

DISAPPOINTED

- What does a disappointed face look like?

It looks a little sad and sometimes a little angry, too.

- What does a disappointed body feel like?

Like it wants to cry or stomp its feet.

- What do disappointed thoughts sound like?

"I can't believe it's raining – I wanted to go to the beach."

"I'm so bummed that he can't come over to play. Now I'm going to be bored."

"I thought the fair was going to be fun, but it was just loud and dirty."

- What makes me feel disappointed?

- What are some other words for disappointed?

- What can I do when I'm disappointed?
