

# SCHEDULE OF SECTIONAL MEETINGS

Wednesday, February 19, 2020

WSCA Graduate Course - 7:00 a.m. – Meeting Room J

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## SECTIONAL 1 – 7:15 – 8:15 a.m.

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- 1. Title IX: Legal Muscle for School Counselors (K-12, PS) Ballroom C**

Title IX of the Educational Amendments of 1972 is the equal access to education law. It covers so much more than equity in sports. Title IX covers so much more than equity in sports. The U.S. Department of Education Office for Civil Rights (USDOE OCR) governs Title IX and gives school counselors legal muscle to advocate for students in these areas: sexual discrimination; bullying based on race, color, sex, national origin; dating violence; and pregnant students. Court rulings have further clarified the legal definition of Title IX and how this legislation aids school counselors in advocating for equal access for all students. The USDOE OCR issue “Dear Colleague” letters explaining how educators can adhere to Title IX and advocate for their students. The OCR has also written publications specific for school counselors. The Supreme Court in Davis v. Monroe County Board of Education and numerous other court cases involving Title IX will be discussed as to the implications for school counselor practice. Participants will learn how to recognize Title IX violations and how to politically astutely advocate with legal muscle for a remedy. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Dr. Carolyn Stone  
Professor of Counselor Educators at the University of North Florida
- 2. Technology: The Good, The Bad, and The Scary (K-12) Ballroom D**

In an age where technology is always present, how do we best support our students and families? This presentation will share some recent research on the impact of screen time, social media use, and gaming. Participants will walk away with some ready-to-use knowledge to share with students, staff, and parents on the risks, benefits, and strategies for coping with a technology driven world. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Jordan Reichardt, Counseling Graduate Student finishing Internship May 2020;  
Amanda DeSua, School Counselor, School District of Waukesha, WI
- 3. Opportunity Youth - How to best serve our students (9-12) Hall of Ideas E**

School counselors working with opportunity youth will learn about school counseling programming in place at Capital High, a public high school program in Madison. In addition, they will participate in an open forum to share resources and innovative programming ideas to help each other best serve our students. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Marianne Matt, M.Ed., School Counselor, Capital High, Madison Metropolitan School District, Madison, WI
- 4. Advocating for Muslim Students in the U.S. Public Schools (K-12) Hall of Ideas F**

Muslim students in public schools often face discrimination and bullying by their peers and teachers,

and might perceive the school environment hostile. School counselors play a vital role in understanding, empowering, and advocating for the Muslim student population. As counselors are ethically expected to be culturally competent by acquiring knowledge and gaining skills and awareness regarding cultural elements, the objective of this session is to provide an overview regarding the Muslim population in the U.S., key tenets of Islam, and experiences of Muslim students in public schools as well as offer practical recommendations for school counseling practice on how to advocate for Muslim students in the U.S. schools. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Hulya Ermis, Ph.D., NCC, Assistant Professor, University of Wisconsin-Stout, Menomonie, WI

**5. Zones in Action! (K-8) Hall of Ideas G**

The Zones of Regulation is an amazing resource, but how do you use it in a fun and engaging way? Discover three incredible ways to bring Zones alive in your class lessons or your students groups! Also, hear from a counselor whose school is now using Zones building-wide. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Marie Kueny, MS, School Counselor & Educator Coach, Compassionate Educators, Kenosha; Beth Pelc, School Counselor, Jefferson Elementary School, Kenosha Unified School District, WI

**6. Building Compassion Resilience Overview (K-12, PS) Hall of Ideas H**

Do you wish your school had a healthier staff culture? Is staff turn-over and staff gossip higher than you would like? In this session, participants will explore the content of the Compassion Resilience Toolkit, a free resource available to build and maintain a positive and compassionate school staff culture that minimizes burnout and leads to increased quality of care and joy in work. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Sarah Reed, Ph.D., Program and Evaluation Manager, Rogers Behavior Health, Brown Deer, WI

**7. Kindness in the Classroom (4K, K) Hall of Ideas I**

Come to this session to learn about Kindness in the Classroom. We will explore the cost-free Kindness Curriculum designed to help PreK and Kindergarten students attend to their emotions, self-regulate, and care for themselves and others. Developed and researched by the Center for Healthy Minds at the University of Wisconsin-Madison, the Kindness Curriculum has shown to have a positive impact on academic performance, peer relationships, and teacher-perceived social competence. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Kristin Leglar, MS, Senior Education Specialist, PBS Wisconsin, Madison; Lori Gustafson, Mindfulness and Positive Behavior Support Coach

**8. ASCA Model 101 (K-12) Hall of Ideas J**

Join us for an overview of the ASCA model! Having a comprehensive school counseling program is in our school counselor Ethical Standards as well as Professional Standards. The model can seem overwhelming whether you are new to the field or just needing a refresh on what has changed from the Wisconsin Comprehensive School Counseling Program level training to today. Learn the core components of the model and resources on how to get started with implementation. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor

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**Opening Session 8:30 a.m.**  
**Keynote Speaker – Dr. Ross Greene**  
**Level 1 – Hall B**

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**SECTIONAL 2 - 10:30 - 11:30 a.m.**  
**SECTIONAL 2i (\*INTENSIVE\*) – 10:30 a.m. – 12:00 p.m.**

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**9. Legal Literacy and Ethical Practice in the Complex World of School Counseling (K-12, PS) \*INTENSIVE\*** **Ballroom C**

School counselors must negotiate the competing interests of the overregulated school environment, student's need for confidentiality and the legal rights of parents to be the guiding voice in their children lives. Updates on these competing interests will be discussed through 10 primary court rulings and the new 2016 ASCA Ethical Standards for School Counselors. Legal rulings and ethical practice will be highlighted in areas such as sexually active students, bullying, academic advising, child abuse, educational records, sexual harassment, first amendment rights, and transgender youth. Particular attention will be given to the developing laws regarding off-campus cyber speech and other uses of social media that are difficult to address without offending the first amendment. Through case study and the application of federal, state, and judge made laws, participants will actively dialogue in a lively forum. The goal is to facilitate participants' legal literacy and provide guiding principles to support best ethical practice. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Dr. Carolyn Stone  
Professor of Counselor Educators at the University of North Florida

**10. Counseling African American Students in Predominantly White Schools; Intent, Impact and Action (K-12, PS)** **Ballroom D**

African American students within predominantly white schools face a variety of hurdles inside and outside of the school setting--socially and emotionally. These challenges call for professional school counselors to be equipped with tools to support African American student success socially, emotionally and academically. The intent of what is said to students versus then negative impact it has on students will be examined. Action steps school counselors can take to support African American students will be shared. Participants will visit; lived experiences, owning implicit bias, interrupting racism, navigating difficult discussions, professional learning opportunities and the counselor's role in empowering all students, staff and the school community to contribute to African American student success! (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Mia Tatum-Crider, MS, School Counselor, Glendale River Hills School District, Glendale, WI

**11. Panel Discussion: How to Support Children and Families with Mental Health Needs (K-12, PS) \*INTENSIVE\*** **Hall of Ideas E**

The Collective Impact parent and young adult Partners, or CIPs, bring decades of lived experience to their participation and leadership within the Wisconsin Office of Children's Mental Health. With their insights and guidance, state agencies and other collaborating partners are better able to recognize

gaps in services, unhelpful programs, and cumbersome policies and practices. In this session, parent and young adult leaders will provide clear insight on what families and students with mental health concerns need from school staff. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Andrea Turtenwald, M.A., Family Relations Coordinator, Wisconsin Office of Children's Mental Health, Madison, WI

**12. Undecided to Unstoppable: How to Find the Best Colleges for Undecided Students to Thrive (9-12) Hall of Ideas F**

The national aggregate data tells us that students who are undecided about their majors drop out of college at a much higher rate than students with majors, but when the data is disaggregated by school, it is clear that some colleges do very well at retaining their undecided students. This presentation shows what types of data, curriculum, and programming to look for in colleges to ensure the best possible setting for undecided students to identify a major and complete their degrees. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Wendy Weaver, Ph.D., Dean, Mount Mary University, Milwaukee, WI

**13. Using Inclusive Language to Support More (Sometimes Invisible) Underrepresented Students (6-12) \*INTENSIVE\* Hall of Ideas G**

Do you work with many students yet do not know their entire story? Do you want to support your students of color, first generation, working class, foster youth, English language learners, (and more!) in their educational journey while applying to and attending college? Want to learn more about resources, supports, and scholarships available for students from historically underrepresented backgrounds? At our session, we will identify many groups that our (sometimes invisible) students belong to, and provide tips on inclusive language you can use to encourage these students to share their stories with you, think about college, and/or ask about fee waivers for college. If you want to learn more about supporting these students, please join us. We also welcome counselors/teachers/advisors/mentors who have had success working with underrepresented students to join us and share your tips as well! Time will be given for small group conversation, and resources shared during our session will be recorded and shared out. Attendees will leave with tips for using inclusive language and supports/resources for students as they apply to and attend college. Let's help identify talented and diverse students from Wisconsin and enroll them in pre-college summer programs and eventually college! (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Jane Duffstein, MA, Wisconsin Initiatives Manager, UW-Madison; Renee Koerner, Assistant Director of Diversity Recruitment, UW-Madison

**14. Social Academic Instructional Groups (SAIG) - Tier 2 Intervention (K-12) Hall of Ideas H**

Session will cover Social Academic Instructional Groups (SAIG) as a Tier 2 intervention within a school's Multi-Tiered System of Support/PBIS framework. A work group of school psychologists, school counselors, and school social workers at Milwaukee Public Schools created various protocols and curriculum for schools to implement SAIG within their school. Session will review protocols, data, and conversations to have regarding providing SAIG as an intervention, as well as review resources available on the MPS website. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Jon Jagemann, Masters in Leadership, District Discipline Manager/ PBIS Supervisor, Milwaukee Public Schools, WI

**15. Key components of an effective AODA school program (6-12) Hall of Ideas I**  
**\*INTENSIVE\***

This session will provide participants with an overview of the essential components of an effective AODA school program. Participants will be provided with resources that can assist them in developing a program that can address the substance abuse prevention needs of the students in their district. The goal of this presentation is to provide participants with the information necessary to develop a program that can address the unique needs of the students they encounter in their own school district who are experiencing substance abuse challenges. (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Scott Bakkum, MS-School Counseling, School Counselor, Oconomowoc High School, WI

**16. Caring School Community: A Social Emotional Learning Program that Creates a Culture of Kindness and Respect in a Safe and Supportive Environment (K-8) Hall of Ideas J**

Caring School Community (CSC) is an evidence-based social emotional learning program that promotes positive behavior through the direct teaching of responsibility, empathy, and cooperation creating a setting where students feel heard, known, and cared for. CSC builds the whole school community while developing students' SEL skills and competencies. In this sectional you will learn about Caring School Community and hear about how CSC was implemented at an elementary school in Wisconsin. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Tiffany Schuette, MS, Elementary School Counselor; Leslye Erickson, Collaborative Classroom Consultant; New Holstein, WI

**17. Answering Wh"Y" (K-12, PS) Meeting Room K**

What can we do to motivate young people today? Why do they act the way they do? Why do we need to change the educational and workforce paradigm? Get the answers to these questions and more in this workshop as we explore how to reach students today. Learn what a focus driven education looks like and Wh"Y" it is so important to both students and their parents. Learn about the Rule of 1-2-7. Find out how to access and use the College Scorecard in this interactive workshop geared to helping you to work more closely with your students and their parents to enhance success. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Jerry Ellner, NA, National Director High School Development, Universal Technical Institute, Scottsdale, AZ

**18. Learning Partnerships in School Counseling (6-12) Meeting Room L**

As School Counselors, we develop and implement school counseling programs promoting equity and access for all students. Through her work Culturally Responsive Teaching and the Brain, Zaretta Hammond calls us to create Learning Partnerships that will breed "an unshakable belief that marginalized students not only can but will improve their school achievement." This session will introduce Learning Partnerships and how to use them with culturally and linguistically diverse students to build a culture of care that moves dependent learners towards independence and improves your practice, positively impacting all students. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Amy Olson, MA, Lead Counselor; Mindy Willard, School Counseling and Transitions Coordinator; Madison Metropolitan School District, WI

**19. Your ACT Roadmap: A 9-12 guide to ensuring test readiness (9-12) Meeting Room M**

Almost all schools understand the value of preparing students for the ACT at the start of Junior year. However, there is much to be gained by recognizing the patterns in which the necessary skills to succeed on the ACT are developed. By implementing a few key changes, or calling attention to certain

criteria every year leading up to the state-wide ACT schools have the ability to set their students up for success long before they are even thinking about the exam. In this sectional we will review how emphasizing specific grade level content each year with your students can have a dramatic impact on their ACT readiness. (Ability Level: Basic; Track: Academic)

Presenter(s): Kyle Henriksen, MSed, Account Executive, Method Test Prep

**20. WSCA Leadership Academy & Why you should JOIN! (K-12, PS)**

**Meeting Room N**

Learn from current Leadership Academy vanguards and some successful program graduates! You can't Google the answer to Leadership Academy, so don't miss your chance to discover your leadership potential! IT'S FREE!!! The Wisconsin School Counselor Association is proud to continue the WSCA Leadership Development Program. This year-long program will explore leadership from the school counselor position and provide participants the opportunity to deepen their understanding of individual leadership strengths and leadership philosophy. Program participants will be better equipped to lead their profession at the building, community, and state levels. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Erin Leavitt, School Counselor, Racine Unified School District, WI; Lisa Koenecke, MS, NCC, Adjunct Faculty, Lakeland University, Middleton, WI

**Career Café**

**Exhibit Hall, Grad Pad**

New this year! The WSCA Grad Student Directors have organized a Career Café. Stop in, visit with our resident experts, and get resources in the areas that you need. With five tracks available, there is something for everyone:

- Interview Tips
- Resume Tips
- Tips for First Year Counselors
- Job Search Resources
- ASCA Model in Practice

The Career Café is located in the Exhibit Hall in the Grad Pad area. The Career Café is offered Wednesday, February 19<sup>th</sup>, from 10:30 – 11:30 a.m. and again from 1:00 – 2:00 p.m. We hope you can join us!

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**WSCA Members' Focus Group: Lunch-Time Listening Session**

**12:00 – 12:45 p.m.**

**Ballroom C**

We want to hear from you! Help us continue to learn about the issues that school counselors are experiencing across the entire state. Bring your lunch and join the conversation with the WSCA Board to share your day-to-day experiences as a school counselor. The Board wants to make sure that ALL counselors are represented – so let your voice be heard!

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**SECTIONAL 3 - 1:00 - 2:00 p.m.**

**SECTIONAL 3i (\*INTENSIVE\*) – 12:50 – 2:20 p.m.**

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**21. Data-Driven Interventions: Using a Behavioral-Emotional Screener to Identify & Support Struggling Students (6-12) Ballroom C**

Are you looking for a data-driven way to identify and support your struggling students? This session will explore how you can use a screener to identify students who may be at risk for behavioral, emotional, social, or academic struggles. You will also learn about how to provide appropriate follow-up services, supports, and interventions to students who are identified as at-risk. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Libby Strunz, MS, School Counselor; Alicia Ziolkowski, School Counselor; Monroe Middle School, Monroe, WI

**22. Supporting Your School Through a Major Racial/Hate Event – A School Counselors Comprehensive Approach (K-12, PS) \*INTENSIVE\* Ballroom D**

Each year schools throughout the country are faced with navigating major racial/bias incidents in their school. The incidents disrupt the entire school environment. As a team of counselors who has navigated and supported multiple districts through such incidents we will share strategies that work. You will not want to miss this session! (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Derek Francis, Manager of Counseling Services; James Bierma, Executive Director of College and Career Readiness; Jeremiah Harris, Manager of Gear Up; Minneapolis Public Schools, MN

**23. Suicide Prevention: Working with Collaborative Safety Plans (K-12) Hall of Ideas E**

About half of adolescents report having had suicidal ideations at some point, and as school counselors, we have to be prepared to use best practices in working with suicidal students. This will not be a passive session! Get ready to interact, roleplay, and write. We will go over updated research, walk through creating collaborative safety plans with students, strategically use safety plans to guide further meetings, and discuss working with parents through this process. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Michaela Sacra, Ph.D, NCC, LSC, Assistant Professor of School Counseling, University of Wisconsin - River Falls, WI; Jordanna Schluttner, Student Support Assistant; Brittany Schmidt, Assistant Teacher; UW-River Falls, WI

**24. Therapeutic Use of Games in Counseling with Elementary Students (K-5) Hall of Ideas F**

The integration of games into counseling provides an innovative therapeutic tool that may potentially enhance the therapeutic process. This presentation will explore the therapeutic power and purpose of using games in school counseling from various theoretical frameworks to help children and adolescents through their process of healing and growth. The session will also include types and clinical benefits of games, therapeutic components of games, and areas that impact the use of this creative tool. Finally, we will discuss ways for school counselors to modify existing games and create their own to incorporate within the therapeutic procedure for individual and group counseling sessions. Join me in this session to add more games to your school counseling toolbox to use in your therapeutic work. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Hulya Ermis, Ph.D., NCC, Assistant Professor, University of Wisconsin-Stout, Menomonie, WI

**25. Increasing Community and Business Engagement within the ACP Process (6-12) \*INTENSIVE\* Hall of Ideas G**

Come learn about the strategies and positive outcomes of community and business involvement in your students ACP process. Through the establishment of business advisory teams, Launch Hour events and our new Career Launch Studio at East high school, we have proactively engaged our community in our students dynamic ACP process. Our community is partnering to strengthen opportunities for students to connect with local businesses, to raise awareness and to prepare them for their future careers. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Eric Mueller, MS, MAE, LPC, School Counselor, School Counseling Program Leader, & Academic & Career Planning Coordinator, Appleton Area School District, Appleton, WI

**26. ASCA National Model – 4th Edition (K-12, PS) \*INTENSIVE\* Hall of Ideas H**

In this workshop, you'll learn the ins and outs of the 4th Edition of the ASCA National Model and the framework of a school counseling program: define, manage, deliver, and assess. Discover how to align your school counseling program with the mission of the school and district and effectively demonstrate change in student outcomes. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Mark Kuranz, MS in School Counseling, Adjunct Professor Marquette University, ASCA Model/RAMP Trainer, Marquette University, WI

**27. Opposition or Avoidance? Choosing Effective Interventions to Support Students (K-12) Hall of Ideas I**

Oppositional and avoidant behaviors are often misdiagnosed and misunderstood. The effectiveness of interventions depends on understanding the function of the behavior. Oppositional and avoidant behaviors have similar presentations however have variance in behavioral function. These misattributions can limit the effectiveness of interventions. During this presentation, we will discuss behavioral function and differentiate between oppositional and avoidant behaviors. Additionally, discussions will include presentation, diagnostic implications, and effective interventions. (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Angela Stebbins, PsyD, Campus Clinical Director; Melissa Nelson, Campus Clinical Director; Rogers Behavioral Health, West Allis, WI

**28. Courageous Conversations about Race and Culture (K-12, PS) Hall of Ideas J**

How to create a recurring discussion on race and culture which helps school personnel learn about what makes culture, how cultural differences can cause conflicts as well as helping individuals reflect on their own biases and privilege without blame or shame. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Sarah Hestres, MSE, School Counselor, Appleton Area School District, WI

**29. The Butterfly Effect - How Kindness can change the world (K-12) Meeting Room K**

Based on Chris Rosati's theory of the Butterfly Effect and how to make the world a better place, Berlin High School has created a highly successful KIND committee whose mission is to create a more positive environment. This sectional will inspire attendees to create a KIND committee in their own schools. We will offer information on funding, implementation and the the necessary tools you will need to flap your wings! (Ability Level: Basic; Track: Social/Emotional)



Presenter(s): Ann Ragus, MSE, School Counselor; Amy Wenig, English Teacher; Berlin Area School District, WI

**30. Educating Schools on the Signs, Symptoms, and Seriousness of Eating Disorders (6-12)  
Meeting Room L**

What can educators do to help identify students suffering from eating disorders, and encourage them to get the treatment they need? This presentation will provide valuable information on eating disorders themselves as well as related issues like social anxiety, perfectionism, poor body image, food shaming, and undernutrition in athletes. It will also explore ways to work toward more positive school cultures surrounding food and body size/shape by rejecting the diet mentality. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Vincent Suha, MS, RDN, CDN, Registered Dietitian, Rogers Behavioral Health, Madison, WI

**31. WISEdata/WISEdash for District 101 for School Counselors (6-12) Meeting Room M  
*\*INTENSIVE\****

This sectional will assist School Counselors with the validation rules within WISEdata Portal and how to view data in WISEdash for District. WISEdata Portal and WISEdash for District access is required prior to attending the sectional. The WISE reporting system is WI new way of compiling data for accountability, funding, college career readiness, and overall school data. Questions are welcome on how fix data issues in WISEdata Portal. School Counselors with WISEdata Portal/WISEdash for District access can also learn how to utilize data for the School Counseling programs. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Jessie Sloan, MS School Counseling and Community Counseling, Instructional Service Director, CESA 4, West Salem, WI

**32. Why high school can be the land of opportunity for students with the right planning (9-12) Meeting Room N**

As we think about the different options available to high school students now, we all know it extends beyond AP, IB, or dual enrollment coursework. In this session we will share how we work with students, as they complete middle school and start high school so that they are aware of the array of opportunities available to them as high school students. We will share how our student (and parent) planning for these experiences happens two to three years in advance to ensure both the preparation (required coursework, pre-requisites, schedule, etc.) and vision are there so that students can take advantage of post-secondary experiences while part of our school district. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Kelli Kwiatkowski, MS, Director of Teaching and Learning, School District of New Berlin; Michael Fesenmaier, New Berlin West Principal; Jesse Annoye, New Berlin Eisenhower Counselor; Matthew Hunt, New Berlin West Counselor/ College and Career Specialist; New Berlin, WI

**Career Café**

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**SECTIONAL 4 - 2:30 – 3:30 p.m.**

**SECTIONAL 4i (\*INTENSIVE\*) – 2:30 – 3:50 p.m.**

**33. Supporting students for whom Tier 1 strategies are not enough (K-12) Ballroom C  
\*INTENSIVE\***

In every school, a percentage of students will lose their way, cause disruptions for others, and/or take up most of our time and energy. We need a variety of additional supports at our fingertips to address the needs of these students. This session contains 38 Tier 2 interventions and offers a systematic way of exploring and implementing them. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Chris Hagedorn, M. Ed, President, The Culture Piece Inc, Minneapolis, MN

**34. Collaborative and Proactive Solutions in Real School Life (ELC-12, PS) Ballroom D**

As you listened to Ross Greene present in a preconference offering or during our Conference Opening what were you thinking? Were you excited and empowered to bring this back to your school? Were you unsure about how the ideas would be received by your colleagues and administration? Maybe it sparked some curiosity, and now you want real world examples from educators that are using this method every day. Attend this sectional to collaborate on how to begin or continue to put the CPS model to work in your school. Leave with action steps to take when you return to your district. NOTE: The Washburn Early Learning Center is using the ideas of CPS and participated in our “Lost at School” Book study. (Ability Level: Basic; Track: Academic, Social/Emotional)

Presenter(s): Rachel Pufall, School Counselor, Washburn Middle and High School, WI; Bobbie Johnson, School Counselor, Valley View Elementary School, School District of Menomonee Falls, WI

**35. Wake Up Call Professional Development: Identifying concealed Vaping, Marijuana and other Substances in the School Setting (6-12) Hall of Ideas E**

Is your school struggling to stay ahead of the vaping epidemic? Are you familiar with carts? dabs? box mods? Some students will go to great lengths to cover up substance use and to conceal illegal substances they slip into school. This hands-on presentation provides education and awareness on commonly abused substances, such as vaping and marijuana, in the school setting and demonstrates ways seemingly innocent items are used to conceal substance use. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Ashleigh Nowakowski, MPA, Executive Director; Kathryn Morrow, Prevention Specialist; Your Choice to Live, Oconomowoc, WI

**36. Equity- Prioritizing Personhood (K-12, PS) \*INTENSIVE\* Hall of Ideas F**

We challenge you to become grounded in the work for social justice, to be an antiracist, and to get on your journey as a HUMAN, so that in your position of power you can lead toward change. This is a call to action. What does it take to really love every single student? What does it take to create a community where every student can find success? Do you have what it takes to be a warrior for change? Please see the WSCA link November 2019 article "Equity- Prioritizing Personhood", which is connected to the contents of this workshop. Bring your questions and desire to make change. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Shawn Harris, MS, LPC-IT, Professional School Counselor; Carri Hale, Professional School Counselor; Verona Area High School, WI

**37. Using Dosing Strategies From the Neurosequential Model to Support a Regulated Classroom (K-8) Hall of Ideas G**

Experience and research have shown us the link is strong between regulation needs, and a child's ability to learn. In a classroom of 25 students, it is likely 5 will meet the criteria for a diagnosable condition that could be better managed within the classroom using strategic and targeted regulation strategies. Understanding the student's state dependent functioning and how to use dosing strategies to support regulation provides insight for how to help students identify their needs for regulation and increase engagement in learning and relationships. By providing deliberate and proactive strategies children can increase their capacities and achieve both academic and social growth. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Julie Scott, MS, LPC-IT, NCC Clinical Consultant, NM Specialist; Kristine Bune, MS, LPC, NCC Clinical Supervisor; SaintA, Milwaukee, WI

**38. Sustainable Self Care for the Zen-ish (K-12, PS) \*INTENSIVE\* Hall of Ideas H**

During the last 6 months have you used words like busy, overwhelmed, exhausted, or anxious to describe how you are feeling on a daily basis? Are your co-workers doing the same? If so, let's spend some time together examining why that is and how you can gain more control over your school days. This sectional is for the zen-ish: folks who are open to finding more calm in their lives, but are struggling with knowing how to consistently make it a habit. You will leave this sectional with a new perspective, practical tips on how to implement new habits, and learn how to encourage your co-workers to do the same. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Leah Grant, MS, School Counselor, Pulaski High School, WI

**39. High-Touch College and Career Model for Advising First-Generation and/or Low-Income Students (9-12) Hall of Ideas I**

This session will take a dive into data and best practices for developing systemic structures to assist all students in applying to post-secondary opportunities. The emphasis will be on providing equitable practices to reach and advocate for underserved student populations. Counselors will explore proactive advising model(s) and how the framework can be embedded into existing school counseling programs and ACP activities. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Karolyn Taylor, MS, LPC-in Training, Scholarship Coordinator; Angilique Jones-Cornelius, School Counselor; Milwaukee Public Schools, WI

**40. K12 Counseling: There's a form for that! (K-12) Hall of Ideas J**

If this job were a Girl Scout sash, it would be 20 pounds heavy with badges. You hold more titles than a library ("homeless liaison," "DAC," "scholarship committee chair," "NHS Advisor"...). High school ACP

to elementary classroom lessons, with the occasional 140 lb at-large dog tossed in your office; you handle it all. Learn how to creatively manage a department of one. Participants will receive sample forms designed to allot adequate time to all duties. (Ability Level: Basic; Track: Academic)

Presenter(s): Lindsey Stratton, MS, 4K-12 School Counselor, Cassville School District, WI

**41. Opening Doors to Diversity (K-5) Meeting Room K**

Our world continues to become more diverse, we need to help our students embrace the differences in ALL people and to appreciate diversity. Come join me in this session as you learn a variety of lessons and ways to help your students understand diversity and challenge status quo. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Stacey Miller, EdS, NCC, LPC, School Counselor, Sun Prairie School District, WI

**42. I can do THAT at a Technical College?! (9-12) Meeting Room L**

Degrees from a technical college are ATTAINABLE, TRANSFERABLE, AFFORDABLE, and lead students to be EMPLOYABLE. These are more than just buzzwords; they are facts about earning a technical college education. Learn about the variety of opportunities students have when pursuing their education through one of Wisconsin's 16 Technical Colleges by getting your hands on some of today's cutting-edge technology and equipment used in the classroom. See you there! (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Joseph Haferman, M.S., Admissions Representative, Nicolet College; Megan Evans, Wisconsin Indianhead Technical College; Kevin Vosters, Fox Valley Technical College; Devon Timblin, Blackhawk Technical College; Samantha Ingo, Gateway Technical College

**43. Hot Topics in the UW System Admissions Offices (9-12) Meeting Room M**  
**\*INTENSIVE\***

This session will be a valuable opportunity to learn more about the UW System campuses and promote your students' success. Representatives from the UW campuses will discuss updates from their campuses including new programs and opportunities for students. {Time will be allotted for questions and answers.} (Ability Level: Intermediate; Track: Academic)

Presenter(s): UW Help and UW System Admission Directors Panel

**44. State of the State (K-12, PS) Meeting Room N**

Join the WSCA Executive Director and Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling. Learn more about the implementation of the ASCA model in Wisconsin, school counselors as leaders, DPI suicide prevention programs, Social Emotional Learning, ACP and school safety initiatives. We will also cover any new initiatives at ASCA or nationally, such as ASCA model updates, national Social Emotional Learning standards and other education issues as they may pertain to school counselors. Come and see what Stacy and Gregg have to share. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association; Gregg Curtis, School Counseling Consultant, Wisconsin Department of Public Instruction

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**Nutrition Break**  
**3:30 – 4:00**  
**Level 4 – Grand Terrace**

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**SECTIONAL 5 - 4:00 - 5:00 p.m.**

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- 45. Equitable Disciplinary Practices in Schools (K-8) Ballroom C**
- The reality of education is that often School Counselors are asked to assist with student discipline. This presentation offers ideas and systems that allow School Counselors to approach discipline in a way that is equitable, restorative, and aligned with School Counselor ethics. Methods to examine discipline data with an equity lens, and ways to address discipline disproportionalities school-wide, in the classroom, and on the individual level are also discussed. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Miriam Brown, M.Ed., School Counselor; Charlene Cardona Avelares, School Psychologist; Sugar Creek Elementary School, Verona Area School District, WI
- 46. Can ACP/Rtl/PBIS go together? (6-12) Ballroom D**
- With all of the initiatives schools are implementing, it is time that we start to see how ACP, Rtl and PBIS really go together. Join us to learn how these initiatives are not stand alone programs but can seamlessly go together in our efforts to have all of our student college, career and life ready. We will use Redefining Ready as our lens to see how a comprehensive ACP Program also incorporates Rtl and PBIS. PBIS at the HS level when students see the link to employability and readiness skills. Learn how all of these initiatives are about creating a CCR culture in your school. (Ability Level: Basic; Track: Academic)
- Presenter(s): Marci Waldron-Kuhn, EdD, Readiness Specialist, CESA 7, Green Bay; Sara Greenwood, School Counselor, School District of Mishicot, WI
- 47. 3 Signature SEL Practices: A Starting Point for Social Emotional Learning K-12 (K-12) Hall of Ideas E**
- Students need opportunities to participate and practice Social and Emotional Learning (SEL) competencies in order to become ready for college, career, and life. Franklin Public Schools is starting it's implementation of SEL using CASEL's 3 Signature SEL Practices (Welcoming Inclusion Activities, Engaging Pedagogy, and Optimistic Closures) to establish the foundation for SEL while building community within the classroom. Experience each of these practices as you learn about our journey. (Ability Level: Basic; Track: Social/Emotional)
- Presenter(s): Amy Oost, MEd, High School Counselor; Katharine Reid, School Counseling Program System Specialist; Franklin Public Schools, Franklin, WI
- 48. Increasing equity in Dual Enrollment (9-12) Hall of Ideas F**
- White students in the US are twice as likely to enroll in dual enrollment classes as their African American or Latino peers. The College in High School Alliance and LevelUP has provided recommendations for state policies that advance the goals of equity and quality for college in high school programs. Learn how Wisconsin has aligned to these recommendations and what local districts can do to increase equity in dual enrollment, including special education students. (Ability Level:

Intermediate; Track: Career/Postsecondary)

Presenter(s): Karin Smith, MS, Academic and Career Planning and Dual Enrollment Consultant, Division for Academic Excellence, Wisconsin Department of Public Instruction; Charles Clark, Director of High School Relations, Office of Academic & Student Affairs, University of Wisconsin System; Ann Westrich, Education Director, Office of Student Success, Wisconsin Technical College System; Rebecca Larsen, Senior Vice President for Advocacy, Wisconsin Association of Independent Colleges and Universities.

**49. LGBTQ 101 (K-12, PS) Hall of Ideas G**

Supportive educators can make a big difference in how LGBTQ students experience their school's climate. This sectional will help you develop the knowledge and skills needed to create and sustain safe, inclusive, respectful and healthy environments for all your students. We will provide concrete strategies that will help you support LGBTQ students, educate about anti-LGBTQ bias, and advocate for changes in your school. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Lisa Koenecke, MS, NCC, Adjunct Faculty, Lakeland University, WI

**50. Reviewer Confessionals: What RAMP and WSCPAR Reviewers Want you to Know (K-12) Hall of Ideas H**

You've done the work and now you are ready to apply..or at least ready to learn more!! Stop by this session to learn first-hand from local RAMP and WSCPAR reviewers about how to take your counseling program to the next level! You will walk away with ideas about best practices in applications, as well as how to avoid common mistakes. Don't forget to bring your RAMP or WSCPAR artifacts for personalized feedback. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, MA, School Counseling and Transitions Coordinator, Madison Metropolitan School District, WI; Stacey Miller, EdS, NCC, LPC, School Counselor, Sun Prairie School District, WI

**51. Trauma and Teens (9-12) Hall of Ideas I**

Trauma has life altering implications and while the word trauma is often referenced in education, it is not often fully understood. Jeff will draw on the works of Bessel Van Der Kolk and others as we walk through the physiological implications of trauma on the brain, body and nervous system. Jeff will then present on trauma and its effect on worldview. Finally, we will look at help and healing for traumatized teens as well as the roles schools can play as we work for positive outcomes. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Jeff Vande Hey, MS, High School Counselor, Brillion High School, WI

**52. Connecting Counselors: The School and Admission Counselor Dream Team (9-12) Hall of Ideas J**

The relationships between high school counselors and admissions counselors are like that of Batman and Wonder Woman, but without the bloodshed. Hear how Batman [John McGreal] and Wonder Woman [Lauren Schultzi] have created a dynamic partnership over the years. Discover how critical the relationship between all superhero school counselors and admissions counselors is for our students. We team up during the high school visit and beyond. Learn new tips and tricks on taking your professional relationships to the next level to better serve your students and counseling program. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): John McGreal, MA, Admissions Counselor, University of Alabama; Lauren Schultz, School Counselor, Menasha High School, WI

**53. English Language Learners - technology and strategies for meeting the needs (9-12)**

**Meeting Room K**

Serving families that have never before encountered the United States school system calls for out-of-the-box thinking and advocacy. Empowering and connecting with parents can mean modifying presentations significantly, using Google Voice to text, making Facebook videos instead of email for information sharing, and hosting meetings in community centers and at unusual hours. Sky Chandler will share tools and takeaways from 7 years as a ELL school counselor serving primarily Spanish-, Hmong-, and Nepali-speaking families in San Francisco, CA and Madison, WI. Forms and processes for foreign credit evaluation for transcripts will be covered, and you'll have an opportunity to connect with other counselors and share your favorite tools. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Sky Chandler, MA, PPS, Bilingual School Counselor for English Language Learners, Madison West High School, Madison, WI

**54. School Counseling Speed Dating (K-5)**

**Meeting Room L**

Do you have questions about your school counseling role? Are you in search of program ideas? Would a thought partner be helpful with those tough to deal with issues? Join other K - 6 school counselors to make professional connections and get input, feedback, answers and ideas as you speed date with colleagues from across the state. You'll have a chance to give ideas and get ideas, so give some thought beforehand to the topics, issues, and programs for which you want input, feedback, and ideas.

\*If you have business cards, bring them to share with your new connections! (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Andrea Donegan, NBCT, Elementary School Counselor; Jean Freund, Elementary School Counselor; Burlington Area School District, WI

**55. Supporting student's emotional and mental health with free online programs from Children's Wisconsin (K-5)**

**Meeting Room M**

This session provides an overview of online resources from Children's Wisconsin to support students' emotional and mental health. The session will focus on Take 5, a series of mindfulness activities designed for K-12th grade and Healthy Minds, a planned continuum of mental and emotional e-learning courses designed for K-8 students. <https://www.healthykidslearnmore.com/Healthy-Kids-Learn-More/Course-Topics/Mental-Emotional-Health/Healthy-Minds-3rd-Grade> Healthy Minds 3rd Grade, the first in the continuum, is available for you to implement in the 2019-2020 school year. School counselors will share best practices with the programs and how they align with WSCC, SEL practices and state and national health education standards. An overview of Children's other e-learning programs for Bullying Prevention, Alcohol, Tobacco and Other Drug Prevention, Nutrition and Physical Activity and Safety and Injury Prevention will also be presented. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Clay Anton, M.Ed., e-Learning Representative; Jenny Nichols, e-Learning Representative; Children's Wisconsin

**56. Advocacy at the School, Local and State Level (K-12, PS)**

**Meeting Room N**

Interested in advocating for the school counseling role in your building, community and across the state? Come learn from fellow school counselors ideas for advocating for your role. You will have the chance to collaborate and brainstorm with other counselors about what you face in your school

counseling role and opportunities on how to advocate for your work with key stakeholders. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Rachel Pufall, MSE, 7-12 School Counselor, Washburn Middle and High School, WI;  
Kelly O'Connell, School Counselor, Watertown High School, WI

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**Thursday, February 20, 2020**

**Pre-Sectional Special Interest Groups (SIG) 7:30 – 8:15 a.m.**

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WSCA is creating Special Interest Groups (SIGs) to nurture the growing diversity in our association by providing "micro" communities within which members can network and add value to their WSCA membership experience. These smaller subsets of members are formed for the purpose of knowledge sharing and discussion among members with similar interests whether they are the specific subjects, issues or type of institution or students they serve.

**Adolescent Emotional Well Being SIG**

**Hall of Ideas E**

The Adolescent Emotional Well Being Special Interest Group will provide a supportive community for school counselors working with adolescents. This group will support learning, collaboration and networking around adolescent mental health and emotional well being.

**Counselors of Color SIG**

**Hall of Ideas F**

The Counselors of Color Special Interest Group will provide a space for counselors of color with common backgrounds, interests, and experiences to get together in order to build relationships, share ideas, and support each other. This is an opportunity to discuss existing efforts in our places of work, as well as explore possible activities that could be implemented to enhance the experiences for counselors of color.

**Early Career School Counselor SIG**

**Hall of Ideas G**

The Early Career School Counselor Special Interest Group aims to provide a professional and supportive network for early career school counselors to come together to discuss the issues and challenges related to their young counseling roles. The group is for anyone who self-selects themselves as "young" while serving as a school counselor; to that end, there's no age cutoff, but an estimated time in the profession would likely include the first three to five years in the field.

**Elementary School Counseling SIG**

**Hall of Ideas H**

The Elementary School Counselor Special Interest Group will provide a supportive community for school counselors working with elementary aged students. This group will share the joys of this age as well as the challenges often faced in the elementary school counseling profession.

**Retired and Active SIG**

**Hall of Ideas I**

The Retired and Active Special Interest Group is a group of former school counseling professionals who continue to be involved in WSCA. Their goal is to mentor members and continue to support and advance the work of the school counseling field.

**Rural and Small Town SIG**

**Meeting Room K**



The Rural and Small Town Special Interest Groups mission is to bring rural and small town school counseling professionals, as well as those committed to rural and small town education. The purpose of the group is to bring together professionals who support rural education and share knowledge of rural assets, challenges, and issues with one another. All professionals committed to rural and small town student success are welcome to join.

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**SECTIONAL 6 – 8:30 – 9:30 a.m.**

***SECTIONAL 6i (\*INTENSIVE\*) – 8:00 – 9:30 a.m.***

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**57. Supporting the Digital Age Learner (K-12, PS)**

**Ballroom C**

Creating a school-wide culture to support the digital age learners is a goal of integrating social and emotional learning, digital citizenship, and family engagement strategies. Come explore resources, strategies, and data to support your school programming efforts. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Janice Mertes, Chad Kliefoth, Beth Herman, Wisconsin Department of Public Instruction, Madison, WI

**58. Digging Deeper: How Equitable is Your School Counseling Program? (K-12)  
*\*INTENSIVE\****

**Ballroom D**

School counselors promote equity, access, and advocate for all students. In fact, equity is a core component of the ASCA National Model. Sometimes the true data may tell another story. Dig deeper into your demographics, beliefs, privilege, and biases then examine school district data within WiseDASH through an Equity Audit to determine how equitable your program truly is. Decide what courageous conversations to have and which data points to pursue should your data determine inequities. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Stacey Endicott, MS, MA, NCC, NCSC, Professional School Counselor, Baraboo High School; Jori Ruff, District Equity Facilitator/ESL Specialist; Baraboo School District, WI

**59. Promoting a Positive School Climate (K-5)**

**Hall of Ideas E**

One of the key roles school counselors play is improving school climate. When students feel safe and connected at school, they are far more successful academically and social/emotionally. Come hear what Hudson elementary school counselors have used within their comprehensive programs to promote positive school climate; including bully prevention, classroom lessons, and other programs that have been successful with our Kindergarten-5th grade students. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Sarah Flier, MS, School Counselor, Willow River Elementary; Kristen Ziebol, MS, School Counselor, Houlton Elementary; Hudson, WI

**60. Accelerating FAFSA Completion through School/Community Partnerships (9-12)**

**Hall of Ideas F**

In 2018-2019, Milwaukee was one of 25 cities across the country selected to participate in a national competition to raise city-wide FAFSA completion rates, with technical support from the National College Access Network, and funding from Ascendium Education Group and the Kresge Foundation. Milwaukee Public Schools was a lead partner in the collaborative effort, and will share successes, challenges, and key lessons learned about building and nurturing cross-sector partnerships to boost FAFSA completion. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Carolynn Lee, Program Officer, Ascendium Education Group, Madison, WI; Ericca Pollack, College and Career Center Coordinator, Milwaukee Public Schools, WI; Karolyn Taylor, Scholarship Coordinator, Milwaukee Public Schools, WI

**61. Closing the ACT Score Gap Between the Practice ACT and the Official ACT (9-12) Hall of Ideas G**

Come learn the strategies and interventions New Berlin West school counselors worked with students who fell below the ACT benchmarks to raise their ACT test scores from a practice ACT to the state ACT. Our goal was to teach students about the connection between their ACT success and their overall goal of successfully reaching their post-secondary plan by personalizing their experience. (Ability Level: Intermediate; Track: Academic)

Presenter(s): Tammi Fure, MS, School Counselor; Kate Landry, MA, School Counselor; Matt Hunt, MS, School Counselor; New Berlin West Middle/High School, New Berlin, WI

**62. Restorative Practices in Schools (K-8) Hall of Ideas H**

Reframe school discipline by implementing restorative practices in your classrooms and buildings. Restorative practices are built on the foundation of inclusiveness, relationship building, and problem solving. Beginning with simple classroom circles to create classroom community, classrooms and schools are able to create safe spaces for classroom mediation and even restorative conferences that bring together the victim, offenders, and supporters to repair the harm that has been done. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Casey Ruhland, MA, School Counselor, Waubesa Intermediate School; Alan Northouse, Associate Principal; McFarland School District, McFarland, WI

**63. 50 Questions for success in 50 Minutes (9-12) Hall of Ideas I**

Goal setting, distractions, paralysis, self awareness, executive function skills, perfectionism, confidence. Human beings have a variety of challenges that they face. Explore 50 questions to help students overcome, advocate, explore, and grow. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Scott Lutostanski, M.Ed, MACC, Director of Academic Consulting, Galin Education, Madison, WI

**64. Using Brainspotting in Schools: An Innovative Focused-Mindfulness Approach to Student Self-Regulation (K-12, PS) \*INTENSIVE\* Hall of Ideas J**

Growing awareness around unresolved trauma suggests it results in maladaptive responses to perceived threat. (e.g. dysregulation, learning problems, and relationship issues). This presentation will focus on working with children and adolescents in the context of creating a foundation for addressing trauma. The presenter will provide information relevant to school service providers, who work with students who may have experienced trauma. Brainspotting, an innovative modality, fits easily into the school setting helping students become more self-aware/regulated. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Sharon Hansen, MSE, LPC-IT, Professional School Counselor, Berlin Area School District, Berlin, WI

**65. The Power of Sharing your School Counseling Program Story (K-12) Meeting Room K**

Are you frustrated that others do not understand your role or the work you do as a school counselor in your building? Are you so busy working behind the scenes supporting students that you don't feel like you have the time or energy to add one more thing to your to-do list? Come learn the power of telling your school counseling program story to help educate administrators, teachers, parents and stakeholders on the critical work you do in your schools. We will talk about how you can shine a spotlight on a few areas of your program and ways to share this information out to effectively advocate for your counseling program. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association, Waunakee; Stacey Miller, EdS, NCC, LPC, School Counselor, Sun Prairie School District, WI

**66. Utilizing ACP data to uncover inequities in service delivery (6-12) Meeting Room L**

A key component of Academic & Career Planning (ACP) implementation is "equitable access to ACP opportunities." We'll present findings from the statewide ACP evaluation to show evidence of inequities across student sub-groups in ACP activity participation. We'll discuss how to examine data on a local level, both quantitatively and qualitatively, to look at local inequities. Participants will consider/discuss their local context and practices or policies that may impact student participation in specific ACP practices. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Robin Worth, Ph.D., Researcher / Evaluator; Grant Sim, Researcher; Wisconsin Center for Education Research - UW-Madison, WI

**67. Breaking Barriers: Self-Advocacy Essentials for Underserved Gifted Learners (6-8) Meeting Room M**

Learners who speak up for themselves are more apt to discover the intellectual challenges they want and need. Systemic barriers, however, can keep some students from finding/using their own voices. While there is value in all individuals' self-advocacy, it is especially critical for those students who face societal obstacles. Learn ways to empower the self-advocacy of underserved high potential students - specifically those who are Black, Hispanic, Native American, or low SES. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Deb Douglas, MS, Educational Consultant, GT Carpe Diem, Fitchburg, WI

**68. National School Counseling Week as an Advocacy Opportunity (K-12) Meeting Room N**

Flowers, balloons, handmade cards and appreciation gifts are a wonderful way to celebrate National School Counseling Week; however, sharing student results, annual calendars, use of time data, and roles/responsibilities of counselors may provide a bigger bang for your buck as you help others understand the role you play and the impact your program has on student achievement. Learn how to use this week in February as catalyst for advocating for your role and your comprehensive school counseling program. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, MA, School Counseling and Transitions Coordinator, Madison Metropolitan School District, Madison, WI

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## SECTIONAL 7 – 9:45 – 10:45 a.m.

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**69. Role of a counselor in a crisis situations.....what do we do? (K-12, PS) Ballroom C**

No school is exempt...we all are faced with crisis. In this sectional, you will hear about the role of the counselor when there is a death of multiple students in a car crash, scandal involving employees and students, abduction of a student, murder of a former student, media pressure, murder of a student's parents, and working with outside agencies such as the DOJ, FBI and nation advocacy groups. You will hear what works and doesn't work, what resources to tap into and most important, how to take care of yourself during these long and trying hours. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Linda Mikunda, MS School Counseling, High School Counselor - Mental Health Grant Coordinator, Barron Area School District, WI; Kim Sandborn, School Counselor, Cameron School District, WI; Jessica Ebner, School Counselor, Rice Lake School District, WI

**70. Anxiety- When does it become a hinderance? (K-12) Ballroom D**

Significant number of school children and adolescents struggle with social and academic challenges leading to heightened anticipatory anxiety, in the moment anxiety and/ or post anxiety fears/ worries.

Objectives-

Identifying normative fears/ anxiety and types of anxiety disorders.

Predisposing factors, situations contributing to heightened anxiety, determining triggers.

Interventions: Discussing recommended immediate interventions, tips for school staff/ counselors and parents, to assist the child (in the moment and developing plans for increased anxiety in future, to help succeed child in academic and social settings). (Ability Level: Advanced; Track: Social/Emotional)

Presenter(s): Shikha Verma, M.D., Child and Adolescent Psychiatrist, Rogers Behavioral Health, Kenosha, WI

**71. Social Media Awareness, Internet Safety and Digital Solutions For Educators (K-12) Hall of Ideas E**

Do you know the technologies and techniques to assist with the issues around social media and cyberbullying? Focus will be given to provide the attendee with the latest technologies, techniques and resources to assist with monitoring and or reporting instances of cyberbullying and other social media consequential mistakes children make and adults face. What Apps and Resources Available to Assist With Reporting? Anonymous vs Face to Face Reporting; What Are the Children Facing in Today's Schools/Reportable Issues; How to Engage the Anonymous Reporter and Keep Them Engaged; Engaging Parents; Reporting Process and Associated Techniques and Technologies; Current Available Settings for Phones, Devices and More; Embracing the Digital Revolution. (Ability Level: Intermediate; Track: Social/Emotional)

Presenter(s): Melissa Straub, MS, NJLPI, NYLSC, NJLSC, Director of Cyber Education, High Impact Youth Training Solutions, Leonia, NJ

**72. Prevent the Helpers Risk Trifecta - Compassion Fatigue, Secondary Trauma and Burnout (K-12, PS) Hall of Ideas F**

Compassion Fatigue, Secondary Trauma and Burnout. Do you know the difference between them? Do you know if you're at-risk? In this reflective and interactive session, we will share information on the

signs and symptoms of this trifecta. Next, we will help you create a long-term plan for building resiliency. Use a balanced vision and radical self-compassion to reignite your passion for education (without sacrificing yourself in the process)! (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Marie Kueny, MS, School Counselor, Founder & Coach, Compassionate Educators, Kenosha, WI; Tessa Thompson, School Social Worker, Kenosha Unified School District, WI

**73. Scope & Sequence: Reaching Grades 9-12 Each School Year (9-12) Hall of Ideas G**

Meeting the needs of all students is a difficult task. At Waukesha North, we connect with every student grades 9-12 in either individual meetings or group settings each school year. Come join us to learn how you can make this happen at your school! We will be sharing our Scope & Sequence along with resources for our lessons and activities throughout the school year. We will also provide time to work in small groups and share out ways that others are connecting with their students. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Heidi Stigler, MS, School Counselor; Whitney Domres, MS, School Counselor; Jill Werner, MS, School Counselor; Waukesha North High School, WI

**74. From “How are you?” to “Where are you?”: Using Pictorial and Word Continuums to Support Students Experiencing Grief (K-12, PS) Hall of Ideas H**

Guide students experiencing grief as they face, quantify, and communicate their emotions. Communication using pictorial and word imagery provides a life-line while creating a safe space for individuals to be “where they are” as they tend to their grief. Use of continuums create opportunities to better understand grief, develop self-awareness, and aid in self-management strategies. Participants will leave with ready-to-use classroom, group, and individual strategies and resources aligned with Wisconsin’s social and emotional competencies. (Ability Level: Basic; Track: Social/Emotional)

Presenter(s): Mary Brey, MEd, Resource Developer, Consultant, Personal passion project: Mindful Steps, Madison, WI

**75. School Safety One Stop Shop (K-12) Hall of Ideas I**

The Department of Justice, Office of School Safety (OSS) will share plans for a proposed safety resource center. The School Safety Resource Center will be a “one stop shop” for school safety initiatives in Wisconsin. This resource center will have a central phone number, website and app that will provide 24/7 staffing with immediate response for life safety measures and referral for other supports as part of a four-pronged approach to school safety.

The four services include:

- **Threat Reporting:** Confidential reporting tool staffed by the OSS who will triage reports from schools and the community. These reports will forward to school and/or law enforcement depending on report. Curriculum and marketing materials will be available to schools to educate students, families and staff on this resource.
- **Threat Assessment Consultation:** The resource center will have staff available to help schools with technical questions, consultation and support when completing threat assessments.
- **Critical Incident Response Teams (CIRT):** Regional multi-agency/disciplinary teams will be created to support schools with support and resources in the event of a critical incident. CIRT will receive extensive training and have a regional primary contact to coordinate the team.
- **Best Practice Guidance:** Resource center staff will be available to respond to questions from school staff about any school safety related topics.

This presentation will give you the most current information on the DOJ Office of School Safety resources available to schools. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Erin Armbrust, Program and Policy Analyst-Advanced; Susan Whitstone, Program and Policy Analyst-Advanced; The Department of Justice-Office of School Safety, Madison, WI

**76. Spark Career Curiosity with Xello for Elementary (K-5) Hall of Ideas J**

Is there such a thing as starting career development too early? When it comes to preparing for the future, the answer is no. Join Xello in a session to discuss the benefits of exposing your youngest learners to concepts around career development; including how to engage them with age-appropriate activities, encourage self-discovery, and teach social-emotional skills with Xello for Elementary. (Ability Level: Basic; Track: Career/Postsecondary)

Presenter(s): Chris Olford, Strategic Territory Manager, Xello, Toronto, Canada

**77. The good, the bad and the ugly. What role do counselors have when classroom teachers are expected to deliver SEL, ACP, etc at the universal level? (K-12) Meeting Room K**

With the move towards classroom teachers being expected to teach social emotional learning, ACP lessons, etc at the universal level, where does that leave your school counseling program? How are you transitioning your years of school counseling lessons and program development when schools have "discovered" this new way of delivering content? How do we ensure that ALL teachers are fully on board and engaged in teaching this universal curriculum to ensure that they are not doing harm to students by giving inaccurate information or not knowing how to manage strong emotions that may come up in SEL lessons or classroom circles? Join us in as we discuss what is happening in your schools and share ideas on where things are going really well or look for support in areas you may be struggling. The concept of distributive leadership will be introduced as a model for universal implementation. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association; Mindy Willard, School Counseling and Transitions Coordinator, Madison Metropolitan School District, WI

**78. Leadership Skills Necessary for College and Career Success (K-12) Meeting Room L**

This session will reinforce the necessity of teaching important leadership strategies, as well as share strategies and opportunities that develop important leadership skills like synergy, effective communication, teamwork, and trust. It will focus on the importance of engaging students/adults in the learning process amidst the demands of technology, and how self advocacy and collaboration play the most important role.

We live in a world where students feel more anxiety, depression, and unconnected in their schools. Most districts across WI believe that building a safer school involves bricks and mortar, when in fact, it's biggest piece involves collaborating with students to build a culture that is connected and positive.

The WASC works with the most distinguished, forward thinking researchers and school districts on student voice and engagement. This session will give you a glimpse of the opportunities available to invest in your students. Our panel of students, school counselors, and activities advisors will provide you the necessary resources to listen effectively, learn diligently, and lead collaboratively with your students. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Michelle McGrath, Ed.D, Executive Director, Wisconsin Association of School Councils, Waunakee, WI

**79. Creating a Positive ACP Culture (9-12)**

**Meeting Room M**

Arcadia High School has four yearly school-wide ACP Days with scheduled college and business tours, volunteer opportunities, speakers, resume workshops, etc. Within our school day, we have career speakers from all 16 career clusters and explore non traditional post secondary options. Advisors follow their students for all 4 years of high school and we have a 95%+ attendance rate at conferences in Grades 9-12. Let's explore how to customize your existing ACP time and curriculum. (Ability Level: Advanced; Track: Career/Postsecondary)

Presenter(s): Jen Pinnow, MS, High School Counselor, School District of Arcadia, WI; Jessie Sloan, MS School Counseling and Community Counseling, Instructional Service Director, CESA 4, West Salem, WI

**80. Apprenticeship Readiness Programs: A Pathway to Building Trades Apprenticeships After High School (9-12)**

**Meeting Room N**

Apprenticeship readiness programs prepare high school students to enter and succeed in registered building trades apprenticeships. Building trades apprenticeships are a pathway to middle class career opportunities with good pay and benefits. Registered apprenticeships are "the other four-year degree." Apprentices earn while they learn and when they complete their apprenticeships, they have family supporting jobs with no college debt. The educational foundation for Building Trades Apprenticeship Readiness Programs is the Multi Core Craft Curriculum, MC3. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Dave Branson, Certificate in Labor Studies, Executive Director, Building and Construction Trades Council of South Central Wisconsin, Madison, WI

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**WSCA Brunch 11:00 a.m.  
Keynote Speaker – Dr. Niraj Nijhawan  
Level 1 – Hall B**

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**1:00 – 3:00 p.m.**

**Post Conference Department of Justice Safety Curriculum Work**

**Ballroom C**

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This session will be the train the trainer course. The material presented during this course will be age-appropriate information on when and how to use the free statewide confidential tip line to report threats of school violence. There will be two courses available; one for elementary students and one for middle school/high school students.

The elementary specific presentation focuses on "telling a trusted adult" when someone makes them feel unsafe.

The middle school/high school presentation focuses more on school violence prevention, the use of the tip line application and making a tip.

This presentation is intended to be provided directly to students during school hours. The information can be provided to them during homeroom, study hall or during a general assembly for each individual grade. The training is projected to only take 10-15 minutes of student's time.