

# Understanding Behavior

Toys in play therapy are not selected at random but serve a symbolic representation of a need or deficit

## Nonjudgmental Stance

1. Need for connection, belonging, contact
2. Need for protection
3. Need for challenge
4. Need for withdrawal
5. Need for power/autonomy

## Judgmental Stance

1. Need for attention.
2. Need for power and control.
3. Need for revenge and getting even.
4. Need to avoid.
5. To need to relax and relieve stress.

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