

SCHEDULE OF SECTIONAL MEETINGS

WSCA Conference 2023

Thursday, November 2nd, 2023

SECTIONAL 1 – 7:45 – 8:45 a.m.

1. **Reboundaries and Resilience: Enhancing Skills that Foster Boundary Recognition, Determination and GRIT!**

(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 10**

How do we accomplish the great task of teaching our kids the BIG LIST of everything they need to know and succeed in life when they believe that all of their needs are being met through screen time? How do we teach our kids online safety? How do we allow technology to add to our children's life as opposed to taking from it? How do we create an environment where kids genuinely "want it" more than we want it for them? In her research-based presentation, Julia takes a look at how creative world-class parents and educators are answering these questions and helping children thrive with strength and confidence in their ever-changing world!

Presenter(s): Julia Cook, Children's Book Author and Parenting Expert

2. **Chill Week - A Mental Health Awareness Week to Promote Teen Wellness**

(Middle | High; Basic; Social/Emotional)

Location: **Africa 20**

Bring awareness to student mental health by dedicating a week to promote health and wellness. Chill Week can include daily themes, activities, giveaways, and information related to educating students about the importance of taking care of themselves in a positive way. Learn effective ways to involve students and staff in activities and conversations related to mental health. This presentation will provide an overview of Chill Week ideas to take back to your school and implement.

Presenter(s): Sam Dusek, MS, School Counselor, Meyer Middle School, School District of River Falls, River Falls; Gary Campbell, School Counselor, Meyer Middle School, School District of River Falls; Jordan Seifert, School Counselor, Meyer Middle School, School District of River Falls

3. **Black Girl Blues: Strategies to Combat Intra-racial bullying and alternatives to suspension**

(Elementary | Middle | High; Basic; Equity)

Location: **Africa 30**

Have we evolved beyond the brown paper bag test? What does it REALLY mean to be black in America today? As long as there have been African-Americans in the new world, this has been an issue up for debate. But for African American girls, these questions of racial identity and physical appearance "light skin vs. dark skin, straight hair vs. kinky hair, etc." often manifest themselves in ways that are detrimental to them and to other girls. This media-fueled war rages on in the inner circle of girls. This workshop will be filled with ah-ha moments that can be taken away and shared for the betterment of school culture. The presenter will also discuss best practices as they relate to teaching and mentoring African-American girls along with modeling activities to address this sensitive issue.

Combat the negatives effects of the media with regard to gender and race.) Model activities that can be utilized to combat said behaviors) Provide alternatives to suspension that are restorative in nature.) Get both students and staff to think about the reasons behind behaviors so that true healing can begin.) Identify and interpret behaviors that are commonly viewed as aggressive or negative) teach alternative ways for girls to communicate with one another.) Learn conflict resolution strategies

Presenter(s): Carolyn Strong, EdD, Primary Consultant, Strong Conversations, Calumet City

4. How to Approach Vaping in Adolescents

(Middle | High; Intermediate; Social/Emotional)

Location: **Africa 40**

Adolescents were a target market of e-cigarette companies. Interventions to support cessation among adolescents who smoke or vape is particularly important because this may reduce or prevent nicotine and marijuana/ CBD dependence/ chronic use. This presentation will provide instructions on how to increase motivation and other behavioral interventions to help adolescents stop vaping, both nicotine and THC including delta-8.

Presenter(s): Stephanie Steinman, PhD, Clinical Psychologist, UW Madison, Madison

5. School Counseling Supervision: Practicum-Internship and Beyond!

(Elementary | Middle | High; Basic; Leadership/Advocacy)

Location: **Africa 50**

Are you a new counselor or about to enter your practicum and internship experience? Are you wondering who will supervise your practice and how it works? If you answered yes to any of these questions, then this sectional is for you! We will help you get the most from your supervision experience and help you learn to advocate for your role as a school counselor, including finding opportunities for supervision in a school setting.

Presenter(s): Cara Wood, MS, doctoral student, Licensed school counselor, Director of Student Services, North Crawford School District, Soldiers Grove; Tracy Lipinski, Visiting Professor, Loras College; Carol Smith, Assistant Professor, Viterbo University

6. Help, I'm Working with a Tweenager!

(Elementary | Middle; Basic; Social/Emotional)

Location: **Africa 60**

There never really was a manual on how to be a parent, especially during the tough tween years. This sectional will give a glimpse into what tweens are thinking as well as strategies for successfully building relationships with them and helping the parents with whom you work. Tim and Deb have a combined 60 years of experience as school counselors and have recently surveyed hundreds of tweens about what is important to them.

Presenter(s): Tim Handrich, M.S. Counseling, B.S. - Psychology, Counselor, Hope Clinic, Menasha, Appleton; Deb Lee, School Psychologist, Little Chute Area School District

7. School-wide Emotion Regulation Systems Made Easy

(Elementary; Basic; Social/Emotional)

Location: **Africa 70**

Build student skills and staff capacity by creating systems that work for everyone. Responding to student behaviors is often reactive, but what if a whole school could work together to proactively help students manage emotions and reduce unexpected behaviors? An equitable multi-leveled system of

support (MLSS) can include a social-emotional intervention continuum that builds K-5 students' emotion regulation skills. This section will cover how one school leveraged their staff's existing practices, designated spots for re-regulation, and a "Regulation Resources" library of things to fill out the tiered interventions. Learn how to integrate evidence-based practices and staff professional development within the MLSS for emotion regulation.

Presenter(s): Valerie Hagen, MSE, School Counselor, Coolidge Elementary School - Neenah Joint School District, Neenah

8. Online Learning.... How it can be a successful option for learners with IEPs and 504s
(Elementary | Middle | High; Basic; Equity)

Location: **Africa 80**

Online Learning has become an option for K-12 learners, but many still believe that online learning is not a suitable option for learners that have an IEP, 504, or other individualized plan. In this session I will share how Wisconsin Virtual School (a supplemental online option) has been a successful option for learners with individualized plans and how you can help learners with individualized plans be successful in an online learning environment.

Presenter(s): Larissa Zompolas, MEd, Special Populations Associate Director for Wisconsin Virtual School, Wisconsin Virtual School, Tomahawk

9. Powerful Relationships: Connecting the Dots Between School Counselors and Special Education Teachers
(Middle | High; Basic; Academic/Career/Postsecondary)

Location: **Guava**

To ensure students with disabilities experience successful transitions from high school, key collaborations are critical. By making connections between Academic and Career Planning (ACP) and the Individualized Education Program (IEP)/Postsecondary Transition Plan (PTP) school counselors and special educators can work and learn together to build a strong foundation in the career & life planning process for students with disabilities. Join us in learning more about this important collaboration!

Presenter(s): Anne Fimreite, Master of Science in Education, School Counseling License, Statewide Technical Assistance Specialist, Transition Improvement Grant, Danbury; Shelley Burke Otto, Statewide Technical Assistance Specialist, Transition Improvement Grant

10. Authentically You. Who Is In Your Circle.
(Middle; Intermediate; Social/Emotional)

Location: **Portia**

The presentation will be very interactive and will focus on the power we give others who are outside our inner circle. The key components are the following: Ways to work with students on self-awareness and social awareness. How do we know someone's story? How do we add positive chapters to someone else's story? How do you feel like you have a right to add to someone else's story without really knowing their story? Working with students who are making fun of or teasing or diminishing someone else's story. Going for connection rather than going for control. The goal of helping students connect with themselves. Who has an influence on how we feel and what we do? Not giving power and influence to those who are not in our inner bubble. This will help students feel empowered and be the owners of their identities. These themes will come together to

Presenter(s): Roy Geurts, School Counselor, Dean of Students, Restorative Justice, Public

Speaking, History of working in the prison system and working with gang members on emotional regulation., School Counselor, Madison Metropolitan School District. Sherman Middle School, Madison

11. Becoming an ASCA Certified School Counselor
(Elementary | Middle | High; Advanced; Leadership/Advocacy)

Location: **Tamarind**

Learn about the process of applying to become an ASCA Certified School Counselor. This is an individual process which includes sharing some of your work in a portfolio with ASCA. The portfolio will be compared to rubric and if the elements are successfully completed, you will earn the distinction of holding the national certification of an ACSC.

Presenter(s): Steve Schneider, NBCT, High School Counselor, Sheboygan South HS, Sheboygan

12. Integrating intentional and data-driven practices into school counseling departments
(High; Intermediate; Academic/Career/Postsecondary)

Location: **Wisteria**

While some school counseling master's programs incorporate evidence-based and data-driven practices, it can be more of a challenge to train practicing school counselors in these areas. This session will share how one Student Services department partnered with a school counselor educator to incorporate data-driven practices into their work. Presenters will share their process for training the department, developing goals, implementing evidence-based programs, analyzing data, and evaluating programs.

Presenter(s): Beth Gilfillan, PhD, NCC, Professional Educator License with endorsements in school counseling and school administration (IL), Assistant Professor of School Counseling, Northeastern Illinois University, Chicago; Drew Eder, Division Chair of Counseling & Student Support Services, Lyons Township High School

13. Fill Your Cup FIRST with Mental Fitness (Sponsor Sectional)
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Mangrove**

As counselors/educators/school leaders, we show up every day with a plan to help our students grow, yet how many of us have a plan to grow ourselves? Come and spend an hour of your morning engaging in fun, positive, interactive, effective strategies to FILL YOUR CUP, towards a happier, healthier YOU! Learn a foundation of mental fitness methods to strengthen critical mental muscles and shift the balance of power from your inner Saboteurs (your negative self) to your inner Sage (your positive self).

Presenter(s): Julia Richter, B.A. Ed., M.A. Ed, Certified Lifeforming Leadership Coach, Certified training in SEL and Positive Intelligence, Founder/Director, CARES (Cultivating Authentic Relationships & Emotional Stability) Coaching Program for Schools, Oak Creek

OPENING SESSION
9:00 – 10:15 a.m.
Keynote Speaker – Principal Kafele
Africa East

SECTIONAL 2 – 10:30 – 11:30 a.m.
SECTIONAL 2 INTENSIVE – 10:30 a.m. – 12:00 p.m.

14. Books That Make a Positive Difference
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 10**

In Julia's presentation, Books That Make a Positive Difference, she leads an entertaining discussion on the use of storybooks to offer children and adults a fun way to learn important people skills. Teach your students to become lifelong problem solvers! Julia will demonstrate humorous and effective ways to use books on such subjects as anger control, grief, following instructions, tattling, bullying, personal space, interrupting, and personal safety. The writing and publishing process will also be explained – learn to become a published author!

Presenter(s): Julia Cook, Children's Book Author and Parenting Expert

15.1. Mindfulness Monday
(Elementary | Middle; Basic; Social/Emotional; 10:30 am - 10:50 am)

Location: **Africa 20**

At Cooper School, I have implemented Mindfulness Mondays, in which teachers can sign-up for 20 min Mindfulness session time slots. Every month is broken down into different themes (breathing, focus, emotion regulation etc), and every Monday in that month is a different Mindfulness activity. One of the activities that the students really loved was "The Tangerine Experience", that helped them with focusing by utilizing all of their senses. The Mindfulness Monday themes and activities assist the students in building a social/emotional tool box to help them in and out of school. Just as with any skill, the more students practice Mindfulness, the more they can use it to be their best selves.

Presenter(s): Nedra McLain, MS, School Counselor, Milwaukee Public Schools-Cooper School, Milwaukee

15.2. ASCA National Model: Top 4 Things to Know About the Annual Student Outcome Goal
(Elementary | Middle | High; Intermediate; Leadership/Advocacy; 11:05 am - 11:25 am)

Location: **Africa 20**

Want to get more familiar with the ASCA National Model (ANM)? Spend 20 mins. in this "crash course" on one of the components of the ANM, learning where to put your focus and energy to get the ball rolling!

Presenter(s): Steve Schneider, NBCT, High School Counselor, Sheboygan South HS, Sheboygan; Sarah Flier, Elementary School Counselor, Willow River Elementary School

15.3. ASCA National Model: Top 4 Things to Know About the Mindsets & Behaviors Action Plan
(Elementary | Middle | High; Intermediate; Leadership/Advocacy; 11:40 am - 12:00 pm)

Location: **Africa 20**

Want to get more familiar with the ASCA National Model (ANM)? Spend 20 mins. in this "crash course" on one of the components of the ANM, learning where to put your focus and energy to get the ball rolling!

Presenter(s): Steve Schneider, NBCT, High School Counselor, Sheboygan South HS, Sheboygan; Sarah Flier, Elementary School Counselor, Willow River Elementary School

16. Colleague Consultations
(Elementary | Middle | High; Intermediate; Leadership/Advocacy)

Location: **Africa 30**

School counselors are often faced with professional dilemmas that may require us to seek consultation from colleagues. Bring your professional problems of practice to this session and participate in a structured problem solving consultancy with colleagues who work in your level. Walk away feeling heard, validated and with new ideas for tackling those professional problems that may be interfering with your ability to provide comprehensive school counseling services for all students.

Presenter(s): Mindy Willard, MA, Director of Outreach and Engagement, Hatching Results, Oregon

17. Beyond the Miracle Question: Effectively Integrating Solution Focused Counseling into your School Counseling Work
(Elementary | Middle | High; Intermediate; Social/Emotional; INTENSIVE)

Location: **Africa 40**

Would you like to know how to move beyond the miracle question? This workshop will assist you in expanding your knowledge of Solution Focused Counseling and how to integrate it into school counseling. We will discuss current practices and review the foundations of SFC while focusing on how to effectively utilize SFC in schools.

Presenter(s): Mark Gillen, Ph.D., Professor, University of Wisconsin-River Falls, Minneapolis

18. Working as a New Counselor While in Graduate School
(Elementary | Middle | High; Basic; Leadership/Advocacy)

Location: **Africa 50**

Working under a license with stipulations provides school counseling graduate students the opportunity to work as a school counselor while finishing their program. While this is a great opportunity, it also comes with a unique set of challenges. Learn about navigating the process of applying for a position, obtaining a license with stipulations, and beginning your career as a school counselor with time to collaborate with peers in the same position.

Presenter(s): Breanna Radke, Graduate Student - Lakeland University, School Counselor, Milwaukee Public Schools (Golda Meir), Milwaukee

19. The W.A.I.S.T Strategy- 100% effective way to return ALL dysregulated students back to learning
(Elementary; Basic; Social/Emotional)

Location: **Africa 60**

W.A.I.S.T: Wait, Acknowledge, Inquire, Solve, Transition is a strategy that works EVERY TIME to re-engage students and help them return to learning. Following these simple steps helps all staff work alongside students to collaboratively solve perceived problems and return to the classroom ready to learn. All staff are able to complete the steps after just a quick presentation. Students gain valuable skills in emotion identification, coping, problem solving, and accepting help. Adults appreciate the simplicity of each step and how quickly students can get back on track.

Presenter(s): Eric Becker, MS, Assistant Principal, Northland Pines School District, Eagle River

20. Alternatives to Suspension and Expulsion
(Elementary | Middle | High; Advanced; Equity; INTENSIVE)

Location: **Africa 70**

Exclusionary Discipline results in immediate and long-term negative outcomes for not only the students who are subjected to disciplinary action, but for their peers, the school, district and community. Minoritized and marginalized students subjected to suspension or expulsion are at disproportionately higher risk of being pushed into the school to prison pipeline. This session will provide School Counselors with strategies at the policy, district, school and individual student levels to significantly reduce exclusionary discipline.

Presenter(s): Tim Peerenboom, MS, MS, licensed School Psychologist and administrator, School Psychology Consultant, Wisconsin Department of Public Instruction, Madison

21. Empowering Kindhearted Kids
(Elementary; Basic; Social/Emotional)

Location: **Africa 80**

Social-Emotional Learning is more important than ever, as the struggle for children to develop healthy identities and emotional stability becomes more apparent in our schools every day. Please join Two by Two Character Development to explore the latest research regarding Social Emotional Learning and the importance of explicitly teaching core values. Plan on loading up your "toolkit" with lots of fun and engaging ideas to immediately use with your children and walk away feeling empowered and rejuvenated for the important work you do.

Presenter(s): Kristin Vaassen, Masters of Education, Administration and Supervision, Director of Business and Curriculum Development, Two by Two Character Development, Dubuque

22. Team Up for High Impact ACP Practices!
(High; Intermediate; Academic/Career/Postsecondary)

Location: **Guava**

We first teamed up for College Application Day in 2013. Today, this partnership has become embedded in our school culture and has grown to include a mock interview experience for all seniors and expanded youth apprenticeship opportunities. Learn how we do all three and how you can take advantage of similar resources and partnerships to support your own program. Walk away with first steps and get inspired for the future. If you are a solo high school counselor or a counselor looking for ACP support, this one is for you!

Presenter(s): Kim DeZeeuw, MS, NCC, 6-12 School Counselor, School District of Horicon, Horicon; Erin Wierenga, Consultant for Youth Apprenticeship and InspireWI, CESA 6 College and Career Readiness Center

23. Breathe In Breathe Out: Breath Techniques to Promote Focus and Calm
(Elementary | Middle; Basic; Social/Emotional; INTENSIVE)

Location: **Portia**

Breathing is one of the simplest tools proven to positively influence health and well-being. And yet, most of us never learned how to breathe properly! In this session, participants will learn breath techniques to cultivate states of energy, focus and calm and how to easily implement them into the classroom.

Presenter(s): Allegra Johnson, MSW, Secondary Ed Director, Challenge to Change, Dubuque

24. Championing Inclusive Schools: ADL's No Place for Hate Initiative
(Elementary | Middle | High; Basic; Equity)

Location: **Tamarind**

Are you a K-12 counselor or educator looking for ways to respond to bullying or bias incidents in your classrooms and schools? Are you looking to equip your students with the skills to create a welcoming and inclusive school environment? No Place for Hate® is a student-led K-12 initiative designed to engage all school stakeholders in building a positive school environment. This breakout session will provide an overview of the No Place for Hate® initiative and education resources to support inclusive learning environments.

Presenter(s): Bill Hicks, Associate Education Director, Anti-Defamation League (ADL), Chicago

25. NCAA 2.0: A Deeper Dive into the NCAA Eligibility Center Processes
(High; Intermediate; Academic/Career/Postsecondary)

Location: **Wisteria**

NCAA staff members will provide an in-depth explanation of specific topics and best practices to help school counselors navigate the initial eligibility process. Topics to be addressed include: nontraditional program and core-course reviews, the role of the student and ways the school counselor can support student-athletes and their families navigating the recruiting process.

Presenter(s): Kaylen Overway, NCC, Assistant Director of High School Review, NCAA, Indianapolis; Amy Routt, Associate Director of High School Review, NCAA

26. Credit 411 (Sponsor Sectional)
(Elementary | Middle | High; Basic; Leadership/Advocacy)

Location: **Mangrove**

While credit can be a great financial tool, if it is used unwisely, it can be disastrous. This workshop examines the wise use of credit, warning signs of credit trouble, and the options available for getting out of debt and reconstructing credit.

Presenter(s): Victor Frasher, Director of Community Engagement, Educators Credit Union

LUNCH & LEARN – 11:40 a.m. – 12:50 p.m.
Lengths & Start Times Vary. See Descriptions for Details

27. Using Book Clubs to Engage Staff in Social Justice Work
(Elementary | Middle | High; Basic; Leadership/Advocacy; 11:40 am - 12:00 pm)

Location: **Africa 10**

Counselors serve as advocates for their students and families every day. Part of that advocacy includes educating other staff members about the various identities that exist in your building and community. This presentation serves as a call to action for counselors to support students through staff social justice book clubs. You will leave this sectional with action items and book titles to get you started with your staff.

Presenter(s): Kaelee Heideman, 2023 Wisconsin State Teacher of the Year, School Counselor, Oshkosh Area School District, Oshkosh

28. Comprehensive School Mental Health: Free Tools for Assessing and Improving Your System
(Elementary | Middle | High; Basic; Social/Emotional; 11:40 am - 12:00 pm l)

Location: **Africa 50**

When building and improving a comprehensive school mental health system (CSMHS), it can be challenging to know where to start, what to focus on, and what is working well. In this session, participants will be introduced to the SHAPE System, which provides free resources and tools for building and assessing their school's CSMHS. Participants will preview the School Mental Health Quality Assessment and the Trauma Responsive Schools Implementation Assessment and learn how they can use the results of these assessments to improve their school's CSMHS by making small, manageable changes.

Presenter(s): Libby Strunz, Mental Health Consultant, Wisconsin Department of Public Instruction

29. Making the Most of Universal SEL Screener Data
(Elementary; Basic; Social/Emotional; 11:40 am - 12:00 pm)

Location: **Africa 60**

Districts are implementing universal SEL screeners at an increasing rate throughout the state. School counselors are often the gate keepers to the data gathered. They are often responsible for suggesting tools to staff and families that can be used to improve student scores. This session will explore ways to use data to end random acts of guidance and provide purposeful individual and small group counseling as well as classroom interventions. There will also be tips on how to best disclose scores to families as well as discuss strengths and weaknesses identified by the screening tool.

Presenter(s): Sarah Eder, MS.ED, PreK-12 School Counselor, Hurley School District, Hurley

30. Direct Admit Wisconsin
(Elementary | Middle | High; Basic; Academic/Career/Postsecondary; 11:40 am - 12:00 pm)

Location: **Africa 80**

All in Wisconsin! Together, the Universities of Wisconsin provide a place for all Wisconsin high school students to access a world-class public education. The Wisconsin Direct Admit program fundamentally changes how we achieve that goal, all with seamless admission in mind. The Wisconsin Direct Admit program will launch starting with the Fall 2024 high school senior class. Participating UW Universities will proactively admit Wisconsin high school students who have opted in, based on their high school GPA, academic course work, and graduate from a participating Wisconsin high school. During the first year of the program, the University of Wisconsin System will solicit participation from Wisconsin high schools that use either Infinite Campus or Skyward for their student information systems, with the goal of opening the program to all Wisconsin high schools in the upcoming years. Counselors who talk with students about their post-secondary plans should attend this session to have the most up-to-date information from the Universities of Wisconsin about this new initiative. Note - that this will be the same information that was presented at the Fall UW Help High School Counselor workshops.

Presenter(s): Corina Diaz, Strategic Enrollment and Transfer Specialist, UW System Administration, Madison

31. Board Listening Session
(All; 12:00 - 12:40 pm)

Location: **Africa 30**

We want to hear from you! Help us continue to learn about the issues that school counselors are experiencing across the entire state. Join the conversation with the WSCA Board to share your day-to-day experiences as a school counselor. The Board wants to make sure that ALL counselors are

represented – so let your voice be heard!

Presenter(s): WSCA Board

32. Building Relationships

(Elementary; Basic; Social/Emotional; 12:30 pm - 12:50 pm)

Location: **Africa 10**

Learn with fellow elementary school counselors about unique ways to build relationships with students, a fundamental way to build trust so that students will feel comfortable working with you in the future.

Presenter(s): Amanda Kauth, School Counselor, Rocky Branch Elementary, River Falls School District, River Falls

33. You Can't Pour From An Empty Bucket: Working with Staff through Burnout and Compassion Fatigue

(Elementary | Middle | High; Basic; Leadership/Advocacy; 12:30 pm - 12:50 pm)

Location: **Africa 50**

The staff of Wonewoc-Center Schools were burnt out and need of support. Missy Herek and Samantha Swanson identified this need, and sought grant funding to help energize staff, reconnect them with their "why," and help staff fill up their own bucket before attempting to pour into their students.

Presenter(s): Samantha Swanson, MSE, School Counselor, Baraboo School District, Baraboo; Missy Herek, Educational Consultant, Herek Consulting

SECTIONAL 3 – 1:00 – 2:00 p.m.
SECTIONAL 3 INTENSIVE – 12:50 – 2:20 p.m.

34. Closing the “Attitude Gap” – A Counselor’s Perspective

(Elementary | Middle | High; Basic; Equity)

Location: **Africa 10**

In this engaging, interactive session, Principal Kafele will assert that the greatest difficulty to closing the achievement gap is the overwhelming assumption that achievement is in fact, the problem. He says that the achievement gap is a consequence of the failure to adequately address the attitude gap that continues to persist in American classrooms.

Presenter(s): Baruti Kafele, School Leadership and Classroom Equity Expert

35.1. All About AmeriCorps

(High; Basic; Academic/Career/Postsecondary; 12:50 pm - 1:10 pm)

Location: **Africa 20**

Learn how AmeriCorps can be an excellent option for high school graduates looking to gain practical experience, develop job skills, earn education benefits, build relationships, and make a positive impact on communities. AmeriCorps offers a unique opportunity to combine service with personal and professional growth, and can be a stepping stone towards future success in education and careers. There are AmeriCorps service opportunities across Wisconsin and the nation, including as a gap year, summer employment, initial employment following graduation, or post-college service.

Presenter(s): Kyle Clower, Master of Education in Curriculum and Instruction for Social Studies,

teaching certifications from Missouri, California, and Wisconsin, Communications and Government Affairs Officer, Serve Wisconsin, Madison; Jeanne Duffy, Executive Director, Serve Wisconsin

35.2. WI Challenge Academy

(High; Basic; Academic/Career/Postsecondary; 1:25 pm - 1:45 pm)

Location: **Africa 20**

Challenge Advantage: This is not your typical high school or alternative education experience. There are many reasons why the Academy is a unique opportunity for WI students: No distractions, finish high school on time, get in shape, earn college credits (seven free fully-transferable credits), personal growth, grants and scholarships. The mission at the Academy is to offer out Cadets the opportunity to develop the strength of character and the life skills necessary to become successful, responsible citizens. The Academy is a FREE residential military model program for students in the state of Wisconsin. A Choice- A Challenge- A Change.

Presenter(s): Julee Katona, Outreach Coordinator, WI Challenge Academy, Fort McCoy; Cadet

35.3. Dual Credit - Yes, please!

(High; Basic; Academic/Career/Postsecondary; 2:00 pm - 2:20 pm)

Location: **Africa 20**

When it comes to dual credit courses, school districts have lots of options to offer students. In this session, interested participants will learn about statewide and local options for these high-demand courses. Those looking to add or expand these programs locally will benefit from learning about the plethora of dual credit programs.

Presenter(s): Karin Smith, MS, Education Consultant, Wisconsin Department of Public Instruction, Madison

36. State of the State

(Elementary | Middle | High; Basic; Leadership/Advocacy)

Location: **Africa 30**

Join the WSCA Executive Director and Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling. Learn more about state and national updates around student mental health, social emotional learning, academic and career planning, school climate and safety, ASCA model updates and other current trends in education that may pertain to school counselors. Come and see what Stacy and Andrea have to share.

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association, Waunakee; Andrea Donegan, School Counseling Consultant, Wisconsin Department of Public Instruction

37. Multi-Tiered, Multi-Domain System of Supports (MTMDSS) in Elementary Schools

(Elementary; Basic; Equity; INTENSIVE)

Location: **Africa 40**

MTSS has become a popular term in most schools across Wisconsin, but have you heard of MTMDSS or Multi-Tiered, Multi-Domain, Systems of Support? Developed by Dr. Trish Hatch (co-author of the ASCA National Model) and used by school counselors all across the country this framework supports counselors in moving from reactive to proactive and from random to intentional counseling. By using data to determine what all students deserve to receive and when some students need more, participants will learn effective ways to provide proactive school counseling services, hold themselves

accountable and advocate for systemic change to ensure that they can spend more time WITH students.

Presenter(s): Mindy Willard, MA, Director of Outreach and Engagement, Hatching Results, Oregon

38. The School Counselor's Role in School Mental Health
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 50**

Implementing and building a comprehensive school mental health system (CSMHS) requires collaboration both within the school and with students, families, and community stakeholders. While school counselors cannot do school mental health work alone, they are valuable members of school mental health teams and play an important role in advocating for and advancing CSMHS. Participants will learn more about the role that they can play in building CSMHS, explore how they can collaborate with others to avoid doing this work alone, and build their knowledge of specific strategies they can use to support student mental health.

Presenter(s): Libby Strunz, Mental Health Consultant, Wisconsin Department of Public Instruction

39. Puff Bar, Vuse, SMOK, oh my! Understanding the Youth Vaping Epidemic and What You Can Do About It.
(Middle | High; Basic; Social/Emotional; INTENSIVE)

Location: **Africa 60**

Use of e-cigarettes and vapes has skyrocketed among Wisconsin youth - 1 in 3 Wisconsin high school students have tried vapes and 20% consider themselves current users. This session will answer two questions: 1) what's the problem with youth vaping?, and 2) what can you do about it? After presenting a primer on youth vaping, presenters will train on the ACT (Ask-Counsel-Treat) model for youth cessation as well as share other cessation/intervention programs and resources.

Presenter(s): Zoe Hurdle, MPH, Coordinator, Health Promotions, American Lung Association, Brookfield; Kim Larson, Manager, Health Promotions, American Lung Association; Luke Witkowski, Youth Programs Coordinator, Tobacco Prevention and Control Program, Wisconsin Department of Health Services

40. Sharing Your Program Story
(Elementary | Middle | High; Basic; Leadership/Advocacy)

Location: **Africa 70**

Want to promote your program, advocate for students and share the incredible work you are doing behind the scenes? Join us as we share how EVERY counselor can create their very own Wisconsin School Counseling Program Accountability Report (WSPAR) to show your administrators, parents, and colleagues how students benefit from a comprehensive school counseling program in their school. This document also help other counseling professionals grow their programs and improve practices for their students! Whether you are in graduate school and want to understand how counselors use data in their programs or you've been in the field for 20+ years and want a way to organize and show your data - this sectional is for you!

Presenter(s): Sarah Flier, MS, Elementary School Counselor, Willow River Elementary School, Hudson; Cindy Bourget, Middle School Counselor, Elk Mound Middle School

41. The Cup: An Engaging Conversation Starter To Help Students Take Control Of Their Happiness
(Middle | High; Intermediate; Social/Emotional)

Location: **Africa 80**

Wish you had a multi tool to engage your students and make them an active participant in their own mental health? In 18 years of using Glasser's Choice Theory concepts, I have used this "The Cup" conversation to engage students, parents and teachers to move towards owning their happiness. In this sectional, I demonstrate this tool as something you can use in practice now, regardless of which counseling theory you use to help students.

Presenter(s): Joe Wiesner, M.Ed. in School Counseling, School Counselor, Lincoln High School, Manitowoc

42. Racial Trauma, Resiliency and Ally Resources in the Classroom
(Elementary | Middle | High; Intermediate; Equity; INTENSIVE)

Location: **Guava**

This racial trauma-informed, social justice-oriented training offers historical context, cultural insight, and clinical guidance on how to support BIPOC in the workplace. This session moves beyond providing mental health first aid and community solidarity. This session presents a unique racial trauma healing framework, alongside experience with and expertise in: historical, intergenerational, and workplace racial trauma. The goal of this session is to build the skills of Non-BIPOC adults working with BIPOC in recognizing race-based traumatic stress symptoms and advocating for equity.

Presenter(s): Kenda Roman, LPC BSE MA, School Counselor, Covenant Care Counseling Center, Beloit

43. Supporting Kids Emotional and Mental Health with e-Learning resources from Children's Wisconsin
(Elementary | Middle; Intermediate; Social/Emotional)

Location: **Portia**

This presentation will focus on online health education curriculum created by Children's Wisconsin, a nationally recognized pediatric institution dedicated to making Wisconsin kids the healthiest in the nation. Workshop includes an overview of our new "Healthy Minds" (K-8) mental and emotional health curriculum and mindfulness activities called, "Take Five" (K-12). Workshop format will be a presentation, followed by a short demo and concluding with a panel discussion featuring school counselors who have successfully delivered our programs. Participants are encouraged to bring laptops.

Presenter(s): Clay Anton, M.Ed., e-Learning Representative, Digital Storyteller, Children's Wisconsin, Milwaukee; Yetlanezi Ortega, e-Learning Representative, Children's Wisconsin

44. Building and Organizing Your Counseling Library
(Elementary; Basic; Social/Emotional)

Location: **Tamarind**

Books are an essential part of an elementary counselors toolkit. However when new to the field, elementary counseling, or a district, building and organizing a counseling library can be a daunting task. In this session, hear from one counselor about their experience building their book collection, favorite books across a variety topics, and organization tips. Attendees will have an opportunity to look through many of the discussed books.

Presenter(s): Kelli Savage, MS, Elementary School Counselor, School District of New Lisbon, New Lisbon

45. Engage your Community through the Permission to Feel Book Study
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Wisteria**

This session will help you learn about Marc Brackett Permission to Feel book and provide strategies to engage staff or parents/guardians with learning about becoming an emotional scientist. Discussion questions for an ongoing book study and concepts to help understand social and emotional learning will be provided to engage your community. Learn about Brackett five key emotion skills of understanding regulating Emotions (RULER). These research-based strategies can be used with students, teachers, parents/guardians, and other student services team members to increase personal well being, effective teaching and leadership, academic achievement, and classroom climate change.

Presenter(s): Victoria Claas, MS, School Counselor, Columbus Elementary School, Columbus

46. Explore the Air Guard (Sponsor Sectional)
(High; Basic; Academic/Career/Postsecondary)

Location: **Mangrove**

Find out how the Air Guard can benefit you and your students. Everything from Educator Flights, free college tuition, and automatic college enrollment- the Air Guard can set you up for success. Did you know by joining the Air National Guard your resident alien students can get naturalized citizenship in as little as 8 weeks?

Presenter(s): Joline Powell, WI Air National Guard

SECTIONAL 4 – 2:30 – 3:30 p.m.
SECTIONAL 4 INTENSIVE – 2:30 – 3:50 p.m.

47. Race IS a Social Construct and Hindsight IS 2020!
(High; Intermediate; Equity; INTENSIVE)

Location: **Africa 10**

Race is a social construct and we are not living in a post-racial society. Our students and their families of color deal with this reality every day. Many white educators don't have to grapple with this and many of our students of color don't want to talk about it. In this session we will have a panel of former students who will share their experiences/insights to help us move towards a more informed approach to multi-racial counseling.

Presenter(s): Kim Gary, MS School Counselor, Retired now but was AVID 12 Counselor/Teacher, Used to work for Madison East High School in Madison, WI, Cross Plains; Tony Maduka, Mbodje Sarr, Sara Hudkins, Souda Yang, Stephanie Ugalde, Chonzin Tenzin, Marquis Mason, Thi Le and Mariah Vela

48. Connecting Relationships, Mental Health & ACP
(Middle | High; Intermediate; Academic/Career/Postsecondary)

Location: **Africa 20**

When (re)building your ACP/Career Readiness program, it is vital to include infrastructure, training, and time for students to form safe, supportive relationships with adults. Research shows that relationship building is a primary strategy for successful ACP programs AND for closing access and participation gaps among underserved students. We will present actionable strategies and resources to build/boost your school's ability to serve all students by foregrounding relationship building and will provide

discussion/sharing opportunities for participants.

Presenter(s): Karin Smith, MS, Education Consultant, Wisconsin Department of Public Instruction, Madison; Andrea Donegan, School Counseling Consultant, Wisconsin Department of Public Instruction

49. Conflict Resolution Strategies for School Counselors: Navigating Challenging Conversations with Confidence

(High; Intermediate; Leadership/Advocacy)

Location: **Africa 30**

This will be a highly experiential session focused on equipping counselors with practical strategies for intervening in moments of interpersonal conflict during challenging conversations. We will start by talking about what is happening in our brains when conflict strikes, and share common conflict triggers counselors and educators have experienced in their classrooms and during sessions. We will outline 5 key strategies to deescalate a heated conversation: Ask questions, use structure, change the pace, connect to norms, and name the tension. The session will end with an opportunity for counselors to practice applying those skills to common situations and working together to find solutions.

Presenter(s): Mylien Duong, Senior Director of Research, Constructive Dialogue Institute

50. Best Practices Supporting Adolescent LGBTQ+ Youth

(High; Basic; Social/Emotional)

Location: **Africa 40**

This workshop, facilitated by members of GSAFE's Youth Leadership Team, is designed to help professionals who work directly with LGBTQ+ youth either in schools, or in the community. The goal of this workshop is to equip you with helpful tools to create and foster environments where queer and trans youth can survive and thrive. We will review the current political landscape as it relates to LGBTQ+ youth and their rights, outline best practices in working with high school aged youth, and discuss how to support families who are navigating identity journeys with their LGBTQ+ teens.

Presenter(s): Katie Rickert, Middle School Resource Coordinator, GSAFE, Madison; TJ Creech, Youth Leadership Organizer, GSAFE

51. ASCA Model Overview

(Elementary | Middle | High; Basic; Leadership/Advocacy; INTENSIVE)

Location: **Africa 50**

Everyone has an opinion on what a school counselor should do. Join WSCA's Executive Director for an overview of what a comprehensive school counseling program should look like, as well as updates on school counselor professional standards, ethics, and student standards. Learn how to collaborate with your administration on implementing a strong counseling program that supports equitable student success. Note - this is the same ASCA Model Overview presentation that is scheduled for other locations throughout Wisconsin during the 2023-2024 school year.

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director, Wisconsin School Counselor Association, Waunakee

52. School Counselors & Rural Cultural Wealth: Exploring Resistance to Abandonment

(Elementary | Middle | High; Intermediate; Leadership/Advocacy)

Location: **Africa 60**

The impacts of neoliberal social policy over the past 50 years have decimated social infrastructures,

and schools bear the brunt of these measures. While the impacts on schools are often highlighted in urban areas, rural schools have also experienced devastating impacts, primarily by way of what Ruth Wilson Gilmore (2015) describes as "organized abandonment." However, rural communities have rich histories of resourcefulness, ingenuity, familism, and community unity that represent cultural assets with which to face the difficulties they are experiencing. School counselors, who are charged to challenge inequities (ASCA, 2018), are powerfully positioned to uplift rural communities. In this session, we explore the ways rural school counselors may draw from rural cultural wealth (Crumb et al., 2022) to resist the ongoing impacts of abandonment uniquely experienced by rural students, families, and communities. We will conclude the session with a participatory asset-mapping activity.

Presenter(s): Riley Drake, Ph.D., Assistant Professor of School Counseling, University of Wisconsin-Stout, Menomonie

53. Activities that Speak Louder Than Words
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 70**

We have all heard the statement, "A Picture Is Worth A Thousand Words". I believe that the same thing can be said for activities, because an activity can be worth a thousand words as well. This session will present a wide variety of activities that you can use to engage your students while enhancing their life skills like: communication, trust, responsibility, teamwork, problem solving, and emotion regulation. You will directly participate in each of the activities so that you are able to leave with the ability to use them right away. Activities are one of the best ways to engage students in your counseling program. This session is sure to be one of the most fun and impactful sessions you will attend.

Presenter(s): Shawn Becker, MS, School Counselor, Badger Middle School Counselor, West Bend School District, West Bend

54. Registered Labor-Management Apprenticeships: The Other Four-Year Degree
(Middle | High; Basic; Academic/Career/Postsecondary)

Location: **Africa 80**

Registered joint labor-management apprenticeships offer a strong career path and economic outcomes that rival or exceed a bachelor's degree. In addition to receiving a debt-free education, apprentices also "earn as they learn", receiving family-sustaining wages and premium health and retirement benefits. The four- or five-year training programs to become a journeyman consist of state-of-the-art curricula and on-the-job training from career professionals, and can often be applied as college credit towards a two-year degree.

Presenter(s): Emily Pritzkow, Executive Director, Wisconsin Building Trades Council, Madison; John Keckhaver, Youth Apprenticeship Section Chief, Wisconsin Department of Workforce Development, Bureau of Apprenticeship Standards; Nicholas Abbott, Registered Apprenticeship Program and Policy Analyst, Wisconsin Department of Workforce Development, Bureau of Apprenticeship Standards; Stephanie Moreno, South Central Region Lead Coordinator, WRTP | BIG STEP

55. Wellness Wednesdays
(Middle; Intermediate; Social/Emotional)

Location: **Guava**

Hear from a school counselor, social worker, and instructional coach at a small, mixed-grade level middle school who collaborated to create and implement a twice-monthly wellness education program using student input and voice. Students identified topics of interest within the realm of wellness and staff worked to create lessons to engage students and discuss topics, including: mental health,

substance use, trauma, sexual health, relationships, consent and boundaries, and grief and loss.

Presenter(s): Breanna Adams, MEd, BS, School counselor, Badger Rock Middle School, Madison; Jessica Simmons, Social worker, Badger Rock Middle School; Lexi Ray, Instruction Coach, Bilingual Resource Teacher, AVID Coordinator, Badger Rock Middle School,

56. Introduction to the Bullying Prevention Toolkit: A Framework for Preventing and Responding to Bullying

(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Portia**

Participants will learn about DPI's new Bullying Prevention Toolkit, which contains tools and procedures for bullying prevention and response. Participants will examine current Wisconsin data regarding bullying and be introduced to the toolkit's resources for bullying prevention, reporting, investigation/decision-making, and follow-up as well as family communication resources. They will learn how they can use the toolkit to help implement a comprehensive bullying prevention program to help create a safe school community for all students.

Presenter(s): Libby Strunz, MS, School Mental Health Consultant, Wisconsin Department of Public Instruction, Monroe

57. Learning to Discipline "Consciously"

(Elementary; Basic; Social/Emotional)

Location: **Tamarind**

Did you know the word discipline comes from the Latin word disciplina which means to instruct or share knowledge? Would you like to learn how to discipline "consciously"? In this session you will learn about Conscious Discipline a comprehensive, multidisciplinary, self-regulation program that integrates social-emotional learning, school culture and discipline. Attendees will learn how to shift from a "do as I say, not as I do" style of discipline to "be the change you want to see in the world" by learning to empower themselves with mental shifts and practical skills.

Presenter(s): Amie Lisowe, Master's in School Counseling, Bachelor of Science in Early Childhood Education and Early Childhood Special Education, School Counselor, Chilton Elementary School, Chilton

58. Secret Sauce

(Elementary | Middle | High; Advanced; Social/Emotional)

Location: **Wisteria**

The Secret Sauce dives into ways in which punitive discipline systems in schools have failed their struggling and hardest-to-reach students. By using restorative practices, educators can develop a plan to build meaningful relationships with their students which will ultimately improve social, emotional, and academic performance

Presenter(s): Edward DeShazer, MBA, Certified Restorative Practices Trainer, President, Teachers Ed, Milwaukee

59. I can do THAT at a Technical College?? (Sponsor Sectional)

(High; Basic; Academic/Career/Postsecondary)

Location: **Mangrove**

Learn about all the amazing opportunities students have when pursuing their education at one of

Wisconsin's 16 Technical Colleges. Degrees from a Technical College are attainable, transferable, affordable and most importantly they make you employable! Understand that these are more than just buzzwords, these are facts about a Technical College Education! Gather valuable information to share with your students and get your hands on some cutting edge technology used in the classroom. See you there.

Presenter(s): Kevin Vosters, Fox Valley Technical College

NUTRITION BREAK
3:30 – 4:00 p.m.
Exhibit Hall, Africa West

SECTIONAL 5 - 4:00 - 5:00 p.m.

60. Riding the Struggle Bus to Schoolwide Perseverance
(Elementary; Basic; Social/Emotional)

Location: **Africa 10**

Perseverance is hard to teach- but it's a good skill to practice at an early age. Teaching growth mindset and productive struggle is so important right now when students are giving up because things get difficult. Come read the Struggle Bus and hear about the schoolwide initiative that we used to build perseverance in our school.

Presenter(s): Beth Pelc, Masters and Education Specialist Degrees, School Counselor, Jeffery Elementary School, Pleasant Prairie

61. Taking the next step in your leadership journey
(Elementary | Middle | High; Intermediate; Leadership/Advocacy)

Location: **Africa 20**

Join WSCA leaders as they discuss their personal leadership growth experiences. We promise, they are normal day to day school counselors just like you! We will also share all the ways you can grow your professional leadership through WSCA programs. Attend this session to be empowered and excited about expanding your leadership skills.

Presenter(s): Amanda Kauth, MS, WSCA Leadership Academy Director, Wisconsin School Counselor Association, Waunakee; Stacy Eslick, Executive Director, Wisconsin School Counselor Association

62. REDgen- Resilience EDucation for a new generation: Creating a culture that supports emotional wellbeing.
(Middle | High; Basic; Social/Emotional)

Location: **Africa 30**

Suicide prevention starts with building resilience. Data shows the need for more school based mental health programming. Wisconsin based nonprofit, REDgen, partners with schools to provide an upstream research-based peer-to-peer model. Monthly lessons empower youth to build resilience, regulate emotions, have authentic conversations to support their peers, learn warning signs and seek

help from trusted adults. Come to this session to learn more about our impact and how to start a chapter at your school.

Presenter(s): Ellie Campbell, MSN, RN, Psychiatric Nurse, Aurora Psychiatric Hospital, Wauwatosa; Jennifer Eason, School Psychologist, Port Washington High School

63. Positive Psychology: The Missing Piece to Positive Schools
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 40**

Despite empirical support for the effectiveness of positive psychology interventions, the school counseling profession has demonstrated minimal interest. "Positive psychology" was listed as a subject term in only four articles in Professional School Counseling, and not one article in the Journal of School Counseling included a focus on positive psychology. Students are experiencing a variety of complex challenges (trauma, learning disabilities, bullying, etc.) increasing the likelihood of depression, anxiety, and decreased school attendance. School counselors are tasked with fostering student development (mental, emotional, social, and academic); curriculum rich in positive psychology can provide the missing pieces to the puzzle of success.

Presenter(s): Molly Welch Deal, Psy.D., Assistant Professor of School Counseling, University of Wisconsin-Stout, Menomonie

64. Equity Advocacy - How to support students of color in a mostly white school
(Elementary | Middle | High; Basic; Equity)

Location: **Africa 50**

When you are in a mostly white school, it can be difficult to understand the need for courageous conversations about race. But sometimes these are the schools that need it most. Learn about the failures and successes of one white elementary school counselor learning to elevate the conversation about race, educate staff, and help students of color. These are methods and ideas perfectly designed for school counselors to take the lead in opening important discussions about race in a conservative school district, in the middle of a politically charged Wisconsin environment.

Presenter(s): Kelly Curtis-Slaughter, MS, Elementary School Counselor, EP Rock (Hudson School District), Hudson

65. Getting Staff and Students in the ZONE
(Elementary; Intermediate; Social/Emotional)

Location: **Africa 60**

Explore the collaborative work of a school counselor and special education teacher and how we created a comprehensive social and emotional learning community for all students. Learn how to use the ZONES curriculum to intentionally create a common language throughout the building, train staff to feel successful responding to behavior, and utilize data to intentionally determine lagging skills and implement proactive breaks.

Presenter(s): Kayla LeBeck, MSE in Professional Counseling, School Counseling License, School Counselor, Kimberly Area School District, Kimberly; Alicia Nelson, Special Education EBD Teacher, Kimberly Area School District

66. Supporting Survivors of Sexual Violence
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 70**

Every 68 seconds, an American is sexually assaulted. And every 9 minutes, that victim is a child. Survivors of sexual violence experience devastating psychological and social effects, impacting academic and personal success in the classroom. Attendees will learn survivor-centered strategies from a RAINN Speakers Bureau Member. This session may be triggering for attendees, and it will cover the following topics: grooming, child sexual abuse, mental health, and suicide.

Presenter(s): Kaitlyn Keech, MS, PK-12 School Counselor, Wausau School District, Wausau

67. The Power of You - Advocating for Equity in Students' High School Mathematics Choices
(High; Basic; Academic/Career/Postsecondary)

Location: **Africa 80**

Embrace the Power of You! Learn about changes in students' mathematics course taking sequences so you can advocate for new understandings of college and career readiness. In doing so, you can empower students' access, choice, and success in their mathematics learning. Local, state, and national models will highlight the why of this work and how it centers students and equity within their decision making. Let's have a conversation about children, you, and this changing landscape.

Presenter(s): Mary Mooney, M.S., Mathematics Consultant, Wisconsin Department of Public Instruction, Madison; Barbara Bales, Director, PK-20 Strategic Initiatives and Educational Innovation, UW System Administration; Jessica Sloan, Education Consultant, Wisconsin Department of Public Instruction

68. Student Advocacy is Ethics in Action
(Elementary | Middle | High; Basic; Equity)

Location: **Guava**

Advocating for and affirming all students, as well as creating and maintaining equitable systems, policies and practices is ethical. How do you navigate conflicts between your values/beliefs and who and what you are advocating for? Assess your advocacy competencies and create an action plan addressing skill development and implementation at the micro and macro levels within your school community. This is an interactive presentation and case study analysis will focus on LGBTQ+ students.

Presenter(s): Kari Erickson, Licensed School Counselor, LPC, Clinical Director of MMU Counseling and Wellness Center, Mount Mary University (MMU), Milwaukee; Carrie King, Counseling Department Chair, School Counseling Program Director, Mount Mary University

69. Character Plus
(Middle | High; Intermediate; Social/Emotional)

Location: **Portia**

We have a unique program, grades 11-12, integrating trauma, informed care, character building and social-emotional learning. It is based on the theory and practices of Dr. William Glasser, Dr. Ross Greene and recently Dr. Bruce Perry. Individual and group lessons are offered in multiple formats for marginalized students who exhibit poor attendance and credit deficiency. Students learn social emotional competencies and practice good character and resiliency skills. Individual progress is monitored through rubric assessments.

Presenter(s): Kevin Mahoney, Master's Degrees in School Counseling and Educational Administration, School Counselor, McKinley Charter School, Eau Claire

70. Find Success with the Implementation of ACP
(Elementary | Middle | High; Basic; Academic/Career/Postsecondary)

Location: **Tamarind**

Every change is both exciting and nerve-wracking. Just like implementing new software can be a daunting experience. The possibilities and potential coupled with uncertainty and awkwardness can become a barrier to utilization. In this discussion, we will address adoption of new software in your schools and how to equip educators to find success and thrive!

Presenter(s): Matt Krawczyk, MS, Strategic Territory Manager, XELLO, Toronto

71. Trends In College Admissions and How Method Learning Can Help Your School
(High; Intermediate; Academic/Career/Postsecondary)

Location: **Wisteria**

This session will discuss topics surrounding college admissions that are of urgent interest to schools, students and parents, such as: Test optional admissions, the new Digital P/SAT, and equity in college admissions. We will also unveil our new college advising curriculum that can assist school counselors when working with students heading for post-secondary education. The session will be led by Ethan Lewis, Method Learning's Director of Customer Satisfaction, who is an experienced college counselor and observer of college admissions trends. There will be ample time for questions from the audience.

Presenter(s): Ethan Lewis, MA, Director of Customer Satisfaction, Method Learning, Richmond

72. College Scholarships & Leadership Development (Sponsor Sectional)
(High; Basic; Academic/Career/Postsecondary)

Location: **Mangrove**

Join us to learn how Army ROTC can help students get to college, succeed and thrive as a student, and serve either full-time or part-time in the Army after successfully graduating college. The national high school scholarship application will be discussed in detail with additional electronic handouts for attendees.

Presenter(s): Kathy Lewis, US Army ROTC

Friday, November 3rd, 2023

SECTIONAL 6 – 8:30 – 9:30 a.m.
SECTIONAL 6 INTENSIVE – 8:00 – 9:30 a.m.

- 73. ACP & Middle School- It doesn't have to be boring!**
(Middle; Intermediate; Academic/Career/Postsecondary; INTENSIVE)

Location: **Africa 10**

ACP is a way to show students the world of work and careers that await them, which can be a snoozefest for all involved- but it doesn't have to be! Join us to learn how to bring the 16 Career Clusters to life, incorporate community and local businesses in your lessons and engage students in the fun discovery that ACP can bring! While we are in a Middle School, this could be adapted to other levels.

Presenter(s): Shannon Steif, MSE, School Counselor, Menasha Joint School District, Menasha; Cymone Cowling, School Counselor, Menasha Joint School District

- 74.1. Connecting Families to Resources Outside of School: Wisconsin's Regional Centers**
(Elementary | Middle | High; Basic; Equity; 8:00 am - 8:20 am)

Location: **Africa 20**

Wisconsin has five Regional Centers serving families who have children with special health care needs/disabilities and the professionals who support those families. Come learn about children and youth with special health care needs, the Regional Centers, and their partners in family support. We will talk about how and why to contact the Centers. We know you can't know everything, so we want to be somewhere you can send your families -- that is free and confidential.

Presenter(s): Timothy Markle, MA; MA/CS, Director, Southern Regional Center for Children and Youth with Special Health Care Needs, Madison

- 74.2. Academic & Career Planning Transition Meetings for 8th & 9th Grade Students**
(Middle | High; Basic; Academic/Career/Postsecondary; 8:35 am - 8:55 am)

Location: **Africa 20**

Come learn the small group academic and career planning transition meetings New Berlin West school counselors provide to their students. Our goal for students is to personalize their plan and their overall goal of successfully reaching their post-secondary plan.

Presenter(s): Tammi Fure, MS, School Counselor, New Berlin West High School, New Berlin; Matt Hunt, School Counselor, New Berlin West School Middle/High School; Karin Houston, School Counselor, New Berlin West School Middle/High School

- 74.3. Preparing High School Juniors for the College Application Process: a Spring Curriculum**
(High; Intermediate; Academic/Career/Postsecondary; 9:10 am - 9:30 am)

Location: **Africa 20**

Demystify an often stressful process and help your students build self-confidence as they head into college application season. We'll present the college application preparation unit Reagan Counselors have developed for our Juniors after feedback from Seniors requested more preparation for the college application process. Implemented through Counselor-led classroom lessons, teacher-led ACP lessons,

and student workshops, this unit is meant to be hands-on with students producing a researched college list, application essays, and activities lists.

Presenter(s): Lauren Eierman, MA, School Counselor, Milwaukee Public Schools, Reagan High School, Milwaukee; Kon Knueppel, Milwaukee Public Schools

75. Navigating Emotional Jigsaw Puzzles of Microaggressions: Steps for School Counselors to Create a Beloved Community

(Elementary | Middle | High; Basic; Equity; INTENSIVE)

Location: **Africa 30**

Microaggressions negatively impact all in our school community and School Counselors can use their leadership capacity and voice for positive change. Although said to be slight and unintentional they are harmful, offensive and more studies conclude the negative impacts on mental health. School Counselors can assist to create a beloved community for all students. We can lead the charge by knowing, naming and acknowledging harm, intentionally interrupting and educating to repair. Move beyond performative and learn to utilize strategies and programming that will increase awareness and appropriate responses to microaggressions that will support all students' social and emotional wellbeing.

Presenter(s): Mia Tatum-Crider, MS, School Counselor, Wauwatosa School District, Mequon

76. Busting Burnout-Clinical Peer to Peer Supervision with School Counselors Supporting Each Other

(Elementary | Middle | High; Intermediate; Leadership/Advocacy)

Location: **Africa 40**

Support for busting burnout can be found by engaging in effective clinical supervision practices. The question is where and how to start. Dr. Gillen has been working with school counselors providing clinical supervision with a goal of reinforcing peer to peer clinical supervision. During the presentation you will hear from current school counselors who are using this method to support their own work, increase effectiveness and decrease stress. Participants will be engaged with the presenter, and each other, to explore these issues and how they affect their current supervision experiences at all levels.

Presenter(s): Mark Gillen, Ph.D., Professor, University of Wisconsin-River Falls, Minneapolis

77. What Do Students Say About Career Readiness? Results from Wisconsin's Youth Voice in Career Readiness Project

(Elementary | Middle | High; Intermediate; Academic/Career/Postsecondary)

Location: **Africa 50**

Are career readiness programs, such as ACP, really giving students what they need for career success? We went straight to the source by surveying over 4,000 current high school students and recent graduates and conducting several focus groups to find out what they think their school is doing well and what they want to see done differently when it comes to career readiness. Find out what they had to say in this session!

Presenter(s): Karin Smith, MS, Education Consultant, Wisconsin Department of Public Instruction, Madison

78. Crisis/Grief Response: A District Perspective for Planning

(Elementary | Middle | High; Intermediate; Social/Emotional)

Location: **Africa 60**

In our profession, most school counselors likely will encounter a crisis/loss in their school. This presentation will show how our district navigates through such a situation. It will also give resources to build a district plan of how to respond in a proactive way; all while the counselors themselves are directly impacted, yet asked to be a leader through such adversity.

Presenter(s): Gary Campbell, MS, School Counselor, Meyer Middle School, River Falls

79. From Crayons to Career

(Elementary; Basic; Academic/Career/Postsecondary)

Location: **Africa 70**

Waiting until middle or high school to integrate the career domain into your school counseling program is too late. We know that students as young as kindergarten have thoughts about their futures and the ways we talk to them about their futures can have a big impact. We will discuss how our own identities and experiences may impact the way we talk to young students about their opportunities for the future. Learn how fun and engaging tier 1 counseling lessons and school-wide programming like "Careers on Wheels" and "Career Cafe" can ensure that your comprehensive school counseling program is truly comprehensive by including this important domain.

Presenter(s): Mindy Willard, MA, Director of Outreach and Engagement, Hatching Results, Oregon; Shelby Deegan, Elementary School Counselor, Oregon School District; Sarah Flier, Elementary School Counselor, Willow River Elementary School

80. FAFSA Updates

(High; Basic; Academic/Career/Postsecondary)

Location: **Africa 80**

Come learn about the recent FAFSA updates from presenters from College Goal WI!

Presenter(s): Katie Sprunger, College Goal WI

81. Helping Your Entire School Community See Stress and Emotional Well-Being through a Wholistic Lens

(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Guava**

In this discussion, we will explore the factors that impact mental health and emotional wellbeing both positively and negatively for everyone in a school (staff, students, and parents). We will examine eight areas of health (care for the body, organization, rest and play, stress resilience, school and work, spirituality, relationships and handling emotions) and explore how each impacts stress and emotional wellbeing. We will also explore the kinds of things in each area of wellness that each group can do themselves to manage their stress and increase their emotional well-being.

Presenter(s): Holly Hughes Stoner, LMFT, Co-Director of the Wellness Compass Initiative, The Wellness Compass, Madison

82. Reimagining School Discipline Practices to Support the Development of Self-Discipline

(Elementary | Middle; Basic; Social/Emotional)

Location: **Portia**

We're here today to reimagine discipline. Our eye is always on how to create an equitable learning environment in classrooms - an environment that nurtures independent learners who are intrinsically motivated and enthusiastic participants in their own learning. These learning spaces require discipline as well. Join Kari Steck, former Director of Pupil Services, as we model facilitation techniques and

practices you can use to support the development of self-discipline in students- ultimately building a Caring School Community.

Presenter(s): Kari Steck, MS, Manager of Educational Partnerships, Center for the Collaborative Classroom, Belleville

83. Community Building & Mental Fitness for Educators
(Elementary | Middle | High; Advanced; Social/Emotional; INTENSIVE)

Location: **Tamarind**

This workshop is designed to help educators cultivate positive healthy mindsets, enhance personal well-being, improve relationships and in turn, learn to better support the needs of students. Through an “experiential” exploration of connection strategies, post traumatic growth, mental fitness, and neuroscience, workshop participants will fortify their own mental health while learning complementary therapeutic modalities and fun, creative ways to bring these strategies into their classrooms.

Presenter(s): Julia Richter, B.A. Ed., M.A. Ed, Certified Lifeforming Leadership Coach, Certified training in SEL and Positive Intelligence, Founder/Director, CARES (Cultivating Authentic Relationships & Emotional Stability) Coaching Program for Schools, Oak Creek

84. Getting to Know You...
(Middle | High; Basic; Social/Emotional)

Location: **Wisteria**

Research shows that middle school and high school students are lonelier than ever before. They need to know someone cares. What can we do about that? I have discovered some ways that can greatly impact our students. I want to share with you what I have found so you too may try it with your students. Come see how you can show you care even more and make your students feel less lonely.

Presenter(s): Peter Geissler, MS Counseling, Counselor, Drama Director, Luxemburg Casco High School, De Pere; Marybeth Geissler, Educator

SECTIONAL 7 – 9:45 – 10:45 a.m.

85. Affirming LGBTQ2S+ Youth Through Advocacy at the State and National Levels
(Middle | High; Intermediate; Leadership/Advocacy)

Location: **Africa 10**

This presentation will focus on the needs of LGBTQ2S+ youth in schools, with focus on intersectionality of oppressions, and the impact this has on their identity as well as school climate in the face of anti-LGBTQ+ and anti-CRT legislation. This presentation aims to provide information about how the ASCA Ethical Standards for School Counselors (2022) and current laws can support school counselors' efforts to engage in advocacy work centered on systemic change.

Presenter(s): Teysha Bowser, Ph.D., NCC, Assistant Professor and School Counseling Coordinator, University of Wisconsin Oshkosh, Oshkosh; Amney Harper, Full Professor, Department Chair, Graduate Program Coordinator, Clinical Mental Health Program Coordinator, University of Wisconsin Oshkosh

86. Abolitionist Counseling in Schools
(Elementary | Middle | High; Intermediate; Equity)

Location: **Africa 20**

Abolitionist organizers and other community organizers for justice have long coordinated their efforts to advance the movement for abolition. However, the school counseling profession neglects explicit dedication to the movement; continues to rely on a model based on Eurocentric ideals such as individualism, surveillance, and competition; and lacks the interconnectedness that organizers have shown can build thriving and dynamic movements. This session asks: What can school counselors learn from abolitionist organizers? Drawing from historical and contemporary activists, such as Grace Lee Boggs, Mariame Kaba, and Andrea Ritchie, we will introduce and explore an abolitionist framework for counseling in schools. Participants will leave a sense of possibility, and a way through and beyond the current ruptures in schooling to create justice-centered learning spaces for all students.

Presenter(s): Riley Drake, Ph.D., Assistant Professor of School Counseling, University of Wisconsin-Stout, Menomonie; Apple Amos, Program Coordinator, Food Corps

87. Alternative Learning Plans in a Rural School
(Middle | High; Basic; Academic/Career/Postsecondary)

Location: **Africa 30**

Small rural schools have unique challenges when attempting to implement alternative learning/graduation programs for struggling students. Come learn about the challenges and successes one school has experienced in their development of a program to help engage struggling students in authentic learning experiences. This session will focus on the goal of finding unique strategies and resources to help students earn their high school diploma on time rather than dropping out.

Presenter(s): Rhonda Holmes, MS School Counseling, High School Counselor, Brillion High School, Brillion; Jeff Schlender, At-Risk Interventionist, Brillion High School

88. Alternatives to Traditional Education: Non-Baccalaureate STEM Career Pathways
(Elementary | Middle | High; Basic; Academic/Career/Postsecondary)

Location: **Africa 40**

Almost 50% of high school students are no longer considering Bachelor's degrees, and more than 50% are open to other career pathways. Yet 85% of students feel pressure to pursue a college degree! Join Dr. Steve Coyle, as he will focus on your students and how you can give them the information they need to make important career decisions. Learn how to get more of your female students involved in STEM careers. Learn how to get industry involved in your school and how to get parents more engaged in your programs. Find out about new scholarship opportunities that will benefit your students.

Presenter(s): Dr. Steven Coyle, Ed.D, National Director Counselor/Academic Relationships, Universal Technical Institute, Phoenix

89. Uniting Families and Schools through Book Club
(Elementary; Basic; Social/Emotional)

Location: **Africa 50**

Oftentimes staff, families, and community members feel there is a wall dividing the school and home environment. Come learn about a fulfilling, engaging, and supportive way to connect with families through a book club! In this section, we will focus on the book "How to Talk so Little Kids Will Listen" by Joanna Faber. Although this book is targeted for kids ages 2-7, the strategies and tools provided can be used with ALL kids in the classroom and at home. We will learn how to plan, organize, and facilitate this book club with families and/or staff. Hear testimonials from parents who've participated in this book

study and discover ways to unite and partner with the adults in your student's lives.

Presenter(s): Kelli Massey, Bachelor of Science in Education, Masters in School Counseling, School Counselor, Oregon School District, Brooklyn; Colleen Schell, School Counselor, Oregon School District

90. Stopping the School to Prison Pipeline
(Elementary | Middle | High; Basic; Equity)

Location: **Africa 60**

Our most vulnerable children (living in poverty, neurodiverse, racial minorities, traumatized children) are regularly being penalized, marginalized, and criminalized by the systems and adults which are supposed to be serving them. Antwan Morris lived this reality. Learn from his experiences and together with therapist and neurodiversity advocate, Heather Boorman, reconceptualize children's behaviors, discover alternate strategies to support them effectively, and gain advocacy skills to do your part to stop the school to prison pipeline.

Presenter(s): Heather Boorman, MSW, LCSW, Therapist, Boorman Counseling, LLC, Hudson; Antwan Morris, Advocate and Speaker, Starting Strong

91. Managing Media Madness
(Elementary | Middle | High; Basic; Social/Emotional)

Location: **Africa 70**

This presentation review the benefits, risks and resources of media and screens on students academic, social emotional and brain development.

Presenter(s): Ashley Duda, MS School counseling and MS Educational Leadership, Dean of Students, Kimberly Area School District, Menasha; Kristin Charneski, School Counselor, Kaukauna Area School District

92. Unwinding Anxiety: Techniques to Support Students from a Multi-tiered Lens
(Elementary | Middle | High; Intermediate; Social/Emotional)

Location: **Africa 80**

Have you noticed an increase in Anxiety in students since Covid 19? Would you like to fill your toolbox with techniques to support students to help them unwind their anxiety? If you answered yes to either of these questions this is the session for you! Anxiety is at an all-time high and we need to teach students self-regulation strategies by educating them how to use evidence-based strategies to work through their anxious feelings, thoughts, and behaviors.

Presenter(s): Tracy Lipinski, MS, LSC, School Counselor K-8, Sacred Hearts School, Sun Prairie; Cara Wood, Director of Pupil Services, North Crawford School District; Carol Smith, Associate Professor, Viterbo University

93. Integrating ACP into Core Classes 6th-12th
(Middle | High; Intermediate; Academic/Career/Postsecondary)

Location: **Guava**

Are you looking for an innovative way to identify the Academic and Career Planning (ACP) lessons that are already happening in your core-content classrooms? Need a tool for organizing this work? Join CESA #1 Career Readiness consultants, Kayla Correll and Eric Hill, to discover how the Regional Career Pathway (RCP) maps can be utilized as a tool to expand your ACP scope & sequence and "bring it all together" as highlighted in your district's Education for Employment (E4E) plan.

Presenter(s): Kayla Correll, MS CTE, Academic & Career Planning and Career & Technical Education Coordinator, CESA #1, Pewaukee; Eric Hill, Regional Career Pathways Coordinator, CESA #1

94. May I Have Your Attention Please?
(*Elementary; Basic; Social/Emotional*)

Location: **Portia**

School Counselors play a critical role in fostering students' academic, social and emotional development. This requires knowledge and awareness of sensory regulation. Research is clear that self regulation has a positive correlation to academic, social and future career success. As addressing self regulation needs becomes more and more a part of School Counselor's roles it requires collaboration with Occupational Therapists, who are highly trained in emotional regulation techniques and prevention strategies. School Counselors are aware of the factors for children that affect self-regulation development.

Presenter(s): Kayla Zimmer, School Counselor, School Counselor, Ellsworth School District, Ellsworth; Katelyn Asmus, OTR

95. The Ripple Effect
(*Middle | High; Intermediate; Social/Emotional*)

Location: **Tamarind**

Take deep dive into our Advisory team activities: We will share weekly Universal SEL lessons. Themes will include recognizing and managing emotions, self management, social awareness, building a sense of belonging at school, self awareness, responsible decision making; growing healthy relationships, goal setting, academic/career readiness, and mental health awareness. In addition, we discuss all aspects of how and what data we use to assist our Tier 2 students, using DESSA and YRBS data, to formulate groups and off-campus adventures. Located in a rural area, we make connections with our community to serve our multicultural student body.

Presenter(s): Nancy Larson, MSE, UW Superior Adjunct Professor, High School Counselor, Ashland High School, Ashland; Joe Corbine, Tribal, School, Community Lesion (formally Homeschooled Coordinator) & Advisory team; Greta Blancarte, Wellness Coordinator & Advisory Team, Ashland High School

96. Small Group Intervention for Students Experiencing Anger and Aggression
(*Elementary | Middle | High; Intermediate; Social/Emotional*)

Location: **Wisteria**

This session will introduce participants to two interventions that support students who demonstrate social, emotional and behavioral challenges. Think First: An Evidence Based Group Intervention for High School Students; and Anger Coping: An Evidence Based Group Intervention for Upper Elementary and Middle School Students. Participants will learn the theory and mechanics of providing small group interventions that teach students to successfully manage reactive anger and reduce aggressive behaviors in order to improve social and academic engagement and avoid being subjected to punitive discipline.

Presenter(s): Tim Peerenboom, MS, licensed School Psychologist, School Administrator and Pupil Services Director, School Psychology Consultant, Wisconsin Department of Public Instruction, Madison

THE WELLNESS COMPASS INITIATIVE BRUNCH

11:00 a.m.

**Keynote Speaker – Dr. Mylien Duong
Africa East**