

November Cool Tool

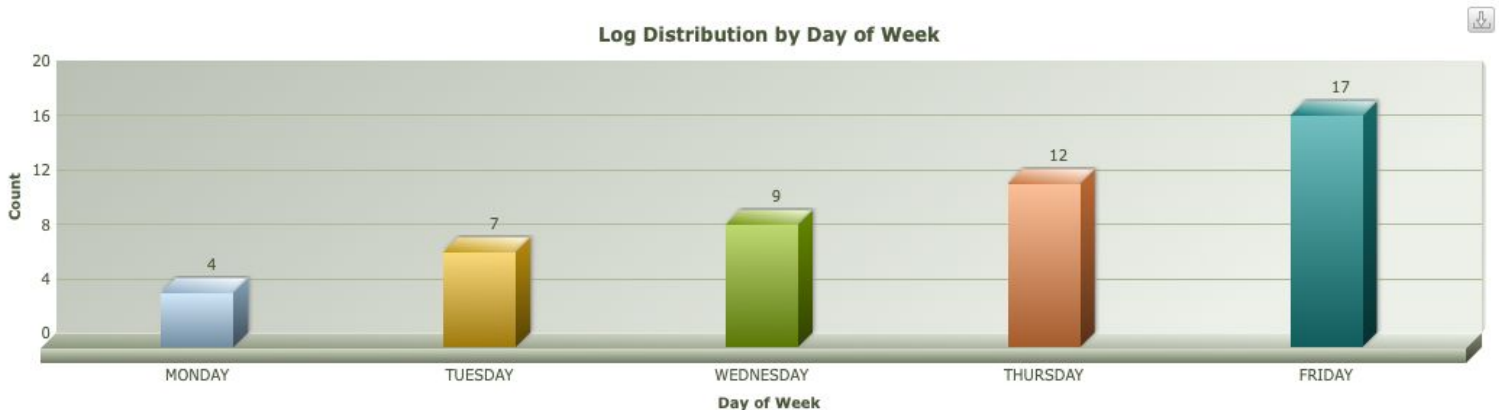
Data!

This month, the PBIS Cool Tool Committee looked at our behavior data to determine what “boosters” our learners need. Again, we wanted to offer classroom teachers a “menu” of options so that you can pick an activity that best meets your learners’ needs.

Our menu includes:

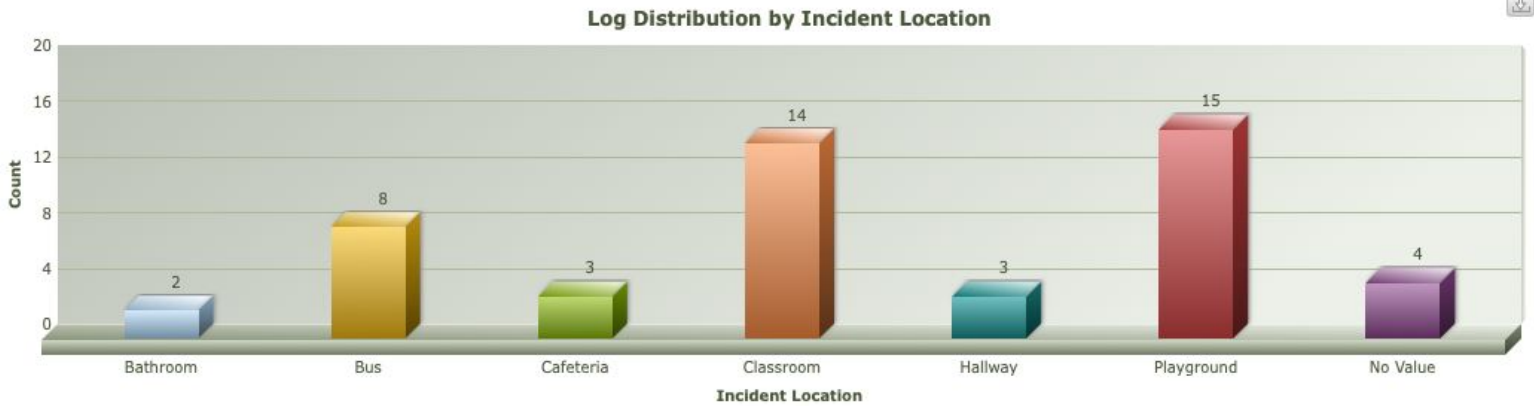
- Calm Down Centers in the Steproom
 - Mindfulness Activities
- Brain Builders from Second Step with an emphasis on Empathy

According to our data, Friday is the day with the most office discipline referrals (no surprise there, right?).



To be responsive to this, student services would like to offer Calm Down Centers in the Step Room for two Fridays this month. As your November Cool Tool, you may choose to bring your students to these Calm Down Centers to see if we can make Fridays a little bit calmer. Sign up for a Friday time here: [Calm Down Center Sign-Up](#)

Also according to our data, Playground is the area with the highest number of referrals.



Because of this, another option for your November Cool Tool is to do a mindfulness activity prior to your learners' recess. (You could even address BOTH data pieces by doing a mindfulness activity right before recesses on Friday!)

You can access many mindfulness resources here: [Mindfulness Resources](#)

The Second Step topic for November is EMPATHY, (and oftentimes the cause of office discipline referrals is a lack of empathy), so another option for the November Cool Tool is to play a Brain Builder from Second Step that focuses on Empathy. You can insert this into a Morning Meeting, do right before a recess (Friday recess?) or as a brain break.

You can find a folder with all the Second Step Empathy Brain Builders here: [Brain Builders with an emphasis on Empathy](#)