroom D**

Join the WSCA Executive Director, WSCA Board of Directors Chairperson, and the Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling.

Learn more about the implementation of the ASCA model in Wisconsin, Reach Higher Wisconsin, and School Counselors as Leaders, DPI Suicide Prevention programs, ACP and educator effectiveness. We will also cover any new initiatives at ASCA or nationally, such as ASCA ethical updates and national Social Emotional Learning standards and other education issues as they may pertain to school counselors. Come and see what Stacy, Olin and Gregg have to share. (Ability Level: Basic)

Presenters: Stacy Eslick, Executive Director – Wisconsin School Counselor Association (WSCA), Madison, WI; Gregg Curtis, School Counseling Consultant – Department of Public Instruction, Madison, WI; Olin Morrison, Board of Directors Chairperson – Wisconsin School Counselor Association, River Falls, WI

**44. Keeping it Together When Parents Part: The Positive Impact of Family Change Groups on Academic Achievement among Elementary Children (Pre-K – 5) Hall of Ideas E**

This session presents findings from a recent study of elementary children in families with divorced parents. The impact of counselor support on academic achievement is highlighted, and suggestions for specific interventions will be presented and discussed. Ideas and insights will be shared for how to promote positive results for children who can suffer academically while coping with the anxiety, fear, sadness, and other emotions that surface during and after a significant change in household structure. (Ability Level: Intermediate)

Presenter: Barry Kamrath, Assistant Professor of Education – The University of Tennessee at Chattanooga, Chattanooga, TN

**45. ACP: Utilize & Implement Labor Market Data(Gr. 6 – 12) Hall of Ideas F**

Learn how one high school utilized labor market data to engage teachers/advisors and students in the ACP process. Labor market and post secondary data was shared and taught during high school course registration encouraging informed course selection, which resulted in almost no schedule changes in the fall. This information could be easily adapted to middle school also. (Note: this is a continuation of Sectional #33, ACP: Gather & Prepare Labor Market Data). (Ability Level: Intermediate)

Presenters: Paula Haugle, School Counselor – School District of Elmwood, Elmwood, WI

**46. School Counselor Program Accountability: RAMP It Up (Pre-K – 12) Hall of Ideas G**

This session will review the Recognized ASCA Model Program (RAMP) designation from the American School Counselor Association. Presenters will assist participants in planning their next...or first... steps toward the RAMP process. Special emphasis will be on writing S.M.A.R.T. goals that drive the RAMP process and align with the Student Learning Objectives portion of your Educator Effectiveness Plan. (Ability Level: Basic)

Presenter: Mark Kuranz, Adjunct Professor & ASCA Model/RAMP Trainer – Marquette University & American School Counselor Association (ASCA), Racine, WI; Mindy Willard, School Counselor – Franklin High School, Franklin School District, Franklin, WI

**47. Trauma – Sensitive Roundtable (Pre-K – 12) Hall of Ideas H**

As a professional school counselor, I have seen a huge increase in the number and level of trauma my students have experienced. I am sure that other counselors have seen similar increases. At this

roundtable, I hope to gather information on what other counselors are doing to support students with trauma histories in their district. In addition, I am pursuing my PhD in Counselor Education and Supervision. My dissertation topic will revolve around how school counselors can create trauma-sensitive settings for students. I am in the beginning stages of finalizing my topic and I would like get an idea of what, if anything, school counselors are already doing so that I can narrow my focus to what school counselors will need. (Ability Level: Basic)

Presenter: Sharon Hansen, School Counselor – Berlin Area School District, Berlin, WI

**48. Managing Suicide and Self-Harm Risk in Late Elementary and Middle School Aged Youth (Pre-K – 8) Hall of Ideas I**

This presentation will discuss increased self-harming and suicidal behaviors in late elementary and middle school youth. The focus will be on identifying youth at risk for unsafe behaviors and offering guidelines for management and treatment. Developmental, peer and familial influences will be discussed along with risk and protective factors. Evidence-based interventions and practical suggestions for management within a school setting will be discussed. The impact of suicide on a school community will be addressed. (Ability Level: Intermediate)

Presenter: Katie Brindowski, Clinical Social Worker – Rogers Memorial Hospital, Milwaukee, WI; Darcie Rowe, Clinical Therapist – Rogers Memorial Hospital, Milwaukee, WI

**49. Building Our Compassion Resilience (Pre-K – Post Secondary) Hall of Ideas J**

This workshop offers you an opportunity to assess your own “compassion fatigue” and learn a framework to grow your “compassion resilience.” Resources will be shared to help you lead such transformation for staff within your districts. Compassion Resilience: The power to return to a position of empathy, strength, and hope, after the daily witnessing of the challenges people face in our communities. (Ability Level: Basic)

Presenters: Sue McKenzie, Director – Rogers InHealth, Brown Deer, WI

**50. Collaboration: An Effective Tool for School Counselors (Pre-K – 8) Meeting Room K**

Collaboration is a powerfully effective tool for school counselors. Finding the simple steps to thoughtfully and successfully include collaboration with students, parents, professionals and peers is the focus of this presentation. Included will be the 8 things to know for successful collaboration and purposeful real life examples of how collaboration has worked for elementary and middle school counselors. (Ability Level: Intermediate)

Presenter: Mark Gillen, Professor – University of Wisconsin – River Falls, River Falls, WI; Olin Morrison, Board of Directors Chairperson – Wisconsin School Counselor Association, River Falls, WI; Gary Campbell, School Counselor – Meyer Middle School, River Falls, WI; Emily Rose, School Counselor – School District of River Falls, River Falls, WI

**51. Counseling First Generation and Low Income College Bound Students (Gr. 9 – 12) Meeting Room L**

After spending the last seven years of my high school counseling career working as the AVID Counselor and 12th grade elective teacher at Madison East High School, I gained vast experiences working with first generation and low income students from many different backgrounds. These

experiences taught me numerous valuable skills as well as gaining helpful insights into their world to assist them in their journey of not only becoming college eligible but more importantly college ready. (Ability Level: Basic)

Presenters: Kim Gary, Retired School Counselor & Avid Teacher, Cross Plains, WI

**52. Innovative Programs and Opportunities for College Success Meeting Room M  
(Gr. 9 – Post Secondary)**

Getting your students into college is only the first part of the goal – graduation is the ultimate goal, and is often the more challenging one. Learn about what colleges can do to keep students enrolled, engaged, and on the timely path to graduation. Studies continually confirm the importance of student connections to and engagement in their learning experiences as strong indicators for college completion. In this session, you'll learn about innovative programs, internships, and experiences inside and outside of the classroom at Wisconsin's private, nonprofit colleges and universities. Learn more about the colleges that can provide the best opportunities for your students. (Ability Level: Intermediate)

Presenter: Carole Trone, Senior Vice President for Educational Services – WI Assoc of Independent Colleges & Universities (WAICU), Madison, WI

**53. The Power of the Privilege Walk (Pre-K – Post Secondary) Meeting Room N**

Increase your cultural competence, ability to work sensitively with all groups and take away a powerful professional development activity to use with your own staff. Talk a walk, or rather a journey, to understand the intricacies of privilege and to explore the ways that we enjoy privileges based on being members of social identity groups in the United States. By illuminating our various privileges as individuals, we can recognize ways that we can use our privileges individually and collectively to work for social justice. This activity is a powerful opportunity to reflect on our own cultural sensitivity and take away an activity to help others do the same. (Ability Level: Intermediate)

Presenter: Andrea Donegan, School Counselor – Burlington Area School District, Burlington, WI; Beula Sundararajan, School Counselor – Lakeshore Middle School, Mequon-Thiensville School District, Mequon, WI; Nick Brooks, School Counseling Intern – Dyer Intermediate School, Burlington Area School District, Burlington, WI

**Thursday, February 23, 2017**

**SECTIONAL 5 – 8:30 – 9:30 a.m.**

**54. We've Tried Everything - Why Isn't This Child Changing? (Pre-K – 5) Ballroom C**

The participants will improve their understanding about challenging behaviors and how to intervene with positive results. We will discuss how to teach children the development of awareness and self-responsibility and begin the process of changing identified behaviors using Cognitive Behavioral Therapy and/or Dialectical Behavioral Therapy. (Ability Level: Intermediate)

Presenter: Karin Beal, Coordinator of Behavior Management Services – Rogers Memorial Hospital, Oconomowoc, WI

**55. Child & Adolescent Anxiety: Identification, Intervention, Ballroom D**



**and Parent Education (Gr. 6 – 12)**

**INTENSIVE SECTIONAL – 8:30 – 10:45 A.M.**

This talk will provide an overview of the most frequently occurring anxiety disorders. The identification and differential diagnosis of these disorders will be discussed within the framework of current DSM 5 criteria. The basic principles of cognitive behavior therapy (CBT) will be reviewed and exposure-based interventions for anxiety disorders will be provided. Presenters will present a model for providing education to parents on how anxiety disorders are treated highlighting identification of effective and ineffective ways to respond to anxious behaviors. (Ability Level: Basic)

Presenter: Heather Jones, Behavioral Specialist & Clinical Supervisor – Rogers Memorial Hospital, Oconomowoc, WI; David Jacobi, Behavioral Specialist & Clinical Supervisor – Rogers Memorial Hospital, Oconomowoc, WI

**56. Implementation of ACP 9-12 (Gr. 9 – 12)**

**Hall of Ideas E**

In this session, attendees will learn from Mishicot High School, School Counselors about the Academic and Career Planning implementation process at Mishicot High School and lessons learned over the 7 years of providing ACP programming. Mishicot High School partners with over 200 businesses and colleges, has built a school culture focused on ACP and has been recognized by the NEW Manufacturing Alliance, The Chamber of Manitowoc County and Progress Lakeshore as leaders in this initiative. (Ability Level: Basic)

Presenters: Marcia Waldron – Kuhn, Academic Advisor & Social Studies Teacher – School District of Mishicot, Mishicot, WI

**57. Mindfulness and Calming Strategies in the Classroom  
(Pre-K – 5)**

**Hall of Ideas F**

In this hands-on sectional you will experience research based Mindfulness practices, as well as ideas for other calming strategies in your office and for classrooms. Various curriculums, apps, and websites will be shared with attendees. (Ability Level: Basic)

Presenters: Aria Krieser, WSCA Professional Development Co-Coordinator / School Counselor – Hudson School District, Hudson, WI; Sarah Flier, School Counselor – Hudson School District, Hudson, WI; Chris Strop, School Counselor – Hudson School District, Hudson, WI

**58. Eating Disorders in Schools: How to Recognize and  
Address Them (Pre-K – Post Secondary)**

**Hall of Ideas G**

We will discuss treatment of eating disorders at Rogers Memorial Hospital using a Cognitive Behavioral Therapy Exposure Response Prevention (CBT-ERP) approach. We plan to provide education on awareness and/or treatment of social anxiety, poor body image, food shaming, body shaming, under nutrition in athletes, and rejecting the diet mentality. Our ultimate goal is to help schools shift to a more positive culture surrounding food, diets, and body size/shape. (Ability Level: Intermediate)

Presenter: Maxine Cimperman, Registered Dietitian – Rogers Memorial Hospital, Oconomowoc, WI; Amberly Mixon, Behavioral Specialist – Rogers Memorial Hospital, Oconomowoc, WI

**59. The School Counselor and the Student Athlete (Gr. 6 – 12)**

**Hall of Ideas H**

Attendees will learn about NCAA eligibility guidelines, including required and disallowed coursework, testing & GPA requirements, and maintaining amateur status, as well as the NCAA Student Portal and the High School Portal. We will also discuss athletic scholarship types, and how students can self-recruit to improve their chances of getting money for college. (Ability Level: Basic)

Presenters: Susan West, School Counselor – Fox Point Bayside School District, Fox Point, WI

**60. Demystifying the Board (Pre-K – Post Secondary) Hall of Ideas I**

Ever wondered what the Board of Directors does? Ever wondered how to get involved? This sectional will be all about the WSCA Governing Board and how it functions. We will aim to answer the questions above and many more including: what policy governance is, what board meetings are like, and what is the commitment. If you want the chance to learn and grow as a school counselor and serve your professional organization at the same time, then this is the sectional you can't miss. (Ability Level: Basic)

Presenter: Olin Morrison, Board of Directors Chairperson – Wisconsin School Counselor Association, River Falls, WI

**61. WATCH D.O.G.S. (Dads Of Great Students) (Pre-K – 12) Hall of Ideas J**

WATCH D.O.G.S.® (Dads Of Great Students) is an innovative program focusing on education and safety in our children's schools by using the positive influence of fathers and father-figures for a two-fold purpose: (1) to provide positive male role models for the students, demonstrating by their very presence that education is important, and (2) to provide extra sets of eyes and ears to enhance school security and reduce bullying. Fathers, stepfathers, grandfathers and uncles are asked to spend at least one day at their student's school volunteering. They will support the school through monitoring the school property, working one-on-one or in small groups, reading, flashcards, homework, sports referees, listening ears, or for whatever needs to be done to plant seeds of success in the lives of the students. (Ability Level: Basic)

Presenter: Michael Knowles, National Coordinator – WATCH D.O.G.S. (Dads Of Great Students), Springdale, AR

**62. Olweus Bullying Prevention Program - Our Findings from K-12 Implementation (Pre-K – 12) Meeting Room K**

Learn about the Olweus Bullying Prevention Program, its value, roots and how it can be implemented at your school. The OBPP is a comprehensive, program that involves the entire school community in the form of school-wide interventions, classroom activities, and individual interventions. All Three presenters are certified trainers and have led the implementation in their schools. We are excited to share how this experience has impacted our schools, staff and our own practice as counselors! (Ability Level: Basic)

Presenters: Inta Upite, School Counselor – Elkhorn Area School District, Elkhorn, WI; Nichelle Griffith, School Counselor – Elkhorn Area School District, Elkhorn, WI; Kristin Kilkenny, School Counselor – Elkhorn Area School District, Elkhorn, WI

**63. No More Dreams Deferred (Gr. 6 – 12) Meeting Room L**

Without the skill to speak up for themselves, gifted learners from underserved populations may spend much of their time waiting for their talents to be recognized and refined. Navigating the path to their dreams can seem impossible. This session describes four steps that empower students to break through roadblocks and create personalized routes to graduation and beyond. Our role in guiding these steps to self-advocacy is essential for them to realize their dreams. (Ability Level: Basic)

Presenters: Deb Douglas, President - GT Carpe Diem, Fitchburg, WI

**64. Future Employment for Grad Students: Mock Interviews & Networking (Graduate Students) Meeting Room M**

Graduate students will receive pertinent information regarding the employment search process following graduation. In addition, participants will have an opportunity to practice interviewing with administrators and other professionals currently working in the field of education. Advice, interviewing strategies, and other helpful suggestions will be presented to students before beginning mock interviews with a host of friendly professionals! (Ability Level: Basic)

Presenters: Holly Kortemeier, WSCA Graduate Student Coordinator & Graduate Student – University of Wisconsin – Whitewater, Whitewater, WI; Amy Sylvester-Knudtson, WSCA Graduate Student Coordinator & Graduate Student – University of Wisconsin – Whitewater, Whitewater, WI

**65. Girls on the Run (GOTR): The Finish Line is Just The Beginning! (Pre-K – 8) Meeting Room N**

Girls on the Run is a non-profit organization that inspires girls in grades 3 through 8 to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. The curriculum is delivered by trained coaches with conversation-based lessons. The 10 week season culminates in a celebratory 5k run and completion of a community-impact project. The finish line is the beginning! This sectional will display the lasting impact GOTR has on pre-teen girls. (Ability Level: Basic)

Presenters: Tiffany Schuette, Elementary School Counselor & Gifted and Talented Coordinator – New Holstein School District, New Holstein, WI; Robin Coburn, Executive Director – Girls on the Run Northeast WI, Neenah, WI

**SECTIONAL 7 – 9:45 – 10:45 a.m.**

**66. Zones of Regulation: A How-To for Everyday Counseling (Pre-K – 5) Ballroom C**

The Zones of Regulation is a system that helps students identify how they are feeling. The Zones teaches students to choose behaviors that can help them consciously regulate their emotions. In this sectional you will learn about the Zones and how it can be used in counseling along with lesson plans that you can use. You will also receive different ideas on how to implement the Zones school-wide over the course of a few years. (Ability Level: Intermediate)

Presenters: Tiffany Schuette, Elementary School Counselor & Gifted and Talented Coordinator – New Holstein School District, New Holstein, WI

**67. Child & Adolescent Anxiety: Identification, Intervention, and Parent Education (Gr. 6 – 12) Ballroom D**

**INTENSIVE SECTIONAL – 8:30 – 10:45 A.M.**

**\*\*Continuation of Intensive Sectional #55 which began at 8:30 A.M.\*\***

This talk will provide an overview of the most frequently occurring anxiety disorders. The identification and differential diagnosis of these disorders will be discussed within the framework of current DSM 5 criteria. The basic principles of cognitive behavior therapy (CBT) will be reviewed and exposure-based interventions for anxiety disorders will be provided. Presenters will present a model for providing education to parents on how anxiety disorders are treated highlighting identification of effective and ineffective ways to respond to anxious behaviors. (Ability Level: Basic)

Presenter: Heather Jones, Behavioral Specialist & Clinical Supervisor – Rogers Memorial Hospital, Oconomowoc, WI; David Jacobi, Behavioral Specialist & Clinical Supervisor – Rogers Memorial Hospital, Oconomowoc, WI

**68. Building a School Counselor Presentation (Pre-K – 12) Hall of Ideas E**

As counselors we all know we should communicate better with our staff, principals, school boards, parents and communities about what we do. But who has time to put together a presentation? You will leave this sectional with a Google Slides template ready to go to give your next presentation. Included will be the information you should be sharing with people about your job and how important it is to the students in your school. This is a follow-up to last year's "Building Relationships That Can Help You Save Your Job." (Ability Level: Intermediate)

Presenters: Mary Nilsestuen, School Counselor – Arcadia Middle School, Arcadia, WI

**69. Using Online Classes as a Tool, not an Escape, for Struggling Students (Pre-K – 12) Hall of Ideas F**

As districts across the state increase online options for students both through full-time online programs and individual online classes, students who are struggling in school see an opportunity to escape their current environment. Whether you have an online program in your district or have families accessing open enrollment options, you can help turn avoidance into a transition plan for the student to return to school. (Ability Level: Basic)

Presenter: Kim Gauen, School Counselor – Middleton-Cross Plains Area School District, Middleton, WI

**70. It's a Big World Out There: Getting Students to Think Farther Afield in College Choices (Gr. 9 – 12) Hall of Ideas G**

Roughly half of students attend college within 100 miles of home, but for the right student, going farther afield can deeply enrich the educational experience without breaking the bank or loosening family ties. We'll discuss the types of students who fare best farther away from home, strategies to help students and families expand their horizons when considering schools, and how to help students and families consider all their options when it comes time to make a final decision. (Ability Level: Intermediate)

Presenter: Susan Zarwell, President – Wisconsin Association of College Admission Counseling, Milwaukee, WI; Teege Mettill, President-Elect/Director of Admission – WACAC/Northland College, Ashland, WI

**71. Gender Spectrum Resources (Pre-K – 12) Hall of Ideas H**

Learn about new legislation and laws to support the LGBTQ+ population. Resources will be shared on how to talk to your administration, your faculty, and your families. Find out celebrations that might help break the ice in your setting. How can we as school counselors be collaborative leaders advocating for systemic change for this population? Pop on in and find out the answers and walk away with some great ideas! (Ability Level: Basic)

Presenters: Lisa Koenecke, WSCA Past President & School Counselor – Stoughton Area School District, Stoughton, WI

**72. PBIS 2.0: Building Culturally Responsive Systems of Support Through The Intentional Engagement of Students, Staff and Families (Pre-K – 8) Hall of Ideas I**

As school counselors take leadership roles in PBIS programs, they must ensure the programs are culturally responsive. This sectional focuses on specific program adjustments school counselors can make within existing PBIS programs to include the participation of all. Concrete examples will be shared, including observational methods focused on teaching strategies, SAIG (social and academic instructional groups) development, universal screening, instruments/strategies to facilitate family input and student engagement and specific data tools that help measure effectiveness. (Ability Level: Intermediate)

Presenter: Jennifer Betters-Bubon, Assistant Professor – University of Wisconsin – Whitewater, Whitewater, WI; Avery Kansteiner, School Counselor, Sugar Creek Elementary School, Verona Area School District, Verona, WI; Miriam Brown, School Counselor, Sugar Creek Elementary School, Verona Area School District, Verona, WI

**73. Post Secondary Planning within ACP - Streamlining the Junior Conference (Gr. 9 – 12) Hall of Ideas J**

Learn how to efficiently conduct a Junior Conference to discuss post-secondary plans and opportunities that align with a student's ACP. We will highlight electronic resources used to streamline the conference and make information more accessible to the student and parent. Also learn how the use of this electronic format can assist in data collection and gathering student feedback. (Ability Level: Intermediate)

Presenter: Emily Mees, School Counselor – School District of New Berlin, New Berlin, WI; Kathy Lohse, School Counselor – School District of New Berlin, New Berlin, WI

**74. Practical Tips for the Classroom (Pre-K – 5) Meeting Room K**

This program will be able to assist participants in identifying and using positive behavior interventions in the classroom setting to assist youth in improving behavior, emotional regulation, and decrease behavioral resistance. As a result, the participants and the program will experience improved communication with youth and experience a decrease in arguments and power struggles. (Ability Level: Basic)

Presenter: Karin Beal, Coordinator of Behavior Management Services – Rogers Memorial Hospital, Oconomowoc, WI

**75. Land Your Dream Job! (Pre-K – 12) Meeting Room L**

The job search process can be daunting, discouraging and overwhelming - for new and experienced counselors. Attend this sectional to learn tips and practical advice for job seeking and interviewing. Topics covered will include finding job openings, applying for jobs, and interview tips. Walk away with

the knowledge and confidence you need to secure your dream job! (Ability Level: Basic)

Presenter: Paula Haugle, School Counselor – School District of Elmwood, Elmwood, WI; Kevin Haglund, School Counselor, Prescott Elementary School, Prescott, WI

**76. 2016 ASCA Ethical Standards: What is new for you? (Pre-K – 12) Meeting Room M**

A revised set of ASCA Ethical Standards was released in summer 2016. This expanded document was heavily revised with new sections on comprehensive data-informed programs; underserved and at-risk populations; and bullying, harassment and child abuse. Best practices are integrated into the ethical standards to guide school counselors. Learn what is new and how this impacts you. (Ability Level: Basic)

Presenter: Carrie King, School Counseling Program Director – Mount Mary University, Brookfield, WI

**77. Wisconsin Army ROTC (Gr. 9 – 12) Meeting Room N**

Present a detailed review Army ROTC, to include no-obligation opportunities for all college students, ROTC curriculum, scholarships & their associated service obligations, training, the high school scholarship program, and a Q&A session. (Ability Level: Intermediate)

Presenters: Jared Siverling, Scholarship & Enrollment Officer – Wisconsin Army ROTC, Menomonie, WI