#### SCHEDULE OF SECTIONAL MEETINGS

Thursday, November 11, 2021

#### SECTIONAL 1 – 7:15 – 8:15 a.m.

#### WSCA Graduate Course

Between 7:00 and 8:00 a.m., stop in to get information on how to earn graduate credit for attending the WSCA Conference.

#### **Morning Movement**

# Start the Thursday of conference off with some meditation, movement, and laughter with other curious and adventurous educators. No experience necessary. Activities will be accessible for all levels. Come ready to move and breathe joyfully in community with others. (all levels)

Presenter: Rachel Pufall, 200 Hour Certified Yoga Teacher, Certified Yoga Calm Youth Instructor, Breathe for Change Wellness Champion

## 1. Social and emotional interventions: Universal screeners, interventions, and progress monitoring Africa 30 room

Using a universal screener requires planning, teamwork, communication, and follow-up. This session will explore the process in preparing to administer universal screeners at the elementary and secondary levels, assessing the results, coordinating interventions, and progress monitoring. Collaboration and discussion will be included during this session to learn more about other districts' experiences with social and emotional interventions. (K-8, Basic, Social/Emotional)

Presenters: Victoria Claas, MS, School Counselor; Grace Kropp, MS, School Counselor; Columbus School District, Columbus WI

#### 2. An Equitable Approach to Preventing Summer Melt for Collegebound Graduates! Africa 40 room

Every year there are high school graduates who have every intention of intending college in the fall, and then something happens between high school graduation and the first day of college that causes them to lose confidence or prevents them from following through with their plan. This "Summer Melt", where support and encouragement may be in short order, is a real phenomenon, and can significantly impact first generation students and students of color. Come hear about one strategy and see the data showing that it is working. (9-12, Intermediate, Career/Postsecondary)

Presenters: Steve Schneider, NBCT, High School Counselor; Joe O'Brien, High School Counselor; Sheboygan South HS, Sheboygan, WI

#### Africa 10 room

Africa 20 room

#### 3. Gettin It Together - Tips and Strategies For Getting Your Program Organized Africa 50 room

School counseling and chaos often feel like they go hand and hand. From emails, phone calls, classroom lessons, small groups to random acts of counseling in the hallway the day of a school counselor can go multiple directions. Learn how to drop your "Chaos Coordinator" title and bring yourself back to a more systematic approach to delivering your elementary, middle or high school school counseling program. (K-12, Intermediate, Leadership/Advocacy)

Presenter(s): Mindy Willard, MA, School Counseling and Transitions Coordinator; Breanna Adams, MA, Middle School Counselor; Madison Metropolitan School District, Madison, WI

#### 4. Success with Sensory Paths at Elementary Schools Africa 60 room

You've seen them featured in other schools. They look like fun, but do they work? Hear how Willow River Elementary used a Sensory Path as a tool to reduce behaviors, how data was tracked, and the key players we collaborated with to make this happen. (K-5, Basic, Social/Emotional)

#### 5. Using the ASCA Model as Self Care/Sanity Saver

The ASCA National Model provides all the tools necessary for a school counselor to be able to plan, track, monitor, and adjust their programming. By relying on these tools when chaos seems to reign, school counselors can breathe easier knowing that they are building towards strong programming and positive outcomes for all students. (9-12, Basic, Leadership/Advocacy)

Presenter: Marianne Matt, ASCA School Counselor of the Year Finalist; Madison Metropolitan School District / Capital High & SAPAR, Madison WI

#### Opening Session 8:30 a.m. Keynote Speaker – Julia Cook Africa Ballroom East

#### SECTIONAL 2 - 10:30 - 11:30 a.m. SECTIONAL 2i - 10:30 a.m. - 12:00 p.m.

#### 6. Spicing Up Your Canned Curriculum

#### Africa 10 room

Africa 70 room

Do your students groan when singing the same songs, repeating the same activities for every

Presenter: Sarah Flier, MS, Elementary School Counselor; Willow River Elementary, Hudson, WI

lesson, or watching videos with little variety? While we all appreciate the great content and simplicity of canned curriculums for classroom lessons, our students may be getting bored or not find the activities/delivery engaging. Join us for a shared conversation and exchange of ideas on ways that you have jazzed up your classroom lessons so kids are excited to learn all that you have to teach them! Bring your supplemental materials, ideas, and strategies to share with the group. BYO-Puppets are also welcome! (K-5, Intermediate, Social/Emotional)

Presenters: Stacy Eslick, MSSW, MSE, Executive Director; Wisconsin School Counselor Association; Sarah Flier, MS, School Counselor, Willow River Elementary, Hudson, WI

## 7. WSCA Wants You! Everything You Ever Wanted to Know about WSCA Board of Directors Leadership, Including how to Become One Africa 20 room

WSCA relies on new leaders within the profession stepping forward every year to contribute their insight, wisdom, and vision in order to maintain the high quality association that we all appreciate. If you are looking for a great way to provide leadership within the profession in Wisconsin, but aren't sure about what, exactly, a director on the WSCA Board of Directors does, then this is the sectional for you. Information will be shared about the governing style of the WSCA Board, as well as an explanation of the process to engage in to be considered for a position on the WSCA Board of Directors. (K-12, Advanced, Leadership/Advocacy)

Presenters:

Donna Okray, Steve Schneider, Mia Tatum-Crider, Carly Roth; WSCA Board Members

#### 8. Mitigating Microaggressions in the School Setting

Africa 30 room

\*\* Intensive sectional: 10:30 a.m. - 12:00 p.m. \*\*

Bias and microaggressions subconsciously impact us all. The point of this workshop is to understand how to identify bias and microaggressions so that we can prevent them from impacting the school community and no longer be impediments to equitable learning environments. (K-12, PS, Basic, Equity)

Presenter: Carolyn Strong, EdD, Dean of Students; Thornton Township High School, Calumet City, IL

#### 9. Taking a Teaching Approach

#### Africa 40 room

\*\* Intensive sectional: 10:30 a.m. - 12:00 p.m. \*\*

Do you need to build understanding with a variety of people on tough topics? Do you need staff and community members to take on a growth mindset when exploring problems and solutions? Do you swim upstream in trying to convince others that there is room for improvement? This Taking a Teaching Approach workshop could be just the piece you are missing! You will explore foundational principles in designing high-quality learning experiences, curriculum tools to evaluate and create these experiences, and different delivery methods to make a greater impact on your audience. (K-12, PS, Intermediate, Leadership/Advocacy)

Presenter: Heather Dean M.Ed., National Board Professional Teaching Certification, Educational Consultant; Creative Across the Curriculum,

#### LLC, Madison WI

## 10. Restorative Practices as a part of your SEL, TSS and MLSSAfrica 50 room\*\* Intensive sectional: 10:30 a.m. - 12:00 p.m. \*\*

"As we look to build alignment and coherence within our systems and school programs, using Restorative Practices in a school setting has emerged as a way to strengthen relationships and social connections further supporting integration with Social Emotional Learning, Trauma Sensitive Schools and Equitable Multi-Level Systems of Support. Restorative Practices encourage us to rethink challenging behaviors and reframe our culture of discipline practices to promote inclusion and equity.

With a ratio of 80% proactive and 20% reactive strategies used, Restorative Practice aims to create safe spaces so that if conflict or harm occurs, a sense of accountability to the community drives individuals to want to heal the harm they have caused. This session will introduce the continuum of Restorative Practices and ways to promote school-wide implementation that advance safety, trust, and responsibility so that each student has the support to thrive. (K-12, Intermediate, Social/Emotional)

Presenters: Alissa Darin, MA, NBCT, Regional Coordinator; Carol Zabel, MS, Regional Coordinator; WI Safe and Healthy Schools

#### 11. Gender Support Plans

#### Africa 60 room

Struggling to create a pathway to ensure transgender and gender nonconforming students have a safe educational experience? The Menomonie High School would like to share our ideas, struggles, celebrations and overall processes. Working with administration, pupil services, teachers, parents, and students, we have developed and installed a district transition plan that includes administrative guidelines, support plans, and at a glance documentation. This plan was developed in conjunction with our district's attorney, our board policies, and GSAFE. (K-12, Intermediate, Equity)

Presenters: Kayla Windt, MS, School Counselor; Angela Ruchti, MS, School Counselor; Menomonie High School, Menomonie, WI

#### 12. Creating Culturally Responsive Schools: Effectively Working with ELL Students Africa 70 room

We recognize that you are already doing good work with ELL students. We will be presenting some best practice ideas while spending much of the session focusing on your best school counseling practices with ELL students. We will ask you to focus your best practices on the three domains: Academic, Career and Personal Social. (K-12, Intermediate, Equity)

Presenters:

Said Garaad, M.S., Assistant Principal; Edison High School, Minneapolis, MN; Mark Gillen, Ph.D., Professor; UW River Falls

#### 13. Supporting Student Anxiety and Mental Health through Collaboration and Community Partnerships Africa 80 room

Collaboration and partnerships should be used to best support our students' mental health and

wellness. We invite you to join this session to learn about our community collaboration between a high school counselor and Mental Health advocate that allow for anxiety reduction and mental wellness in the school setting to increase student learning and engagement. Participants will learn how to reach out to community-based organizations for partnerships and ideas, as well as takeaways for curriculum and/or drop-in sessions that have been utilized at the middle and high school levels. (9-12, Intermediate, Social/Emotional)

Presenters: Christine Voice, School Counselor, Kohler High School; Masters of Counseling Adjunct Instructor, Lakeland University; Trisha Erpelding, Director of Education & Advocacy, Mental Health America of Sheboygan County

#### 14. I can do THAT at a Technical College?!?

Degrees from a technical college are ATTAINABLE, TRANSFERABLE, AFFORDABLE, and lead students to be EMPLOYABLE. These are more than just buzzwords; they are facts about earning a technical college education. Learn about the variety of opportunities students have when pursuing their education through one of Wisconsin's 16 Technical Colleges by getting your hands on some of today's cutting-edge technology and equipment used in the classroom. See you there! (9-12, Basic, Career/Postsecondary)

Presenters: Samantha Ingo, New Student Specialist; Gateway Technical College, Madison, WI

#### 15. Stress Less to Achieve More

# Anxiety rates continue to increase in kids all over the country. It affects every aspect of a students life making it difficult to concentrate in school. Come join me as I share ideas on how to help kids learn to manage their anxiety so they are able to be successful in life. (K-5, Intermediate, Social/Emotional)

Presenter: Stacey Miller, EdS, LPC, NCC, School Counselor; Buford Elementary, Buford GA

#### 16. It Takes a Village: Building a Professional Support System *Portia room*

By definition, our role as a school counselor is unique. Some of us are the only school counselors in our building. Some of us are one of only a few that work with a certain population of students in our building. Some of us are still dealing with antiquated views of what school counselors are designed to do. As we continue our mission to advocate for the success of all students, who can we depend on for support? Getting to know your students, your fellow educators in your building, your fellow colleagues in the profession, your community has never become so important to our continued success for our students. (K-12, Basic, Leadership/Advocacy)

Presenter: Kim Auer, School Counselor; Pacelli Catholic High School

#### 17. Vaping Me Crazy! Weed between the Lines!

#### Wisteria room

Vaping has become the #1 issue facing schools and our youth across the country. So much so that 80% of the market for the vape industry is youth age 11-18. This workshop will give the

#### Tamarind room

Guava Room

latest information on how youth are being targeted, why, and what educators need to know and look for in their classrooms. It will also give solutions in how to talk to youth regarding vaping and what it does to their body. (K-12, PS, Basic, Social/Emotional)

Presenter: Michael DeLeon, B. S. Criminal Justice, Founder/CEO; Steered Straight Inc, Murfreesboro, TN

#### LUNCH & LEARN - 11:40 a.m. - 12:50 p.m.

#### 18. AmeriCorps - Bringing out the Best of America While Helping Students Find Their Career Path Africa 70 room

\*\* 20 minute sectional: 11:40 a.m. - 12:00 p.m. \*\*

AmeriCorps is a national program that engages people of all ages and backgrounds in service to improve lives, strengthen communities, and foster civic engagement. Learn how AmeriCorps can be a good option for your students after high school. Through AmeriCorps Service, your students can earn an education award to help pay for post-secondary education, gain job skills and experience in multiple fields, forge relationships within communities, and make a difference for others in Wisconsin and throughout the nation. (9-12, PS, Basic, Career/Postsecondary)

Presenters: Jeanne Duffy, Executive Director, Serve Wisconsin; Kyle Clower, Communications and Government Affairs Officer, Americorps; Madison, WI

#### 19. The Future of Agriculture: A Non-Traditional Post-Secondary Experience for Developing Agriculturalists Africa 80 room

\*\* 20 minute sectional: 11:40 a.m. - 12:00 p.m. \*\*

Whether it's being involved in the food system, developing new technologies, or protecting the environment, agriculture has something for everyone. UW's Farm & amp; Industry Short Course (FISC) program offers students career development in agriculture through a non-traditional approach to post-secondary education. Not an undergraduate program, a technical school, or community college, FISC takes the best elements of each of these and offers applied and hands-on learning with a strong focus on personal and professional growth. (9-12, PS, Basic, Career/Postsecondary)

Presenter: Jennifer Blazek, Agroecology MS, Latin American Studies MA, Director UW-Madison Farm & Industry Short Course; Madison, WI

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#### WSCA Members' Focus Group: Lunch-Time Listening Session

#### 12:00 – 12:45 p.m.

#### Africa 10 room

We want to hear from you! Help us continue to learn about the issues that school counselors are experiencing across the entire state. Bring your lunch and join the conversation with the

WSCA Board to share your day-to-day experiences as a school counselor. The Board wants to make sure that ALL counselors are represented – so let your voice be heard!

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#### 20. The Wisconsin Challenge Academy

Africa 70 room

\*\* 20 minute sectional: 12:30 - 12:50 p.m. \*\*

A Choice ¦ A Challenge ¦ A Change - Only You Can Decide. What is the Challenge Academy? A 5 ½ month, quasi- military residential, alternative education program that offers students the opportunity to earn their HSED, replace negative habits with positive ones, and develop the life skills necessary to be successful responsible citizens. Learn more about how this program can help your students! (9-12, Basic, Academic)

Presenters: Julee Katona, Outreach and Public Relations Coordinator; Jerry Gargulak; The Wisconsin Challenge Academy, Ft. McCoy, WI

#### SECTIONAL 3 - 1:00 - 2:00 p.m. SECTIONAL 3i - 12:50 - 2:20 p.m.

#### 21. School Counselor Leadership: What, How, When

Africa 10 room

Join a panel of WSCA Leadership Academy graduates for a discussion about School Counselor leadership principles, their experiences in applying these principles to practice, and ways for you to participate in your own leadership journey. The WSCA Leadership Development Program is a year-long program that explores leadership from the school counselor position and provides participants the opportunity to deepen their understanding of individual leadership strengths and leadership philosophy. Program participants will be better equipped to lead their profession at the building, community, and state levels. (K-12, Basic, Leadership/Advocacy)

Presenters:Amanda Kauth, MS, School Counselor & WSCA Leadership Academy<br/>Director; Rocky Branch Elementary School, River Falls, WI;<br/>Stacy Eslick, MSSW, MSE, Executive Director; Wisconsin School<br/>Counselor AssociationPanelists:Andrea Berlin (Cohort 2), Stacey Endicott (Cohort 1), Kristin Kluge<br/>(Cohort 3), Marianne Matt (Cohort 1), Donna Okray (Cohort 1), Bretta<br/>Snyder (Cohort 3)

**22.** Infusing Collaborative and Proactive Solutions (CPS) into PBIS *Africa 20 Room* \*\* Intensive sectional: 12:50 - 2:20 p.m. \*\*

Do you have knowledge of Dr. Ross Greene's approach Collaborative and Proactive Solutions (CPS) and want to bring the model into your PBIS framework? You will learn how a school counselor and school psychologist have infused CPS into the structure of PBIS within their schools. CPS can thrive in your school and be incorporated in PBIS! You will leave with tools and practical tips that will help move CPS implementation forward in your school. (K-8, Basic, Social/Emotional)

Presenters: Kelly Sarah, former school counselor, current Assistant Principal at Woodworth Middle School in the Fond du Lac School District; Rachel Polacek, School Psychologist at Friendship Learning Center, School District of North Fond du Lac

## 23. Students, pack your bags! Rotary summer and long term exchange programs are more accessible for your students than you think. *Africa 30 room*

International travel is often out of reach financially for our students. Attend this unique workshop to hear a video panel of Wisconsin students share how accessible and exciting long term and summer travel experiences through Rotary International can be. Italy, Spain, Japan, Australia and Germany are just a few of the countries available for travel. Students work closely with Wisconsin community Rotary clubs to participate in these life changing experiences. (9-12, Basic, Leadership/Advocacy)

Presenters: Janell Thom Schneider, MSE, Oregon High School Counselor/Rotary Short Term Exchange District Co-Coordinator; Jan Bonsett-Veal, MS, Chair, Rotary Central States Exchange Coordinator and Vice-Chair of Central States Multi-District

## 24. Anti-Racist School Counseling and the ASCA ModelAfrica 40 room\*\* Intensive sectional: 12:50 - 2:20 p.m. \*\*

Wisconsin continues to be ranked lowest in the nation for outcomes for Black students. School counselors will not stand by as our education system continues to hold these bright minds back from finding the success they deserve. Learn how to use the framework of our profession, The ASCA National Model as the foundation to how you can play a pivotal role in disrupting inequities in your school. (K-12, Intermediate, Equity)

Presenters: Mindy Willard, MA, School Counseling and Transitions Coordinator, Madison Metropolitan School District, Madison, WI; Derek Francis, MA, Manager of School Counseling, Minneapolis Public Schools, Minneapolis, MN

#### 25. Unlearning Helplessness: Motivating the Underachiever Africa 50 room

Julia Cook shares how underachieving occurs when students have a significant gap between their abilities, and what they achieve in school. In this interactive session, she will discuss the four types of underachievers, explore the characteristics and causes of underachieving, and present effective solutions that can reverse this problem. (K-12, Intermediate, Academic)

Presenter: Julia Cook, Best Selling Author and Keynote Speaker

#### 26. Equity, Access and Support for ALL Students and Families; Crucial Conversations About Race Africa 60 room

School Counselors must remain committed to equity and cultural humility. We must understand the true impact that school counselors have on the academic and life trajectories of students, specifically those who are Black, Indigenous People of Color (BIPOC). But what exactly does this look like? How can we continue to build upon our practices as anti-racist school counselors

that advocate and promote the achievement of all students and families? I hope to be transparent and share thoughtful insights and applicable resources that you may utilize in your daily work. (K-12, PS, Intermediate, Equity)

Presenter: Mia Tatum-Crider, MS, School Counselor, Glendale River Hills School District, Glendale, WI

#### 27. ASVAB Career Exploration Program impacts High School Students Career Decision Self-efficacy Africa 70 room

The purpose of this presentation is to share how it was determined in a local study that the ASVAB Career Exploration Program had a significant impact on High School students' confidence in making career-related decisions. Career Decision Self-efficacy (CDSE) is being recognized as a key trait for educators to consider to ensure students are prepared to take on the tasks associated with making good, career-related decisions. This particular study indicates that high schools are succeeding at providing career-related information, however, it identified that students lack planning, problem-solving and goal setting skills. The ASVAB CEP, like many other career interventions, can assist Educators with getting their students the confidence they need to begin the process of planning their futures! (9-12, PS, Basic, Career/Postsecondary)

Presenters: Mark Foster, Ed.D, GCDF, Program Manager, ASVAB Career Exploration Program, Ft Snelling, MN; Deanna Schultz, Ph.D, Associate Dean/Program Director/Associate Professor, UW Stout, Menomonie, WI

#### 28. Reach Anxious Parents with a Book Club!

#### Africa 80 room

Anxiety is trending upward in schools - it's a complex societal issue. While we can't remedy all the problems, we can work toward teaching parents skills to break their own cycle of anxiety and change the dynamic with their children as well. Learn as simple and effective approach to engage parents in skills that will help their children in and out of school. And watch your relationships and confidence with parents grow as well! (K-5, Basic, Social/Emotional)

Presenter: Kelly Curtis, MS, School Counselor, Hudson - EP Rock Elementary, Hudson, WI

#### 29. Using the Wisconsin School Threat Assessment Protocol In Cases of Teen Dating Violence Guava room

The escalation of violence in a relationship is often accompanied with homicidal and suicidal threats. Attendees will explore the behavioral ties between an escalation in dating violence and targeted violence, and how the Wisconsin School Threat Assessment Protocol can assist in providing safety for teens affected by violence in their dating relationships. (6-12, Advanced, Leadership/Advocacy)

Presenter: Kristen Devitt, M.Ed., Certified Threat Manager (CTM), Director, Office of School Safety, Wisconsin Department of Justice, Madison, WI

#### 30. Power of Connecting Youth With Disabilities to Career & Technical Education *Tamarind room*

We know that students with disabilities will have great success for meaningful employment after high school when they are connected to Career & Technical Education. CTE incorporates an array of opportunities for youth to include: pre-vocational training opportunities, work experiences, youth apprenticeship opportunities, dual enrollment and participation in career and technical student organizations. You won't want to miss hearing about some of these crucial opportunities and showcasing some great success stories from students who have benefited from their participation in career and technical education. (9-12, Intermediate, Career/Postsecondary)

Presenter: Brian Kenney, MS, Southern Regional Coordinator, Transition, Improvement Grant, Wisc Dells, WI

#### 31. Utilizing a Therapy Dog In Your School

Have you ever considered using a Therapy Dog in your school or do you use one already? There are many different options in obtaining a Therapy Dog for your district. We will discuss how a Therapy Dog can be beneficial and the challenges that come with it. This sectional will feature Boomer, a 2.5 year old hypoallergenic Labradoodle and how he is used in our district. Come to learn or share your experiences with others! (K-12, Basic, Social/Emotional)

Presenter: Jerrett Kowalski, MS, School Counselor, Rice Lake High School

#### 32. Stigma's Impact and Our Role in the End Stigma Change Lives Mission Wisteria Room

Take a fresh look at the impact of mental health stigma on youth accessing and progressing in treatment and resources available to your schools to join in the work to erase stigma. The presentation will include a special message on video from NFL player, Solomon Thomas, treatment perspective from Rogers Behavioral Health provider, and overview of DPI free resources for youth, educators and parents. (K-12, PS, Basic, Social/Emotional)

Presenters: Sue McKenzie Dicks, MA, VP Healthy Culture; Elizabeth Krubsack, MS, LPC, School Mental Health Consultant; Sharon Hirsch, MD, Attending Psychiatrist; Rogers Behavioral Health, Oconomowoc, WI

#### SECTIONAL 4 - 2:30 – 3:30 p.m. SECTIONAL 4i - 2:30 - 3:50 p.m.

#### 33. WSCPAR and RAMP Roundtables

Africa 10 room

Portia room

\*\* Intensive sectional: 2:30 - 3:50 p.m. \*\*

ASCA RAMP and WSCPAR reviewers will be available in roundtables to provide you with feedback, coaching, and consultation on your applications for the October 2022 RAMP and November 2021 WSCPAR submissions. If you've already started working on your application and are looking for feedback on how it looks so far, make sure to save this session to meet with

a RAMP or WSCPAR reviewer to present your application in its current state and get on-the-spot feedback. (K-12, Advanced, Leadership/Advocacy)

Presenters: Stacy, Eslick, MSSW, MSE, Executive Director; Sarah Flier, MS, WSCPAR & Data Director; Wisconsin School Counselor Association

Africa 20 room

#### 34. Sources of Strength: Advancing socioecological protective factors

\*\* Intensive sectional: 2:30 - 3:50 p.m. \*\*

Mobilizing strengths to change individuals and communities is possible. There are communities waiting for leadership and a sustainable plan to support evidence based practices to support prevention of substance use, suicide and mental illness. Increase your hope and leadership for individual and community change by connecting with us and listening to stories of youth and adults in Prairie du Chien. In this presentation, we will share a model of identifying assets to build connection, hope, help and strength. (K-12, Basic, Social/Emotional)

Presenters: Katrina Johnson LCSW, Therapist; Adrienne Udelhoven, LPC, School Counselor, Prairie du Chien School District

#### 35. Day of Hope: RETHINK POTENTIAL/ You are Worthy Africa 30 room

There are many conditions identified by students and staff to indicate, on the surface, a student who is struggling academically. There are other signs that also suggest students are dealing with socio/emotional issues or a lack of engagement from school personnel and high school life. A careful review of such a group of students who might benefit from additional support might also reveal unintended barriers or unrecognized problem spots within a school's curriculum, communication, or support structure. Having students participate in a day of hope is a unique opportunity to identify and intervene with students who may benefit from additional support who have been identified as at risk of not graduating. We want our high school seniors to be excited about the future and the possibilities it holds. Post-secondary choices seem like a long time away for many students. A mentor having the opportunity to inspire the district's graduates gives students to work hard, stay in school, and finish strong. School Counselors and district staff serve as mentors for the day to work with the district's most vulnerable students in a nontraditional format to increase graduation outcome. (6-12, Intermediate, Academic)

Presenters: Ophelia King, Manager II School Counseling, Department of College and Career Readiness; Natalie Anderson, Manager II - Extended Learning Opportunities; Milwaukee Public Schools

#### 36. Team collaboration: The Integrated Student Service Team Africa 40 room

The Integrated Student Services Team is a model where school counselors, school social workers, school psychologists, school nurses and admin collaborate to best serve students, families, staff, and the school community. We each serve a professional role, each role is a respected and valued component of the whole. As a team, we use student data and Multi Tiered Systems of Support to wrap around specific student needs. Team collaboration is key, the health of the team is imperative as we lift and support our community. Integrate comes from the latin word Integrare which means "to make whole". (9-12, All Levels, Leadership/Advocacy)

Presenter:

Carri N. Hale, MS, School Counselor, Verona Area High School

#### 37. Strategies for Talking About Race And Identity With Students Africa 50 room

In order for educators to understand their students and families identities, it is important to do our own personal reflection. Having a strong sense of identity helps support students' academics, social emotional learning, and college and career readiness. This session will provide counselors with strategies to help students grow in their identity and create an inclusive school environment. (K-12, Basic, Equity)

Presenter: Derek Francis, Manager of Counseling Services, Minneapolis Public Schools, Minneapolis, MN

#### 38. Mental Health in School is not Just for Students: Why School Counselor Wellness Matters Africa 60 room

\*\* Intensive sectional: 2:30 - 3:50 p.m. \*\*

All counselors have the ethical responsibility to monitor their emotional and physical health and personal behaviors, as well as practice wellness and recognize the high standard of care an educator must maintain on and off the job to ensure optimal professional effectiveness. Self-care is the active participation of enhancing your physical, mental, emotional, and spiritual wellness, as well as quality of life. Behavioral, relational, and internal self-care strategies that contribute to wellness will be discussed. (K-12, PS, all levels, Leadership/Advocacy)

Presenter:

Carrie King, Ed.D, LPC, Counseling Department Chair, Mount Mary University, Milwaukee, WI

#### 39. Gifted and Talented 101/201 For School CounselorsAfrica 70 room

Giftedness stretches well beyond school performance. Gifted youth tend to have specific and intense psycho-social needs and traits. These traits can make them vulnerable to misdiagnosis, missed diagnosis, behavioral and/or mental health issues, relational conflicts, and perhaps, surprisingly, academic underperformance often ending up with a referral to the school counselor. In this session we will discuss factors contributing to the unrest of many of our gifted students as well as other characteristics, the identification and data collection and programming for our gifted students with an equity lens. We will spend the majority of our time sharing practical information to help you support your students to achieve greater success and wellness. Practical interventions that are useful in the classroom, a counselor's office, and at home will be shared. Specific attention will be given to intensities, anxiety, and perfectionism within the context of support and programming. Additional attention will be given to giftedness within the context of local norms, 2(e) and ELL students. (K-12, Basic, Academic)

Presenters: Cathleen Schmit, GT Licensed Educator, WI Association for Talented and Gifted (WATG); Jackie Drummer, WATG Past President and GT Coach; Pamela Clinkenbeard, WATG board member

#### 40. Putting the Last Piece in the ACP puzzle: an Exploration of the Senior Exit Interview Portfolio Process. Africa 80 room

How do you get your students to showcase their Academic and Career Plan? At Baraboo High School, the culminating event in the ACP process is the Senior Exit Interview Portfolio (SEIP). Learn how BHS collaborates with the community to create a morning filled with senior exit

interviews showcasing a portfolio of their accomplishments with our stakeholders. Leave with tangible planning timelines and other documents to assist with the implementation of this process at your school. (9-12, Intermediate, Career/Postsecondary)

Presenters: Stacey Endicott, MS, MA, NCC, NCSC, Professional School Counselor; Tom Schmidt, MS, Behavior Coach; Baraboo High School, Baraboo, WI

#### 41. Busting Burnout-Clinical Peer to Peer Supervision with School Counselors Supporting Each Other Guava room

Support for busting burnout can be found by engaging in effective clinical supervision practices. The question is where and how to start. Dr. Gillen has been working with school counselors providing clinical supervision with a goal of reinforcing peer to peer clinical supervision. During the presentation you will hear from current school counselors who are using this method to support their own work, increase effectiveness and decrease stress. (K-12, Intermediate, Leadership/Advocacy)

Presenter: Mark Gillen, Ph.D., Professor, UW River Falls

#### 42. Local Advocacy for Graduate Students and New School Counselors Tamarind room

Learning to be an advocate as a school counselor can be difficult for graduate students and new school counselors. This program will discuss broad advocacy at the local level from talking to administrators to the school board. As grad students, we may have to advocate for our school counseling programs and it is important to understand how to advocate for your program by discussing new programming, trainings, etc. with administrators and/or the school board in your district. (K-12, PS, Basic, Leadership/Advocacy)

Presenters: Ellen Cary, Professional Counseling Grad Student, University of Wisconsin - Oshkosh; Kelly O'Connell, MS, School Counselor, Verona Area School District; Melissa Ninham, Graduate Student, Lakeland University

#### 43. Reuniting Counselors: The School and Admissions Counselor Dream Team Portia room

Uniting high school counselors and college admissions counselors is a critical piece to create access and equity to post secondary institutions for our students. This relationship is needed now more than ever, as we revamp our school counseling programs in the wake of COVID 19. Admission Director John McGreal and School Counselor Lauren Schultz have teamed up beyond a high school visit. Learn tips and resources to help close post secondary access gaps within your building. Engage in conversation about what we have learned from our "virtual new normal" and how we can work together to support all students. (9-12, PS, Basic, Career/Postsecondary)

Presenters: John McGreal, M.Ed., Director of Admissions & Enrollment Management, Bellin College, Green Bay, WI; Lauren Schultz, School Counselor, Menasha High School, Menasha, WI

#### 44. Using Xello to Build a Team of Future Readiness Leaders

Wisteria room

As important as it is to get students engaged in the Xello platform, student success is only possible when everyone participates in the experience. This means educators, local companies, and parents need to work together to create an environment of future readiness students can thrive in. Join us as we highlight not only the tools in Xello that help students achieve their successful future, but also the ways you can create a team of future readiness leaders. You'll learn all about: the WBL experience in Xello; Xello's new Family Portal; resources for effective resume building in Xello. (K-12, Basic, Career/Postsecondary)

Presenters:

Julee Dredske, Xello, Toronto, Ontario

Nutrition Break 3:30 – 4:00 Level 4 – Grand Terrace

#### SECTIONAL 5 - 4:00 - 5:00 p.m.

#### 45. State of the State

#### Africa 10 room

Join the WSCA Executive Director and Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling. Learn more about statewide mental health initiatives, equity/racial justice updates, school counselor recruitment/retention efforts, WSCPAR/RAMP coaching, DPI suicide prevention programs, Social Emotional Learning, ACP and school safety initiatives. We will also cover national initiatives with ASCA and other national organizations, such as ASCA model updates, national Social Emotional Learning standards and other education issues as they may pertain to school counselors. Come and see what Stacy and Andrea have to share. (K-12, Basic, Leadership/Advocacy)

Presenters: Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association; Andrea Donegan, MS, School Counseling Consultant, Wisconsin Department of Public Instruction

#### 46. Role Differentiation between Counselors, Social Workers and Psychologists Africa 20 room

What's the difference between a School Counselor, School Social Worker, School Psychologist? If your school/district has all three, this is likely a question you've received. This presentation will demonstrate a reflective process that Kromrey Middle School's Student Services Dept created in order to develop a clear sense of role differentiation within our dept. The outcome of this process will provide your team with a great tool for role advocacy and general understanding of your roles for all stakeholders. (K-12, Basic, Leadership/Advocacy)

Presenters: Abbie Hannam, MA, School Counselor; Nichole, Carlisle, MS, School Social Worker; Kasey Wierzbicki, MS, School Counselor; Joe Bins, MS, School Counselor; Kerry Burke, MA, School Counselor; Kromrey Middle School, Middleton, WI

#### 47. Adultification of Black girls and the impact in school settings Africa 30 room

Adultification bias is defined as a form of racial prejudice where children of minority groups, such as African American girls, are treated as being more mature than they actually are by a reasonable social standard of development. This workshop focuses on how adultification impacts girls in a school setting and how practitioners can work to mitigate these findings. (K-12, Basic, Equity)

#### 48. Youth Voices and Social Justice! Come learn about the annual Dane County Social Justice Youth Forum (DCSJYF) Africa 40 room

The DCSJYF is sponsored by the Dane County Equity Consortium (DCEC) and is now in its third year. This Forum is planned by the Student Leadership Board (SLB), a team of diverse high school age student leaders from around Dane County. The SLB creates the annual theme, requests the keynote speaker and creates the ideas for breakout sessions. Last year the Forum was 100% virtual due to COVID. Nearly 150 youth attended a 7.5 hour Zoom, resulting in student data of who the students are and what they need. Participants will be led through activities that SLB goes through to plan the Forum, as well as take a deep dive into the student voice data. (9-12, All Levels, Equity)

Presenter: Carri N. Hale, MS, School Counselor, Verona Area High School, Verona, WI

#### 49. 3 Ways to be an Inclusion Ally for the LGBTQ+ population Africa 50 room

Pronouns, bathrooms and support plans, oh my! As school counselors, we need to have the courage, the heart and the brains to effectively support ALL of our students. In addition to the LGBTQ+ population, we also need to understand intersectionality. Race, religion, and neurodivergency can all be part of the equation. Let's pull back the curtain and be the Wizard to save lives! (K-12, PS, Basic, Leadership/Advocacy)

Presenter: Lisa Koenecke, MS. NCC, IICDP, Counselor Educator, Lakeland University, Middleton WI

#### 50.Creating a counseling program with a team of 1Africa 60 room

Ensuring students are offered tier one programming, access to post secondary planning assistance, experiences outside and inside the school to enhance student dreaming and planning as a solo school counselor serving multiple sites can seem impossible. This session will explore how one school counselor delivers programming for Capital High in the Madison

Presenter: Carolyn Strong, EdD, Dean of Students, Thornton High School, Calumet City, IL

Metropolitan School District. Part of this presentation will be saved for turn and talk style conversation about best practice. (9-12, Basic, Leadership & Advocacy)

Presenter: Marianne Matt, MSE, School Counselor, Madison Metropolitan School District, Madison WI; ASCA School Counselor of the Year Finalist

#### 51. Using Social & Emotional Data to Support Student Mental Health Africa 70 room

Collecting social and emotional data to develop small groups, create interventions for individual students, and to determine the efficacy of programming is an important component to ensure equitable access to your school counseling program. In this session we will discuss using Minute Meeting data and other screeners to help build small groups and determine which students could benefit from more supports. We will also explore Closegap, a free online platform that encourages students to mindfully notice their emotional state each day, notice patterns, and advocate for adult assistance if needed - all while engaging learners in 2nd-5th grade. Learn how you can implement these simple routines in your school to gather data to drive your small groups, core curriculum, and serve as a mental health support for students. (K-5, Basic, Social/Emotional)

Presenter: Sarah Flier, MS, Elementary School Counselor, Willow River Elementary, Hudson, WI

#### 52. Pro Skills... how to transform your school at any level Africa 80 room

Our goal is quite simple; we want to create habits of the skills and behaviors our students are learning to help them be successful employees and community members. The core of our Pro Skills initiative is for everyone, students and staff, to use a growth mindset, empowerment and relationship building to accomplish this. A by-product has been a positive change in the culture of our school. We are excited to share with you the implementation process with our stakeholders (staff, students, parents, businesses), outcomes and improvements. You will leave prepared to implement this at your school. (K-12, Basic, Career/Postsecondary)

Presenters: Andrea Berlin, MS, School Counselor; Lisa Finney, Masters of Educational Leadership, Principal; Sheboygan Central High School, Sheboygan, WI

## 53. How to have Conversations about Race and Culture without Blame and Shame *Guava room*

How to create a recurring discussion on race and culture which helps school personnel learn about what makes culture, how cultural differences can cause conflicts as well as helping individuals reflect on their own biases and privilege without blame or shame. (K-12, PS, Advanced, Leadership/Advocacy)

Presenter: Sarah Hestres, MSE, School Counselor, Appleton Area School District

#### 54. Using Mindful Movement with Students

#### Tamarind room

Are you looking for creative ways to increase your students' wellness and resilience after living and learning in a pandemic? Have you seen an increase in stress, anxiety, and depression in your students? Would you like to add tools to your tool belt? This may be the sectional for you. Come learn about an individual that experienced the same things in her school counseling

practice, and how she was drawn to yoga as a way to help. We will be using movement, discussion, and play in this sectional so come ready to actively participate. (K-12, PS, Basic, Social/Emotional)

Presenter: Rachel Pufall, MSE, 200 Hour Yoga Instructor, Yoga Calm Youth Instructor, Breathe for Change Wellness Champion; Statewide Coach, Wisconsin Center for Resilient Schools

#### 55. College Course Opportunities through UW Extended Campus *Portia room*

Learn how students can get a jump start on their college career with UW Extended Campus. In partnership with UW System schools, Extended Campus offers online courses through UW Independent Learning and the UW Associate of Arts and Sciences degree program. These courses can be utilized by high school students through the Early College Credit Program to begin a college degree or earn transferable credits to shorten their path to college degree completion. (9-12, PS, Advanced, Career/Postsecondary)

Presenter: Troy Marshall, Program Manager, UW Extended Campus, Madison, WI

#### 56. What does trauma sensitivity look like in the classroom? *Wisteria room*

The 7 essential ingredients of trauma-sensitive school is a model of practice that supports implementation in the school setting. Participants learn about the prevalence of trauma and adversity in the lives of our students. We will discuss how this impacts students emotionally, socially, and developmentally and learn strategies to increase relationship and regulation in the classroom. (K-12, Basic, Social/Emotional)

Presenter: Marci Waldron-Kuhn, EdD, Trauma Certified and Resilience Practitioner through STARR Commonwealth, Student Services Specialist, CESA 7, Green Bay, WI

#### WSCA Social 5:00 - 7:00 p.m. Volcano Lounge, Kalahari Resort

Join your school counseling friends for an evening of fun, games and prizes at the Kalahari Volcano Lounge at Tom Follerys. WSCA will have light appetizers, cash bar, and special counselor themed options!

#### SCHEDULE OF SECTIONAL MEETINGS

Friday, November 12, 2021

#### SPECIAL INTEREST GROUPS (SIGs) – 7:30 – 8:10 a.m.

WSCA has created Special Interest Groups (SIGs) to nurture the growing diversity in our association by providing "micro" communities within which members can network and add value to their WSCA membership experience. These smaller subsets of members are formed for the purpose of knowledge sharing and discussion among members with similar interests whether they are the specific subjects, issues or type of institution or students they serve.

#### Adolescent Emotional Well Being SIG

The Adolescent Emotional Well Being Special Interest Group will provide a supportive community for school counselors working with adolescents. This group will support learning, collaboration and networking around adolescent mental health and emotional well being.

#### Counselors of Color SIG

The Counselors of Color Special Interest Group will provide a space for counselors of color with common backgrounds, interests, and experiences to get together in order to build relationships. share ideas, and support each other. This is an opportunity to discuss existing efforts in our places of work, as well as explore possible activities that could be implemented to enhance the experiences for counselors of color.

#### **District Leaders SIG**

Description

#### Early Career School Counselor SIG

The Early Career School Counselor Special Interest Group aims to provide a professional and supportive network for early career school counselors to come together to discuss the issues and challenges related to their young counseling roles. The group is for anyone who self-selects themselves as "young" while serving as a school counselor; to that end, there's no age cutoff. but an estimated time in the profession would likely include the first three to five years in the field.

#### **Elementary School Counseling SIG**

The Elementary School Counselor Special Interest Group will provide a supportive community for school counselors working with elementary aged students. This group will share the joys of this age as well as the challenges often faced in the elementary school counseling profession.

#### **Retired and Active SIG**

The Retired and Active Special Interest Group is a group of former school counseling professionals who continue to be involved in WSCA. Their goal is to mentor members and continue to support and advance the work of the school counseling field.

#### **Rural and Small Town SIG**

The Rural and Small Town Special Interest Groups mission is to bring rural and small town

#### Africa 40 room

Africa 10 room

#### Africa 70 room

Africa 60 room

## Africa 20 room

Africa 30 room

### Africa 80 room

school counseling professionals, as well as those committed to rural and small town education. The purpose of the group is to bring together professionals who support rural education and share knowledge of rural assets, challenges, and issues with one another. All professionals committed to rural and small town student success are welcome to join.

#### SECTIONAL 6 - 8:30 - 9:30 a.m.

#### 57. Connect - A Social and Emotional Learning Course taught by Counselors Africa 10 room

Connect, a SEL course taught by School Counselors! Learn how this team advocated to add a 3rd counselor bringing ratios down to 1 counselor per 275 students, while using a proactive approach teaching SEL skills to ALL students. In this session we will share how we advocated and implemented the course, share lesson plans and curriculum ideas. We will share growth data from our two years and give you practical ideas and resources to bring back to your school! (6-12, Intermediate, Social/Emotional)

Presenters: Sam Dusek, M.S.Ed., School Counselor; Jordan Seifert, M.S.Ed., School Counselor; Gary Campbell, M.S.Ed., School Counselor; Mark Chapin, Ed.D, Principal; River Falls School District, River Falls WI

#### 58. The Power of Gratitude - One Thank You at a Time Africa 20 room

Gratitude is a top predictor of happiness. Research confirms that performing acts of kindness and sharing thankful thoughts have many positive effects on mood and health. People who express gratitude lower their blood pressure, get better quality of sleep, improve their relationships and decrease their depression levels. Come learn practical ways to harness the power of gratitude to positively impact your school climate and the lives of both students and staff. (9-12, Basic, Social/Emotional)

Presenters: Peter Geissler, MS, Retired High School Counselor; Marybeth Geissler, MS Education, High School Science Teacher; Luxemburg Casco High School, Luxemburg, WI

#### 59. Bring ACP to life through Career-based Learning Experiences Africa 30 room

CESA 4 collaborated with DPI in the creation of Career Based Learning and Work Based Learning definitions. A new guide will be published on DPI's website, later in the 21.22 SY. This session will introduce Career Based Learning Experiences, definitions and how to incorporate Career Based Learning into Academic Career Planning and College & Career Readiness indicators. (6-12, Intermediate, Career/Postsecondary)

Presenter: Jessie Sloan, MSE - School Counselor & Community Counselor; Pupil Services Director, Student Services Directors, CESA 4, West Salem, WI

#### 60. Tips, Tricks, and Treasures For Tackling Student Anxiety at the Elementary Level Africa 40 room

As the number of students who struggle with anxiety increases, join me to learn ideas, resources, tips, strategies, and skills to help students cope with and/or overcome their anxiety. It's the little things that sometimes make the biggest impact. I will share tips, tricks, and resources that have helped me help students dealing with anxiety. Programs and curriculum will not be the focus, but rather the gems I've discovered for teaching students strategies for dealing with anxiety. Come join me as I share tips, tricks, and treasures! (K-5, Intermediate, Social/Emotional)

Presenter: Jenny Holle, MS, School Counselor, Burlington Area School District, Burlington, WI

# 61. Yes, the Wisconsin Comprehensive School Counseling Model Standards have transitioned to the ASCA Mindsets & Behaviors. What you need to know, including updates from ASCA. Africa 50 room

Several years ago, the DPI Standards Review Council approved sunsetting the Wisconsin Comprehensive School Counseling Model Standards and transitioning to the ASCA Mindsets & Behaviors (M&B). Since that time there have been important updates for counselors to be aware of, including greater inclusion of the M&B in the ASCA Model 4th edition, conversations on how M&B intersect with DPI SEL standards, how M&B addresses equity, and updates from ASCA on the M&B themselves. Join us to learn more about this important component of your comprehensive counseling program. (K-12, Basic, Leadership/Advocacy)

Presenters: Stacey Miller, EdS, LPC, NCC, School Counselor; Buford Elementary, Buford GA; Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association

#### 62. Supporting Students From Underrepresented Populations in Higher Level Classes Africa 60 room

The trend of historically marginalized communities being excluded from higher level classes is prevalent in schools across the country. School counselors are key to disrupting systemic and interpersonal barriers that perpetuate the gatekeeping of advanced level classes. This session will equip counselors with proactive strategies to recruit and retain students of color in higher level courses. (6-12, Intermediate, Equity)

Presenter: Derek Francis, Manager of Counseling Services, Minneapolis Public Schools, Minneapolis MN

#### 63. Maximizing College Application Portals to Gain Admissions and Scholarships Africa 70 room

Helping students through the college application process can be a daunting task for both the student and the school counselor. Imagine if there were tools that can help all students streamline the application process. In the session Maximizing College Application Portals to Gain Admissions and Scholarships, you will learn the benefits of integrating college application portals in your school counseling practice. You will find that College application portals do more

than allow students to apply to many colleges at once. Portals have become robust engines that provide mission-based assistance to first-generation and/or low-income students. (9-12, PS, Basic, Career/Postsecondary)

Presenters: Karolyn Taylor,MS, Scholarship Coordinator, Angelique Jones Cornelius, MS, School Counselor; Milwaukee Public Schools, Milwaukee, WI

#### 64. Moving ACP and Parent Engagement to a Virtual Environment Africa 80 room

The 2020 and 2021 school year has presented challenges for many. In this session learn how the School District of New Berlin has revisited the ACP along with student and parent engagement to move some of their programming to a virtual setting. We will discuss Career Days, Back to School Events, ACP practices, Parent/Teacher Conferences and other activities that have been successfully transitioned to a virtual session that will likely continue for the future. (6-12, Intermediate, Career/Postsecondary)

Presenters: Michael Fesenmaier, MS in Educational Administration, Principal; Kelli Kwiatkowski, MS in Educational Administration and curriculum, Director of Secondary Teaching and Learning; School District of New Berlin, New Berlin, WI

#### 65. Career, Collaboration and Creativity

# During this sectional, participants will engage in a hands-on workshop to create embedded, data-driven career programming into our schools. We will discuss creative ideas to collaborate with colleagues, drive student interest and develop a system that makes quality career exploration a critical element of the school's curriculum. This sectional will focus on the importance of grounded career theory with an equity lens that challenges counselors to think outside of the box and create programming that is fun and purposeful. (6-12, Intermediate, Career/Postsecondary)

Presenter: Julie Crowe-McCarthy, LPC, NCC, CCC, Career Counselor and Consultant, Career Story Academy, Grayslake, IL

#### 66. Therapeutic Use of Games in School Counseling

#### Tamarind room

Guava Room

The integration of games into counseling provides an innovative tool that may potentially enhance the therapeutic process. This presentation will explore the therapeutic power and purpose of using games in counseling to help children and adolescents through their process of healing and growth. The session will also include the types and clinical benefits of games, therapeutic components of games, and areas that impact this creative tool. Finally, we will discuss ways for school counselors to modify existing games and create their own to incorporate them within the therapeutic procedure for individual and group counseling sessions. Join me in this session to add more games to your school counseling toolbox to use in your therapeutic work. (K-5, Basic, Social/Emotional)

Presenter: Hulya Ermis, Ph.D., NCC

#### 67. What is the SUSO Resource Center?

Portia room

Speak Up Speak Out Wisconsin School Safety Resource Center is a comprehensive, one-stop place to turn with important concerns, offering a Threat Reporting System, Threat Assessment Consultation, Critical Incident Response and General School Safety Guidance. (K-12, Basic, Social/Emotional)

Presenter: Erin Armbrust, Program and Policy Analyst/Marketing and Curriculum Manager, WI DOJ/OSS, Madison, WI

#### 68. Harmony SEL: A Pre-K-8 SEL curriculum that is completely FREE! Honest! *Wisteria room*

Harmony SEL is a CASEL-SELect program that builds healthy relationships and supportive learning communities where all students are valued. Join our hands-on workshop and learn social-emotional learning strategies to enhance connection, collaboration and communication in your learning environment! We'll share lessons, stories, and activities that foster respect and empathy and how we tailored the curriculum to meet our virtual learning needs. You'll love Harmony as the activities are flexible and easy to implement. Discover how Harmony SEL Program creates conditions to empower children's voices and choices, and develop healthy relationships at NO COST. (K-8, Basic, Social/Emotional)

Presenters: Elizabeth Janners, MA, School Counselor, Nativity Jesuit Academy; Joshua Pauly, M.Ed, Ambassador, Harmony SEL

#### SECTIONAL 7 – 9:45 – 10:45 a.m.

#### 69. Julia Cook: Books that Make a Positive Difference

#### Africa 10 Room

Julia leads an entertaining discussion on the use of storybooks to offer children and adults a fun way to learn important people skills. Teach your students to become lifelong problem solvers! Julia will demonstrate humorous and effective ways to use books on such subjects as anger control, grief, following instructions, tattling, bullying, personal space, interrupting, and personal safety. The writing and publishing process will also be explained - learn to become a published author! (K-12, Basic, Social/Emotional)

Presenter: Julia Cook, Best Selling Author and Keynote Speaker

#### 70. FAFSA Resource Guide

Wisconsin Association of Student Financial Aid Administrators (WASFAA) created a counselor FAFSA resource guide aimed towards helping students, families as well as adults better understand financial aid to make informed decisions about applying for aid and paying off debt. (9-12, Basic, Career/Postsecondary)

Presenters: Cheryl Rapp, DFI College Affordability Specialist, WI Dept. Financial Institutions, Madison, WI; Connie Hutchison, HEAB Executive Secretary

#### Africa 20 room

#### 71. Ikigai and Finding Your Purpose

#### Africa 30 room

Ikigai (ick-kai-gee) is a Japanese word describing the meaning and pleasures of life. The word literally consists of "iki" (to live) and "gai" (reason). Even though I am not Japanese, this word is helping to shape how I train the next generation of school counselors at Lakeland University. There is an image I use that includes the following: What you love to do; What you're good at; What the world needs; and What the world will pay you to do. Sound interesting? Please join us to discover YOUR meaning and what you enjoy in your life! (K-12, PS, Basic, Leadership/Advocacy)

Presenter: Lisa Koenecke, MS. NCC, IICDP, Counselor Educator, Lakeland University, WI

#### 72. Effective Internship Supervision

#### Africa 40 room

Providing high quality internship experiences to our future colleagues is such an important way to insure that the profession is being practiced at the highest level. Grad students often formulate their approach to the school counseling profession based on what they witnessed and learned through experience at their internship site(s). Being a site supervisor is a great way to give back to the profession. If you are considering offering to become an internship site supervisor, or if you have and need a "booster", this is a great session for you. (K-12, Intermediate, Leadership/Advocacy)

Presenter: Steve Schneider, NBCT, High School Counselor/Adjunct Instructor Sheboygan South HS/Marquette University

#### 73. The School Counselor's Role in Facilitating Courageous Conversations Africa 50 room

To create antiracist schools, school counselors are leaders in helping school staff develop self-awareness, identify biases, and build cultural proficiency. In this session, we present a collaboration between UWW school counseling students and local school counselors. The result? The Courageous Conversations website, which includes a series of virtual workshops to help school staff support students of color and have individual and classroom dialogues about race. Join us to learn more about creating culturally responsive schools. (K-12, Intermediate, Equity)

Presenters: Jennifer Betters-Bubon, MS, Ph.D., LPC, Associate Professor, University of Wisconsin Whitewater; Walter Williams, LPC-IT, Professional School Counselor; Shawn Harris, LPC-IT, Professional School Counselor; Julia Breidenbach, School Counseling Graduate Student; Sarah Seaton, School Counseling graduate student

#### 74. Sharing Your Program Story

#### Africa 60

Want to promote your program, advocate for students and share the incredible work you are doing behind the scenes? Join us as we share how EVERY counselor can create their very own Wisconsin School Counseling Program Accountability Report (WSCPAR) or Recognized ASCA Model Program (RAMP) to show your administrators, parents, and colleagues how students benefit from a comprehensive school counseling program in their school. These

documents also help other counseling professionals grow their programs and improve practices for their students! Whether you are in graduate school and want to understand how counselors use data in their programs or you've been in the field for 20+ years and want a way to organize and show your data - this sectional is for you! (K-12, Basic, Leadership/Advocacy)

Presenters: Sarah Flier, MS, Elementary School Counselor, Willow River Elementary, Hudson, WI; Stacy Eslick, WSCA Executive Director

## 75. Social Emotional Learning and Mental Health is the Work of ALL in Education *Africa 70*

Learn about the application of a systems approach for sustainable change that can impact all students through an equity lens. This session will discuss the key components needed to build comprehensive school based mental health and wellbeing programs that serve every student and adult. Information on how free coaching from the Wisconsin Center for Resilient Schools can support that work will also be discussed. (K-12, PS, Intermediate, Social/Emotional)

Presenters: Rachel Pufall, MSE, Statewide Coach; Jodi Hubbard, MS, Statewide Coach; Wisconsin Center for Resilient Schools, West Salem WI

#### 76. Empowering Students Today by Preparing Them For Their Tomorrow Africa 80 room

Participants will explore how Academic and Career Planning and Regional Career Pathways support each other to create powerful learning experiences for students that give in-classroom learning real-world, authentic applications. Create a vision for integrating your school or district's implementation of Academic Career Planning and Regional Career Pathways work in an innovative way. (6-12, PS, Basic, Career/Postsecondary)

Presenters: Eric Hill, MS in Educational Leadership, Regional Career Pathways Coordinator, CESA #1, Pewaukee WI; Kayla Correll, Masters in Career and Technical Education, Perkins and ACP Coordinator

## 77. ACE's Wild- Understanding and identifying childhood trauma and practical applications to social emotional learning (SEL) in schools *Guava room*

This session is a collaborative effort between Scott Bakkum of Oconomowoc High School and Paige Wrecke of Mukwonago High School. Different school districts, but the same drive and passion for development and improvement of SEL structures within our schools. This session is an overview of systems and tools we have put in place within our respective schools that we have experienced success with. Attendees will leave with a general framework, tools, and resources to take back and implement within their districts; these range from the very basic to the quite complex ranging, from Tier 1 to Tier 3 interventions. (9-12, Basic, Social/Emotional)

Presenters: Scott Bakkum, MS, School Counselor, Oconomowoc High School; Paige Wrecke, MS, School Counselor, Mukwonago High School

#### 78. Resilient Warriors: An Expressive Art-Based Resiliency Program

#### Tamarind room

Consistent with the strength-based approach, a resiliency curriculum infused into the counseling

classroom lessons can offer a unique approach with the potential for significant impact on positive youth development. To deliver a resiliency curriculum, school counselors need to think innovatively and consider integrating creative techniques into school counseling, such as expressive arts as a rich resource to use with children. Please join us to learn about an expressive art-based resiliency program, Resilient Warriors, implemented with upper elementary students. (K-5, Basic, Social/Emotional)

Presenters: Hulya Ermis, Ph.D., NCC; Jami Donath, MS, Professional School Counselor; Laura Weber, M.S. Candidate in School Counseling, Graduate Assistant

#### 79. The Butterfly Effect - How Kindness Can Change the World *Portia room*

Based on Chris Rosati's theory of the Butterfly Effect and how to make the world a better place, Berlin High School has created a highly successful KIND committee whose mission is to create a more positive environment. This highly engaging sectional will inspire attendees to create a KIND committee in their own schools. This dynamic duo will offer information on funding, implementation, and the tools you will need to flap your wings. (K-12, Basic, Social/Emotional)

Presenters: Ann Ragus, MSE, High School Counselor; Amy Wenig, Masters of Education, English Teacher; Berlin Area School District, Berlin, WI

Wisteria room

#### 80. Spark Career Curiosity with Xello for Elementary

Is there such a thing as starting career development too early? When it comes to preparing for the future, the answer is no. Join Xello in a session to discuss the benefits of exposing your youngest learners to concepts around career development. Learn how to engage students with specific in-program activities, missions, lessons, and supplementary activities in Xello for Elementary and support the SEL Competencies identified by the DPI. (K-5, Basic, Career/Postsecondary)

Presenter: Julee Dredske, Xello, Toronto, Ontario

Brunch 11:00 a.m. Keynote Speaker – Dr. George Koonce Africa Ballroom East