

# SCHEDULE OF SECTIONAL MEETINGS

Wednesday, February 6, 2019

WSCA Graduate Course - 7:00 a.m. – Meeting Room N

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## SECTIONAL 1 – 7:15 – 8:15 a.m.

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- 1. Strategies, Tips, and Tricks for Executive Functions (K-12) Ballroom C**

Many students will have struggles with executive functioning skills as they progress through school. This presentation will be a comprehensive list of different strategies to implement in both the classroom and 1-on-1 sessions. It will examine different case studies and how to address students' executive functions in the school environment. (Ability Level: Basic; Track: Academic)

Presenter(s): Scott Lutostanski, M.Ed., MACC, NCC, Galin Education, Middleton, Wisconsin
- 2. Understanding Trauma Thru the Lens of An Adoptee: What Educators to Need to Know (K-12) Ballroom D**

Children enter adoptive/foster families in many ways. A trauma informed perspective will be presented to understand the intersection of trauma and adoption and issues/concerns that can present throughout the school aged years. Content will include exploring the impact of early separation from birth families, expression of grief/loss in adoption and ways for educators to recognize trauma and support students. Resources will be provided to aid in responding in a trauma informed manner. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Angie Flannery, CSW, MSE, Adoption Choice, Inc., Green Bay, WI; Beth Garbe, ICSW, Adoption Choice, Inc., Glendale, WI
- 3. Building a Successful Career and Service Based Learning Program--What We've Learned (9-12) Hall of Ideas E**

Five years ago, our District was looking to enhance student learning through Career Based Learning Experiences. Fast forward to now, we have over 150 students participating in our Career and Service Based Learning Program. In this session, you'll learn about our journey and what we learned along the way. Additionally, we hope to provide resources and ideas that attendees can take back to their schools to help support the growth of their own programs. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Matt Hunt, MS, School District of New Berlin, New Berlin, WI; Jesse Annoye, MS, New Berlin Eisenhower, New Berlin, WI; Kathy Weeks-Douglas, MA, New Berlin West, New Berlin, WI
- 4. Zones of Regulation: How to Use In Every Day Counseling (K-5) Hall of Ideas F**

The Zones of Regulation is a system that helps students identify how they are feeling. The Zones teaches students to choose behaviors that can help them consciously regulate their emotions. In this sectional you will learn about the Zones and how it can be used in counseling along with lesson plans that you can use. You will also receive different ideas on how to implement the Zones school-wide over the course of a few years. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Tiffany Schuette, MS, New Holstein Elementary School, New Holstein, WI

**5. Notching Up Your Nurtured Heart Practices (4K-12) Hall of Ideas G**

This sectional is listed for elementary staff, but is appropriate for ALL levels. During this sectional, attendees will have the chance to review the basic stands of the approach. We will spend the majority of our time practicing hands-on application of the Nurtured Heart Approach through intentional activities and scenarios. We will also take time to facilitate dialogue as a group to troubleshoot obstacles that attendees have encountered when bringing the Nurtured Heart Approach to their professional settings. If you have started implementing the Nurtured Heart Approach in your setting, or if you have thought about starting it, then this sectional is your next step! (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Ruth Greiber, MS, Netherwood Knoll Elementary School, Oregon School District, Oregon, WI Wisconsin; Dawn Donner-Chambers, MS, Brooklyn Elementary School, Oregon School District, Brooklyn, WI Wisconsin

**6. Career Cruising Inspire (9-12) Hall of Ideas H**

There is no substitute for hands-on experience and guidance from professionals with experience. With Inspire students gain exposure in many different ways through interactive messaging with local professionals, job shadowing, interviewing opportunities, and even internships. There are many ways to interact with community mentors and local employers with Inspire. All of them build students' portfolio of knowledge as they plan for the next steps in their career. Join us to learn more about Inspire and how it is being used in schools across the state. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Leo Abramoff, Xello (formerly Career Cruising), Toronto, Ontario; Adrian Crabb, Madison Region Economic Development Partnership, Madison, Wisconsin

**7. Wake Up Call Professional Development (9-12) Hall of Ideas I**

Based off our successful Wake Up Call real life exhibit of a teen's bedroom, we have developed a program featuring a mock classroom designed for teachers, coaches, counselors, administrators and other professionals working with students to help them identify signs of possible substance use. Some students will go to great lengths to cover up substance use and to conceal illegal substances they slip into school. The goal of this presentation is to provide education and awareness to educators so they know how seemingly innocent items can be an indication of substance use. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Ashleigh Nowakowski, MPA; Katie Morrow, MPA, Nonprofit Management - Marquette University Prevention Specialist In Training; Katie Westerman, MS, K-12 School Counselor, Your Choice to Live, Inc., Oconomowoc, WI

**8. Thriving in your New Counseling Role (4K-PS) Hall of Ideas J**

Are you a new or soon to be new school counselor? Are you changing levels this year? Will you be taking a supervisory role or teaching future school counselors? Professional transitions are both exciting and challenging. Learn how to identify the needs of your community, build rapport with your colleagues, manage your time, and use data to work smarter not harder as you take steps toward embracing your new role. Do more than survive your transition, thrive in it! (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, M.A., Madison Metropolitan School District, Madison, WI; Stacey

**Opening Session 8:30 a.m.**  
**Keynote Speaker – Dr. Kevin Fleming**  
**Level 1 – Hall B**

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**SECTIONAL 2 - 10:30 - 11:30 a.m.**

**SECTIONAL 2i (\*INTENSIVE\*) – 10:30 a.m. – 12:00 p.m.**

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- 9. Career Lessons for Elementary Students (K-5) Ballroom C**
- The domain of career development is an especially relevant topic for counselors right now. But how is that implemented in the elementary setting. This workshop offers specifically lessons for K-5, grounded in career development theory and research, fashioned to be engaging and fun for students (and counselors), and validated by practice. Supporting children's literature resources also provided. (Ability Level: Basic; Track: Career/Postsecondary)
- Presenter(s): Karen Griffith, Ph.D., LPC, Assistant Professor in the Department of Counseling and Human Development Services at the University of Georgia., Lilburn, GA
- 10. A solution-focused approach to identifying and working with students who experience suicide ideation (6-12) \*INTENSIVE\* Ballroom D**
- Knowing how to respond to students' suicide ideation is one of the biggest concerns for many school counselors. When students experience crises, they might feel more hopeless if counseling sessions only focus on their problems. In contrast to problem-focused interventions, the solution-focused approach can assess informally students' suicide ideation and highlight students' resiliency. A case study will be presented to illustrate how solution-focused questions help students in crisis identify their own coping skills and strengths. (Ability Level: Intermediate; Track: Social/Emotional)
- Presenter(s): Carol Buchholz Holland, Ph.D., NCC, North Dakota State University, Fargo, ND
- 11. Protecting Our Children: A Partnership Between Seymour Police Department & Seymour Community School District (4K-12) Hall of Ideas E**
- Keeping students safe in a wired, media-driven society is no easy task. In Seymour, WI, law enforcement agents have partnered with school counselors in order to educate students, families, and community stakeholders about being safer with online technologies and social media applications. You will leave this sectional more aware of the dangers of social media, internet technologies, and human sex trafficking. You will be equipped with knowledge about prevention/curriculum resources available to teach internet safety for students grades K-12, and how to effectively partner with law enforcement agencies to do so. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): TJ Hilgenberg, Investigator/Police Officer, Seymour Police Department & ICAC, Seymour, WI; Jennifer Siudzinski, MS; Kari Breitenfeldt, MS; Tiffany Vogel, MS; Mari Reinheimer, MS, Seymour Community School District, Seymour, WI

**12. Social Emotional Learning and Digital Citizenship: Foundational Skills for Healthy Digital Lives (K-12) Hall of Ideas F**

Empathy and compassion are the foundation on which digital citizenship skills are built on. Empathy and compassion also happen to be at the heart of the new Social and Emotional Learning (SEL) competencies created in Wisconsin for schools. Social and emotional learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. SEL competencies, when taught in schools, will help students to better understand the effects of their online decisions and lay the groundwork for teaching digital citizenship skills. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Valerie Schmitz, PH.D., CESA 2; Beth Clarke, MS, CESA 2, Whitewater, WI

**13. Digitize Your Counseling World (K-PS) \*INTENSIVE\* Hall of Ideas G**

In a digital world, and with student technology one to one, teachers are not the only school employees that can benefit from digitizing their classroom. Counselors are overburdened with paperwork, calendars, etc. and connecting effectively with students is always a necessity. Using Google (or other similar mediums) you can streamline and simplify your program. This session will look at ways that you can digitize your counseling and more effectively and efficiently connect to your students. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Hilary Walters, MS, Blair-Taylor School District, Blair, WI; Isaac Walters, MA, CESA 10, Chippewa Falls, WI

**14. Infusing Character and Social-Emotional Learning Into The Daily Fabric Of Your School. (K-12) \*INTENSIVE\* Hall of Ideas H**

Positively preparing the whole child for life demands that we do more than deliver academic content. Are you working with intention to infuse strong social-emotional success skills into the day-to-day fabric of your character building? Suit up for this resource-packed work out to learn intentional, inspirational strategies for taking your school to the next level when it comes to climate and culture change while strengthening your multi-tiered system of support for behavior and growth. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Barbara Gruener, B.S., M.S., M.S., Character Strong, Friendswood, TX

**15. Opportunities in Building Trades Registered Apprenticeships (9-12) Hall of Ideas I**

Building Trades Apprenticeships are the other four-year degree. The Building Trades Council represents 14 different trades that offer apprenticeship opportunities. Apprenticeships are a combination of on-the-job training and classroom instruction; apprentices start earning wages and benefits on their first day in the programs. The construction industry is extremely busy and all of the trades are recruiting apprentices to meet the industry's needs and future obligations. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Dave Branson, Certificate in Labor Studies, Building and Construction Trades Council of South Central Wisconsin, Madison, WI

**16. Academic & Career Conferencing: How to Do it All Without Doing it All! (6-12) Hall of Ideas J**

For years, counselors have been trained on the value of students engaging in annual personalized conferences. Making this endeavor a reality, however, has often been a challenge. Pewaukee School District has used our Academic & Career Planning system to develop a way to realistically deliver personalized conferences for all students in grades 7-11 each year. Participants will receive a brief overview of the ACP system in Pewaukee Schools, and dive into the format of our personalized conferences. Our conferences are developed by counselors and delivered by teachers in a way that engages all while keeping the process sustainable. Results and resources will be shared to help pave the way for building or modifying your own processes. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Adriana Plach, MS of Ed Psych, Pewaukee School District, Pewaukee, WI

**17. Exploring Deeper Roots - Understanding Implicit Bias and Microaggressions (4K-PS) \*INTENSIVE\* Meeting Room K**

In our quest to move the needle on the opportunity gap, school counselors must be aware of implicit bias and microaggressions. Counselors are in a position to impact our students self efficacy and belief in the potential of their futures, therefore we must self reflect upon our own perspectives to ensure we are not unconsciously causing harm. Further, in our role as leaders, we must learn to interrupt the pathway to microaggression. Our Verona Area High School student leaders have developed a microaggression video to inform and interrupt. The time is now to bypass our biases and to learn to chose a different way. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Carri Hale, MS, Verona Area School District, Verona, WI; Shawn Harris, MS, LPC-IT, Verona Area High School, Verona, WI

**18. Student Panel: What I Wish Educators Knew about Gifted Students (K-12) Meeting Room L**

This panel of students will share their thoughts on their learning needs, passions, classroom successes, and classroom difficulties. Through pre-planned questions, as well as Q&A time, students will discuss the importance of student voice in decisions about gifted education, share their dreams for their high school experiences, and express what they wish their teachers knew. The students will give feedback on various educational strategies and personalized learning opportunities. (Ability Level: Advanced; Track: Academic)

Presenter(s): Alyssa Pon-Franklin, MEd, Oregon High School, Oregon, WI; Amy Miller, Advanced Learning Coordinator, Oregon High School, Oregon, WI

**19. Academic and Career Planning in Wisconsin High Schools: Results of a Study with Exemplar Schools (9-12) Meeting Room M**

Highlights and results of a qualitative study about the development and delivery of ACP in exemplar high schools Wisconsin will be presented. Participants can expect to learn about crucial resources used in the development of successful ACP programs, the activities that shape student engagement and planning, and evaluation methods used by exemplary schools. Examples of resources will be provided, and recommendations for the delivery of ACP will be offered to sectional participants. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Alan Burkard, Ph.D., Marquette University, Milwaukee, WI; Elizabeth Tinsley, M.S.Ed., Marquette University, Milwaukee, WI; Shannon Skaistis, M.S., Marquette University, Milwaukee, WI

**20. K-12 Counseling Program Tools: Therapy Dog, Self-Reflection & Data (K-12) Meeting Room N**

This sectional is for those, at any level, interested in improving their school counseling program through three simple and effective tools: a therapy dog, self reflection and the use of data. These things can be expected: (1)"Ah-ha" moments during discussion on data within our program (2) Participation in reflection activities, just as your students might (3) Petting the cute dog while learning about how you could also bring a therapy dog into your environment. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Nicole Crosby, M.S. - Educational Psychology, Winter High School, Winter, WI

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### WSCA Members' Focus Group: Lunch-Time Listening Session

12:00 – 12:45 p.m.

Ballroom C

We want to hear from you! Help us continue to learn about the issues that school counselors are experiencing across the entire state. Bring your lunch and join the conversation with the WSCA Board to share your day-to-day experiences as a school counselor. The Board wants to make sure that ALL counselors are represented – so let your voice be heard!

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SECTIONAL 3 - 1:00 - 2:00 p.m.

SECTIONAL 3i (*\*INTENSIVE\**) – 12:50 – 2:20 p.m.

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21. **Evidence-Based Activities and Interventions (4K-PS) *\*INTENSIVE\**** **Ballroom C**

School counselors need to use effective activities and interventions to facilitate the best possible results. Therefore, it's imperative to access appropriate resources, understand and interpret those resources and be discerning in selections. Explore methods for finding and using best activities and interventions in program delivery. (Ability Level: Basic; Track: Academic)

Presenter(s): Mark Kuranz, MS, Marquette University, Racine, WI; Karen Griffith, Ph.D, American School Counselor Association, Alexandria, VA

22. **From “How are you?” to “Where are you?”: Using Images and Word Continuums in Grief and Trauma Support (4K-PS)** **Ballroom D**

Help students of all ages experiencing grief and other forms of trauma face, quantify, and communicate their pain; all the while creating a space for them to feel safe to be “where they are” in that moment. The use of pictorial and word continuums provides opportunities to develop self-awareness and aid in self-management strategies. Participants will leave this session with ready-to-use classroom, group, and individual resources that are aligned with Wisconsin’s SEL competencies. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Mary Brey, MS Middle Level Education, Mindful Steps Passion Project, Madison, Wisconsin

- 23. I'm So Confused! (4K-12) \*INTENSIVE\*** **Hall of Ideas E**
- Dual Credit, Early College, Youth Apprenticeship, Industry Certificates, Work-based learning, CAPP, Co-Op, CTE, Pathways, Course Sequences, Advisory Boards, District Report Cards, AP, IB, Honors, Class Rank, Laude System, Community Service, ACT, Graduation Requirements, Rtl, PBIS, PLCs...Confused on how to navigate all that is being thrown our way? We will help sift through all of these and show you how they all work together to bring about systemic changes in your school and help change the culture into one that fosters student growth through a strong ACP Program. (Ability Level: Basic; Track: Academic)
- Presenter(s): Marci Waldron-Kuhn, MS, School District of Mishicot, Mishicot, WI; Sara Greenwood, MS, School District of Mishicot, Mishicot, WI
- 24. School Safety Beyond Buzzers and Fences (4K-PS)** **Hall of Ideas F**
- Many of us watched and advocated as the Department of Justice rolled out school safety money last spring in an attempt to address school violence across our country. As we saw what the money could be used for many of us cringed knowing physical structures will not keep a hurt child from hurting other children or adults. Join other school counselors in a collaborative workshop exploring the programs and systems we can put in place in our schools and districts that make our students feel safe and loved and truly create safe schools across our state and country. (Ability Level: Advanced; Track: Leadership/Advocacy)
- Presenter(s): Rachel Pufall, MSE, Breathe for Change Wellness Champion, Yoga Calm Certified Youth Instructor, 200 Hour Yoga Teacher, Washburn School District, Washburn, Wisconsin
- 25. ACP for Students that are Undocumented (9-12)** **Hall of Ideas G**
- This session will highlight the various ways high schools can support undocumented students on the path to college or other post-secondary options. Presenters will address the importance of student identification and the need to create opportunities for self-disclosure. By supporting students, providing a safe zone, and promoting parent engagement, high schools can help undocumented students explore and realize their post-secondary goals. (Ability Level: Intermediate; Track: Academic, Career)
- Presenter(s): Jen Pinnow, School District of Arcadia, Arcadia, WI; Jessie Sloan, CESA 4, West Salem, WI; Karla Salgado, School District of Arcadia, Arcadia, WI
- 26. Sanford Harmony- A Social Emotional Learning Curriculum at NO COST to Schools (4K-6)** **Hall of Ideas H**
- Sanford Harmony is a research based Social Emotional Learning curriculum designed to build healthy relationships among students. Pre-K-6th grade students practice friendship skills, problem solve, and learn to regulate emotions through the everyday practices of Meet Up and Buddy Up, lessons, activities and stories. Educators love Harmony as it is flexible, easy to implement, and builds inclusive learning communities where the focus is on teaching and learning. Harmony supports school-wide Rti/PBIS, and Restorative Practices. Discover how Philanthropist Denny Sanford and National Univeristy will donate all Harmony materials and teacher training for your organization/school at no cost. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Shannon Smith, BA, Sanford Programs, La Jolla, CA
- 27. Build a Simple Multi-Level System: Identifying and Monitoring SEL & Behavioral Needs (6-8)** **Hall of Ideas I**

A multi-level system of support helps us to respond to and meet the needs of all students. This approach requires collaboration between a variety of educators about each student's response to instruction and intervention. Come learn about Asa Clark Middle School's approach to progress monitoring students' behavioral and social-emotional needs at a multi-tier level and how the CASEL competencies are incorporated. Our processes are cost-free, sustainable, and reproducible! (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Brianna Bartoszewski, MA; Adriana Plach, MS of Ed Psych, Pewaukee School District, Pewaukee, WI

**28. WSCA is searching for Rising Stars! Help us build our dream team. (4K-PS) Hall of Ideas J**

Are you at a point in your career where you are ready to give back to the profession? The WSCA Directors of Operations are the heart and soul of all the great programs and services provided by WSCA. Learn about all the opportunities to get involved based on your interests, skills, passions and time to give. WSCA is seeking dynamic leaders who want to be energized using their creative and innovative ideas to help counselors across the state. As we build our WSCA dream team we are in need of those ready to be a rising star in our organization! Learn more about how this team is being built within WSCA as well as how you can build your own team to achieve your goals. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Wisconsin School Counselor Association, Oregon, WI

**29. ASCA Ethical Standards: Interpretation and Application (4K-PS) Meeting Room K  
\*INTENSIVE\***

The 2016 ASCA Ethical Standards includes role clarification and best ethical practices. Paired with ASCA position statements, FERPA, HIPPA, State statutes and the ACA Code of Ethics, this set of ethical standards gives school counselors guidance in decision-making, as well as professionals language to advocate for our role in schools to meet the needs of all students academic, career and social-emotional development. Finally, the recommended decision-making process will be applied to resolve real-life ethical dilemmas shared by school counselors. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Carrie King, Ph.D., LPC, NCC, Mount Mary University, Milwaukee, WI; Kari Erickson, M.S., Hartford Union High School, Brookfield, WI

**30. Implement your own College Application Week (9-12) Meeting Room L**

Learn how to implement a College Application Week at your School to increase your college going culture and reduce the individual check-ins needed to support students completing their applications. Tips for engaging your students, working with teacher teacher teams, and collaborating with community partners will be shared. You will walk away with resources for how you can start your own college application week at your school. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Michelle Olson, MS; Sarah Elmore, MS, Madison East High School, Madison, WI

**31. Fun with the ASCA Model! (4K-12) \*INTENSIVE\* Meeting Room M**

This session will give you ideas to take home and implement immediately with little cost. We will explore different approaches to bring ASCA's Mindsets and Behaviors & the ASCA National Model to life. This is a hands on session requiring an open mind and a sense of humor. Our goal is to change your attitude with some skill development and knowledge which positively affects your behaviors. Still reading this? Come and Join the FUN! ~Thanks (Ability Level: Basic; Track: Leadership/Advocacy)



Presenter(s): Lisa Koenecke, MS NCC, Lakeland University, Fitchburg, WI; Katrina Rotar, MA, Spencer High School, Spencer, WI

**32. How to Land the Job: Interview Tips, Resume Building, and Network with Professionals (PS) \*INTENSIVE\* Meeting Room N**

**Bring a copy of your resume!** This sectional is designed for all graduate students looking for information and guidance around school counseling interviews. The sectional will include a presentation on interviewing tips, common questions asked during an interview, and what to expect in an interview. The second part of this presentation will include a Q&A with a panel of about 5 school counselors in their first, second, or third year regarding the interviewing process. Graduate students will get the opportunity to network with these professionals and have time to look over resumes for feedback. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Brianna Capesius, Kayla Newman, WSCA Graduate Student Directors

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**SECTIONAL 4 - 2:30 – 3:30 p.m.**

**SECTIONAL 4i (\*INTENSIVE\*) – 2:30 – 3:50 p.m.**

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**33. Making Sense of Student Behavior: Using DBT Strategies to Assess and Intervene (6-12) \*INTENSIVE\* Ballroom C**

In a culture of increasing social and emotional needs among student, making sense of behavior has become incredibly complex. This presentation will provide school counselors with practical tools derived from Dialectical Behavior Therapy to assess the function of student behavior and identify individualized intervention strategies. School counselors will also be provided with an overview on numerous mindfulness, distress tolerance, emotion regulation, and interpersonal skills to enhance behavioral interventions. (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Melissa Nelson, PhD, LPC, NCC, Rogers Behavioral Health, Brown Deer, WI; Carolyn Piggot, LPC, Rogers Behavioral Health, Kenosha, WI

**34. Dealing with Anxious Behaviors with Students, Parents, and Staff (4K-5) Ballroom D**

This sectional will provide strategies for working with students, parents, and staff with anxiety or anxious behaviors, and discuss how these strategies can destigmatize mental health issues. We will share what we have put into place to help educate and support individuals experiencing anxiety and trauma, including parent book clubs, small group counseling, calming corners, and trauma-sensitive approaches with both students and staff. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Aria Krieser, MS, Hudson Prairie Elementary School, Hudson, WI; Kelly Curtis, MS, EP Rock Elementary School, Hudson, WI; Chris Strop, MS, North Hudson Elementary School, Hudson, WI

**35. Full Plate- What's on your plate & how high are you stacking it? (4K-PS) Hall of Ideas E**

Careers in education have many, and varied, demands and expectations. And over time that list keeps growing! At what point does our list infringe on our effectiveness, and cause stress that interferes with our ability to "live, work, and carry on meaningful relationships" -- what is used to identify a mental health concern? We'll examine "your plate" and learn suggestions for bringing down the stress level.

(Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Barb VanDoorn, MEd, Lake Holcombe School, Holcombe, WI

**36. Completing a School Based Threat Assessment (K-PS) \*INTENSIVE\* Hall of Ideas F**

The School Based Threat Assessment course is for school personnel and law enforcement. This course will explain who should be part of the threat assessment team, the intent behind threat assessment tools such as the Violence Risk Assessment, how to assess the risk level associated with a threat, and how to determine the appropriate response to a specific threat. Attendees will understand the reasoning behind current methods of threat assessment and learn ways to improve their own school's response to threatening behaviors. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Kristen Devitt, MS, Wisconsin Department of Justice, Office of School Safety, Madison, WI

**37. 5 Habits of Healthy Teams & Strategies for Facilitating Successful Meetings (4K-PS) \*INTENSIVE\* Hall of Ideas G**

Comprehensive program planning and school counseling leadership require us to skillfully develop and lead teams but our professional training in this area is often limited. This interactive session will provide concrete strategies that can be applied to a variety of teaming settings and will support participants to consider both intra-and inter-personal approaches to strengthening their teaming practices. Particular attention will be given to facilitation skills that support meetings that are effective, productive and <u>even</u> enjoyable! (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Erica Kruger, MS, LPC, Madison Metropolitan School District, Madison, WI

**38. ACP The Hornet Way: What Works in Rural Schools (4K-12) Hall of Ideas H**

Are you a School Counselor in a small, rural district? Were you given the title of ACP Coordinator without a budget or time in your day to take on this initiative? Does ACP in your district fall completely on your plate? Are you constantly looking for ways to engage your students in ACP? If you answered yes to any of these questions then this is the right presentation for you. You will learn the most efficient ways to plan, organize, and implement ACP activities in a meaningful way in your district based on what works/what doesn't in the Elcho School District. This presentation will be based on a lone Pre K-12 grade School Counselor's experience and will be focused primarily on High School with some Middle School components. Don't reinvent the wheel; I know I haven't! You can guarantee to leave this presentation with something you can adapt to meet your school and student needs. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Paige Roland, M.S., Elcho School District, Elcho, WI

**39. Menomonie High School's Journey to Create a Safe Educational Experience for Transgender and Gender Nonconforming Students (9-12) Hall of Ideas I**

Struggling to create a pathway to ensure transgender and gender nonconforming students have a safe educational experience? The Menomonie High School would like share our ideas, struggles, celebrations and overall processes. Working with administration, pupil services, teachers, parents, and students, we have developed and installed a district transition plan that includes administrative guidelines, support plans, and at a glance documentation. This plan was developed in conjunction with our district's attorney, our board policies, and Gsafe. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Juan Ramirez, MS; Angela Ruchti, MS; Kayla Hostetter, MS; Tyler Miller, MS; Caleb

- 40. Academic & Career Planning: What is Your Purpose** **Hall of Ideas J**  
**Using data to direct your Academic & Career Plan (K-12)**
- Understanding the impact of your ACP is essential in determining its success. In asking “What change do you hope to see in your students as a result of ACP?” you establish the mindset that you are looking to identify growth in your students. Our presentation shares ideas for collecting and reviewing data to identify measurable growth as a result of your ACP. (Ability Level: Basic; Track: Career/Postsecondary)
- Presenter(s): Jessica Sloan, MS; Amanda Langrehr, MS, CESA #4, West Salem, WI
- 41. Beating the Early Application Rush; Collaboration between High School** **Meeting Room K**  
**and Post-Secondary Institution (9-12)**
- As the early application rush seems to begin earlier each year, school counselors are bombarded with beginning of school year workload in addition to preparing seniors college applications. Learn how one public school counselor partnered with a University of Wisconsin-Madison's Admission professional to offer a comprehensive college application session to support seniors in completing the UW System and Common Application during two summer workdays. Participants will take away a framework for a college application 'bootcamp' to help incoming seniors complete the process prior to their academic school year. (Ability Level: Advanced; Track: Career/Postsecondary)
- Presenter(s): Christine Voice, MA, Kohler High School, Kohler, WI; Mark Swenson, University of Wisconsin-Madison, Madison, WI
- 42. Crisis Response Manual (4K-PS) \*INTENSIVE\*** **Meeting Room L**
- Somerset School District Mental Health Team have created this document to provide for the well-being of students, staff and community during and after a crisis. This presentation will allow you to see what a crisis response manual could look like and have conversations of how it is used during a need for response. You will receive hands on materials, templates, and resources for you to have readily available. We will also provide opportunities for practice and collaboration using these resources. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Katie Francis, Jenna Evenson, Sarah Colling, Jessie Thorson, Kate Rorabeck, Julie Fretz, Bobby Hurt, Amy Young; Somerset School District, Somerset, WI
- 43. Building Bridges and Breaking Barriers with Good Books (5-12)** **Meeting Room M**
- Pairing students with good books, good character-building themes, and good discussion is an engaging and effective way to help students learn, reflect, and develop important soft skills such as empathy, acceptance, coping skills, etc. Come learn how a collaborative partnership with the counselor and librarian (or any staff) can lead to developing this specially designed book club and get the nitty, gritty on how you can implement this program to continue promoting these essential traits! (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Andrea Donegan, M.S., B.S., NBCT, Dyer Intermediate - Burlington Area School District, Burlington, WI; Suzanne Dunbar, B.A., Library Media Specialist Certification, Burlington Area School District, Burlington, WI
- 44. What's the 411 on WSCPAR (4K-PS)** **Meeting Room N**
- Come join a group of previous WSCPAR winners as they share the benefits and challenges to WSCPAR submission. Learn how the document can help your school and district advocate for the role

of the school counselors. Learn about the new exciting changes for the WSCPAR and they why behind it. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Stacey Miller, EdS, NCC, LPC, Sun Prairie School District, Sun Prairie, WI; Todd Hadler, MS, Monroe Elementary School, Manitowoc, WI

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**Nutrition Break**  
**3:30 – 4:00**  
**Level 4 – Grand Terrace**

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**SECTIONAL 5 - 4:00 - 5:00 p.m.**

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**45. Get in the Classroom! (K-5)**

**Ballroom C**

Participants will explore a yearly scope and sequence that connects to state standards and ASCA Mindsets and Behaviors. This presentation includes teacher and parent supports and many lesson plans. From empathy development and conflict resolution to mindfulness and growth mindset, participants attending this presentation will walk away with many resources. Oh and did we mention, we will be raffling off two signed children's books written by one of the presenters! (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Amanda DeSua, M.A. Ed., Ed.D, NBCT, School District of Waukesha, Waukesha, WI; Heidi Edwards, M.A. Ed., School District of Waukesha, Waukesha, WI

**46. Grief in our schools: How can we support our students? (4K-PS)**

**Ballroom D**

Our students are grieving. Whether they experience grief through the death of a loved one, parental incarceration or deployment, or loss of a friendship, our students are bringing their grief to school with them. This sectional will empower you to feel comfortable working with grief and will leave you with a better understanding of the resources available to you. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Kaelee Heideman, MSE, NCC, Carl Traeger Elementary School, Neenah, WI

**47. School Counseling for the 21st Century (K-12)**

**Hall of Ideas E**

School Counseling has evolved over the last 20 years! No time is better than today to REVOLUTIONIZE your programming. This session will offer EASY to use apps and websites that will completely your programming. The strategies taught can be used immediately will engage your students immediately. Just a few of the websites & apps. include Chatterpix, FlipGrid, Seesaw, and BookCreator. You can use these strategies when working with students in large group classroom lessons, small group lessons, one on one sessions, PBIS tier 1 universal instruction and tier 2/3 targeted interventions. Engagement leads to higher student success. Don't miss out!!!! (Ability Level: Basic; Track: Academic)

Presenter(s): Katie Kessen-Checki, MAC, Neenah Joint Schools, Lakeland University Instructor, "Counselor Katie", Neenah, WI; Emily Wertanen, Instructional Technology, Neenah Joint School District, Neenah, WI

**48. Social-Emotional Learning and ACT Tessera: An In-Depth Look (6-12) Hall of Ideas F**

This session will focus on the research detailing the importance of Social-Emotional Learning at MS/HS level and how ACT Tessera® can be utilized to enhance a school's efforts in this critical area.

ACT Tessera® is an all-in-one, multifaceted solution that gives students, parents, teachers, and schools a comprehensive view of Social and Emotional Learning (SEL) skills. Tessera measures five SEL Skills—Grit, Teamwork, Resilience, Curiosity, and Leadership. The assessment is an easy to use, 30 minute, online tool which can be used on multiple occasions throughout the school year. It also includes the comprehensive ACT Tessera Playbook which provides actionable lessons for teachers looking to integrate Social and Emotional Learning into their classrooms. Its curriculum and activities are designed to help students continue to develop their noncognitive skill strengths and improve upon weaknesses. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Dan Valentyn, MS, ACT, Little Chute, WI

**49. Using Brainspotting in Schools: An Innovative Focused-Mindfulness Approach to Student Self-Regulation (6-12) Hall of Ideas G**

Unresolved trauma plays a huge role in youths' lives and can result in maladaptive responses to perceived threat (dysregulated states, learning problems, unhealthy relationships). This presentation will provide information for working with adolescents in co-creating a foundation for healing trauma. Relevant information will be provided for educators working with youth who may have experienced trauma. Brainspotting is an innovative modality that fits easily into the school setting to help students become more self-aware and self-regulated. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Sharon Hansen, MSE, LPC-IT, NBCT, Berlin Area School District, Berlin, WI

**50. Connecting to all Grades 9-12 (9-12) Hall of Ideas H**

With large caseloads for each counselor, meeting and knowing each student is a difficult task. At Waukesha North, we connect with every student (grade 9-12) in either individual meetings or group settings each school year. Come join us to learn how you can make this happen at your school. We will be sharing our scope and sequence, along with resources for our lessons and activities throughout the school year. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Heidi Stigler, MS; Jill Werner, MS; Whitney Domres, MS; Waukesha North High School, Waukesha, WI

**51. Counselor's Role in Academic Progress Monitoring: How eduCLIMBER can help you with efficiency and accountability (6-12) Hall of Ideas I**

Are you tasked with "monitoring student progress" in your school as a counselor? With large caseloads, this can be daunting. Come join us in finding out how we are utilizing scheduled grade check points with grade level meetings to collaborate and monitor students in need. Using a feature in EduClimber is helping with collaboration, communication and accountability. We will talk through the steps we are taking this year and discuss the barriers and benefits. (Ability Level: Intermediate; Track: Academic)

Presenter(s): Angela Ruchti, M.S.; Tyler Miller, M.S.; Juan Ramirez, M.S.; Kayla Hostetter, M.S.; Caleb Hundt, Assistant Principal; Menomonie High School, Menomonie, WI

**52. State of the State in School Counseling (4K-PS) Hall of Ideas J**

Join the WSCA Executive Director and Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling. Learn more about the implementation of the ASCA model in Wisconsin, Reach Higher Wisconsin, school counselors as leaders, DPI suicide

prevention programs, Social Emotional Learning, ACP and school safety initiatives.

We will also cover any new initiatives at ASCA or nationally, such as ASCA school counselor standard updates, national Social Emotional Learning standards and other education issues as they may pertain to school counselors. Come and see what Stacy and Gregg have to share. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Wisconsin School Counselor Association; Gregg Curtis, Ph.D., DPI, Madison, WI

**53. Advanced Topics in College Admission (9-12) Meeting Room K**

UW System Application, Common Application, Coalition Application, University of California Application... the list of requirements and recommendations has become quite the puzzle. In this session, we will explore some of the advanced topics in college admissions. Some of the questions we'll answer are: What is the Coalition Application and when is it better than the Common Application? How can I coach teachers on how to write great letters of recommendation? What does a deferral mean? How likely is it for a student to get off a waitlist? What is the true benefit of applying early decision? Bring your questions too! (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Brenda Ward, MS, IECA, NACAC, WACAC, Galin Education, Middleton, WI; Dan Maloney, MS, James Madison Memorial High School, Madison, WI

**54. Sandtray Therapy for Pre-K through Adulthood (4K-12) Meeting Room L**

Sandtray therapy is an expression therapy that can be used with all ages from Pre-K throughout adulthood. This sectional will teach the background of Sandtray therapy, the science of efficacy of Sandtray therapy, and the implementation of Sandtray therapy. There will be practical information given to you to increase your confidence in starting to use Sandtray therapy at your site. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Tricia Norby, MS, MA, LPC, School Counselor, St. James Catholic School - School Counselor, Madison, WI; Brianna Capesius, BS, MS (in progress), St James Catholic School - Intern, Columbus, WI

**55. The College Scorecard: A Tool for Educators and Parents (9-12) Meeting Room M**

As educators, we all work with parents. Career pathways have changed, but parent's expectations have not. In this workshop, learn how to deal with parents when discussing their son or daughter's educational needs as they relate to the career pathway they have chosen. Learn how to leverage the college scorecard and how to use industry to help you relate to parents in a positive way. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Jerry Ellner, Member STEM Coalition, ACTE Champion, Member Coalition of Career Development Washington, DC., Universal Technical Institute, Scottsdale, AZ

**56. It's RAMP Time: Why and How (4K-PS) Meeting Room N**

Drive your school counseling program to the next level. Discover your program's strengths. Show your administrators, school board and the community at large that you're committed to delivering a comprehensive, data-driven school counseling program.. The workshop reviews the Recognized ASCA Model Program (RAMP) designation from the American School Counselor Association. Strategies, tips and resources are shared for implementation. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Mark Kuranz, MS, Marquette University, Racine, WI

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## Afterglow Reception

5:00 – 6:15 p.m.

### Level 4 – Grand Terrace Exhibits Hall

Network with exhibitors and colleagues  
Cash Beverage Bar and hors d'oeuvres  
RAFFLE – Must be present to win

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**Thursday, February 7, 2019**

**SECTIONAL 6 – 8:30 – 9:30 a.m.**

**SECTIONAL 6i (\*INTENSIVE\*) – 7:45 – 10:45 a.m.**

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- 57. Building Resiliency in Children: A Non-Thematic Small Group Approach (K-5) Ballroom C**
- Counselors need interventions that are both effective and efficient. A strengths-based approach, focusing on resiliency, offers a unique and positive group experience, regardless of the reason for inclusion in the group. This is an original plan for small groups, well-researched with proven results, that offers both. It provides a positive framework for addressing varying issues among students that yields increased student achievement, improved school attendance, and more appropriate school behavior. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Karen Griffith, Ph.D., LPC, Assistant Professor in the Department of Counseling and Human Development Services at the University of Georgia., Lilburn, GA
- 58. Social Media Awareness, Cyberbullying and the Internet Safety Ballroom D**  
**– An update for Schools (6-12)**
- In today's technological age, school faculty faces a daunting task of teaching and mentoring children free of constant negative influence. Access to undesirable people and information is prevalent and extremely difficult to monitor. This is exacerbated by the fact that most kids are more proficient and comfortable with technology than adults. Consequently, faculty members need to educate themselves on the danger today's children face from this constantly connected online world. (Ability Level: Intermediate; Track: Social/Emotional)
- Presenter(s): Melissa Straub, MA, NJLSC, NYLSC, High Impact Youth Training and Stop It Technologies, Leonia, NJ
- 59. Leadership Encouraged through the WSCA Leadership Academy (4K-12) Hall of Ideas E**

Do you feel like you have leadership skills that need a little focus? The WSCA Leadership Academy is a professional growth opportunity for you that will help you identify, reflect on, and apply your leadership skills. You will also be introduced to the various leadership opportunities within the WSCA organization. Come listen to your colleagues who have completed the academy as you determine if the WSCA Leadership Academy is something you want to consider. This can be a great PPG opportunity! (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Steve Schneider, NBCT, Wisconsin School Counselor Association, Sheboygan, WI

**60. Increasing Community and Business Engagement within the ACP Process (9-12) Hall of Ideas F**

Come learn about the strategies and positive outcomes of community and business involvement in your students ACP process. Through the establishment of business advisory teams, Launch Hour events and our new Career Launch Studio at East high school, we have proactively engaged our community in our students dynamic ACP process. Our community is partnering to strengthen opportunities for students to connect with local businesses, to raise awareness and to prepare them for their future careers. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Eric Mueller, MS, MAE, LPC, Appleton Area School District, Appleton, WI

**61. Beyond the basics of mindfulness in education (4K-12) Hall of Ideas G**

This sectional is for educators that are familiar with the definitions and benefits of school-based mindfulness practices. Time will be spent on how to incorporate mindfulness into the school counseling program within your building and/or district including working with individual students, small groups, and how to share about mindfulness with your faculty and community at large. Come ready to listen, share, learn, and grow. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Elina Kats, MS, University School of Milwaukee, Milwaukee, WI

**62. Beyond one measure: Tracking success through Redefining Ready! at the School District of New Berlin (6-PS) Hall of Ideas H**

The world around us is evolving; knowledge alone is no longer sufficient for the success of tomorrow. We can't prepare students, nor should we measure their progress, in exactly the same way we have been doing. New Berlin is committed to designing programming to allow all students the opportunity to identify and apply their unique knowledge, skills and abilities and demonstrate readiness in a variety of ways, resulting in a College and Career Ready Blueprint. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Kelli Kwiatkowski, MS; Michael Fesenmaier; New Berlin West, New Berlin, WI

**63. Character, Culture, and the Counselor – How to Enhance Current Practices (K-8) Hall of Ideas I**

School counselors are in a unique position to influence the culture of a school community. Explore ways your current practices are addressing needs and new ways to enhance efforts using a framework that integrates character development at a deeper level. Learn about counseling-related programs that foster moral and performance traits. Initiatives such as peer helpers, mentor programs, school bus communities, restorative practices, and simple school-wide practices that support climate and character will be shared. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Jackie Michlig, MS, Edgewood School, Greenfield, WI; Margaret Tackes, Ph.D, Alverno College, Milwaukee, WI



**64. College Readiness: What Lessons We Learn When Students Don't Persist (9-12) Hall of Ideas J**

Much of our focus in secondary education is on college readiness. But often, we only focus on college admission rates for our seniors as a signal of our ability to create college ready students. This session will focus on what we can learn from the students that are not persistent at their 4 year college and university. What happened and what do they wish we knew? (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Julie Crowe-McCarthy, NCC, College of Lake County, Grayslake, IL

**65. Strategy Bags: Teaching personalized tools for self-regulation! (K-5) Meeting Room K**

School can be an overwhelming place! For many students, one negative experience during the day can snowball and make it difficult to return to baseline. A great way to empower students to help themselves is by using "strategy bags". We will discuss the process of filling strategy bags with self-regulation tools (fidgets, power cards, worry stones, social stories, journals, etc) that are chosen 1:1, in weekly counseling sessions, to best fit their specific needs. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Ali Armstrong, M.S., Sun Prairie Area School District-Horizon Elementary, Sun Prairie, WI, WI; Susannah First, M.S., UW-Whitewater Counselor Education Program-Intern at Horizon Elementary in Sun Prairie, Sun Prairie, WI

**66. Start Ahead with UW Colleges Online (9-12) Meeting Room L**

Taking college courses while in high school is a great way for students to get ahead. Whether you have 1, 10 or 30 students interested in starting college coursework while in high school, UW Colleges Online is a great option to consider for the convenience and flexibility with a quality UW education. For the 2018-19 academic year, UW Colleges Online is one of only two options for students to take online courses through ECCP. In this session, we will discuss the admission and enrollment process, as well as the support services available to students in online courses, including academic advising. We'll provide information about how you can work with an academic advisor to assist students and parents in choosing courses that align with the students' future academic goals and their Academic and Career Planning process. Finally, we'll talk about how high school students can be successful in online college courses. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Katie Seibel, MSE, GCDF, UW Colleges Online, Madison, WI

**67. Empowering Outliers to Self-Advocate (K-12) Meeting Room M**

Not all gifted learners are successful students. Some are outliers who find that traditional academics don't work for them. They may be at-risk, twice-exceptional, underground, or "creatively divergent!" Discover the information, insights, and tools that allow these students to self-advocate, adapting the system to meet their unique educational needs. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Deb Douglas, MS, GT Carpe Diem, LLC, Fitchburg, WI

**68. Preparing for Careers of the Future: School Counselors Lead the Way! (9-12) \*INTENSIVE\* Meeting Room N**

Did you know tech jobs in Wisconsin are growing but not enough students are prepared to fill them? And, did you know new computer science classes are being added in Wisconsin's schools, classes that are suited to all students' interests and aptitudes? Both of these realities have implications for

counselor practice. Join Counselors for Computing for up-to-date information on computing education and careers, and leave equipped with messages and resources (including posters and a virtual reality headset!) that you can use to advise about paths to stable, rewarding and flexible careers in computing. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Jane Krauss, Angela Cleveland - NCWIT Counselors for Computing; Michelle Schuler, Microsoft TechSpark; Mackenzie Grondahl, Microsoft TEALS regional manager; Joe Kmoch, Linnae Logan, Dennis Brylow, Tina Boyle - Marquette PUMPCS

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### SECTIONAL 7 – 9:45 – 10:45 a.m.

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**69. ABC - 123 Learn step by step how to incorporate major initiatives into your counseling program (4K-PS) Ballroom C**

Feeling overwhelmed with all the acronyms and educational jargon school counselors need to know in our world of work? How does ACP, SEL, Xello, PPG, SLO, PI34, ACT, FAFSA, NSCH, EE, ASCA, RAMP, TIS, YMHFA, CTE, MTSS, SBIRT or AWARE impact you day to day? How do you keep track of all these efforts and initiatives or even know which ones to include in your counseling program? Join us to learn how to put together this alphabet soup using the ASCA model. The model is a framework to organize and prioritize your counseling efforts. Using the model as an advocacy tool with your administration will also be covered. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, MA, Madison Metropolitan School District, Madison, WI; Stacy Eslick, MSE, MSSW, Wisconsin School Counselor Association, Oregon, WI

**70. What Neurobiology can Tell us About Student Behaviors and how we can Support Student Regulation (4K-5) Ballroom D**

Experience and research have shown us the link is strong between regulation needs, and a child's ability to learn. In a classroom of 25 students, it is likely 5 will meet the criteria for a diagnosable condition that could be better managed within the classroom using strategic and targeted regulation strategies. As a child develops, stressful events change the child's capacity to manage expectations and stress within the classroom and within their personal relationships. Understanding the student's state dependent functioning provides insight for how to help students manage their regulatory needs and current capacity. By providing deliberate and proactive strategies children can increase their capacities and achieve both academic and social growth. (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Kristine Bune, MS, LPC, NCC, SaintA, Milwaukee, WI; Julie Scott, MS, LPC-IT, NCC, SaintA, Milwaukee, WI

**71. Creating Student Leadership Programs for Effective Change (4K-12) Hall of Ideas E**

Leadership is an important component of what make a successful school counselor, principal, CEO or politician. Students need these important skills to prepare them for life. Discover ideas for a variety of leadership programs that can be easily implemented in your comprehensive program. Address why it is important to promote student leadership and how it benefits the school as well as individual students. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Stacey Miller, EdS, NCC, LPC, Sun Prairie School District, Sun Prairie, WI

**72. Apprehension and Anxiety in Communication (4K-PS) Hall of Ideas F**

At some point, anxiety affects 1/3 of children and adolescents, yet the majority never get help. All individuals experience communication apprehension at some point in their lives. For many individuals the fear or anxiety associated with communication greatly impacts their educational experience and social relationships. Learn from a School Counselor with extensive experience working with anxious students, and specifically young people with Selective Mutism and a Speech and Language Pathologist, with expertise in fluency disorders, as well as, lived experience, the role anxiety often plays in communication. Learn what patterns of adult behavior reinforce communication difficulties and anxiety. Walk away with strategies that can be used to reduce student anxiety and increase student communication and how School Counselors and other educators can serve as advocates for students with anxiety and communication apprehension. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Laura Multer, M.S.Ed., Kohler School District, Kohler, WI; Michael J. Retzinger, M.S., CCC-SLP, BCS-FD, Kohler School District and The Freedom to Speak, Kohler, WI

**73. Advocacy at the School, Local and State Level (4K-PS) Hall of Ideas G**

Interested in advocating for the school counseling role in your building, community and across the state/nation? Come learn from fellow school counselors ideas for advocating for your role. You will have the chance to collaborate and brainstorm with other counselors how/what you face in your school counseling role and the opportunity to reach out to state legislators. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Kelly O'Connell, MSE, NCC, Delavan-Darien High School, Delavan, WI; James McMullen, PH.D., LPCA, NCC, UW-Stout, Menomonie, WI; Rachel Pufall, MS, Washburn School District, Washburn, WI

**74. Suicide Prevention, Intervention, and Postvention (6-12) Hall of Ideas H**

This presentation will provide participants with an overview of best practices for suicide prevention, intervention, and postvention in the school setting, while integrating real-world examples from Wisconsin's largest and most diverse school district, the Milwaukee Public Schools (MPS). Presenters include lead staff members dedicated to suicide prevention efforts in the district, including school psychologists, school social workers, and school counselors with a wealth of experience working with students from a variety of backgrounds and across all grade levels. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Jill Boeck, MS, NBCT; Brenda Mikell, MS, NBPTS; Melannie Litscher, Ed.S.; Jean Gatz, MS Ed; Alecia Corbett, MSW, APSW; Jessica Coyle, MS; Milwaukee Public Schools, Milwaukee, WI

**75. Using Your National Clearinghouse Data (9-12) Hall of Ideas I**

National Clearinghouse data is likely one of the most powerful data sets available that gives you a glimpse at what your students ACTUALLY choose to do after leaving high school. If you aren't familiar with the National Clearinghouse data, come and learn about this potentially transformative data set. If you already use Clearinghouse data, come and see some unique reports that can help further inform your ACP process. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Steve Schneider, NBCT, Sheboygan South High School, Sheboygan, WI

**76. Becoming a National Board Certified School Counselor (4K-12)**

**Hall of Ideas J**

Learn how to pursue the esteemed National Board for Professional Teaching Certification for School Counseling - Early Childhood through Young Adulthood. We will share the certification process, how it connects to quality teaching and learning and what local supports/funding are available for Wisconsin School Counselors. Discover the many personal and professional benefits to earning this certification, including how the process aligns to the ASCA model implementation and the School Counselor evaluation process. Additionally, learn how this great opportunity can enhance your professional growth to improve your counseling impact in the areas of leadership, advocacy, equity and access. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Alissa Darin, MA, NBCT, LPC-IT, Kettle Moraine School District, Wales, WI; Andrea Donegan, MS, NBCT, Burlington Area School District, Burlington, WI

**77. Hot Topics in the UW System Admission Offices (9-12)**

**Meeting Room K**

This session will be a valuable opportunity to learn more about the UW System campuses and promote your students' success. Representatives from the UW campuses will discuss updates from their campuses including new programs and opportunities for students. {Time will be allotted for questions and answers.} (Ability Level: Intermediate; Track: Academic)

Presenter(s): UW System Admission Directors Panel; Joshua Rybaski, UW HELP, Madison, WI; Nichole Knutson, UW HELP, Madison, WI

**78. UW Independent Learning: ECCP & the student experience in self-paced online courses (9-12)**

**Meeting Room L**

Are you looking for flexible, online courses to help your students get an early start on college? Do you want to learn more about course options available through the Early College Credit Program (ECCP)? Join this session to hear about online courses offered through the University of Wisconsin's Independent Learning program and how to access them through ECCP. Learn how our self-paced, online courses work and how they differ from other online courses. Participate in a demonstration of the student experience from start to finish. Engage in a discussion around the common skills and traits of our students and the resources in place to help students succeed. Leave equipped to identify students who might be a good fit for UW Independent Learning's self-paced, online courses and the steps to take to get them registered in coursework. (Ability Level: Basic; Track: Academic)

Presenter(s): Liz Bush, M.S., M.A., University of Wisconsin Independent Learning; Jessica Ramirez Torres, Senior Student Success Coach, UW Extended Campus; Madison, WI

**79. Integrating online learning (9-12)**

**Meeting Room M**

Online learning is rapidly becoming more mainstream. Today's technology native high school students are spending an increasing amount of time on devices across all platforms, and the trend is certainly not going to head in reverse anytime soon. It is imperative that we, as educators, remain ahead of the curve and are ready to accept and implement this new wave of learning head on. Educational technology integration is the next frontier. Are you prepared? (Ability Level: Basic; Track: Academic)

Presenter(s): Kyle Henriksen, NYS Certified Teacher, Method Test Prep, Plainview, NY